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WOOD

A
M A N V A L
OF MOST
Experienced, Excellent and Pro-
fitable S E C R E T S

Appertaining to
P H Y S I C K and C H I R V R G E R Y :
For all those Diseases that are most
Predominant and Dangerous (curable
by Art) in the Body of Man, as by
the T A B L E S appears.

A L S O

The Iudgement of Urines and Pulse :
W I T H T H E
Physicians Helps attending the *Chirurgians*
Salvatory for such Accidents as
endanger L I F E :

By which, all those that live far from *Physi-
cians* and *Chirurgians* may happily be preserved.
T O G E T H E R

With some admirable Receipts, and Salves of the
Illustrious Princess *Frances* Duches of *Richmond*
and *Lenox*, never before communicated
to the Publick.

By { O. wood. } S. I. } Professors in Physick and
A. Read } B. S. } Chirurgery,
J. Johnson.

The sixth Edition Corrected and Enlarged.

London, Printed for John Stafford, at the
George at Fleet bridge, 1662.

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Curteous Reader.

Finding this Epitome
of excellent experien-
ced Secrets of Phy-
sick and Chirurgery commended
to publick view for the benefit
of both professors, under the
hand of that famous Dr. Alex-
ander Read; I applyed my self
to the perusall of it, and finding
some grosse mistakes both in the
quantities of the Doses, as also
in the true names of the ingre-
dients, and seriously considering
how prejudicious the error
might be to those which might
have occasion to use these medi-
cines,

Reader.

cines, with expectation of health by the: I earnestly importuned a friend of mine, an eminent professor in Physick, to undertake the perusall of the whole Booke, who hath purged it from those former imperfections it was much before blemished with, and hath rendered this 5th. Edition more full and perfect, by some Additions of collected Receipts gathered out of the practised experiences, of many able & prosperous Physicians, hoping that what was intended by me for your safety, shall be candidly and thankfully accepted from him that is studious of your health.

THE



The Epistle to the Reader.

DISCREET Ladies, Gentle-
women, and others;
this small Epitome of
Physick and *Chirurgery*,
being most usefull,
excellent and necessary for all peo-
ple, as well *Rich* as *Poor*, it being
such a precious Jewel, and gather-
ed by Doctor Owen Wood, and af-
ter recommended by that worthy
and learned Man Doctor Read, that
writ so many things of *Physick* and
Chirurgery, and it having his appro-
bation and judgement; likewise
since by Doctor Johnson, and by
two other professors in *Physick*, I
could not let it lye in obscurity; and
the rather I put it abroad, because

To the Reader.

that I have known some hundreds of late have found the benefit of it; and by the practise of this Epitome, I know a skillfull Gentlewoman hath with Gods blessing, *preserved* and *recovered* many a *sick* and *diseased* Body. And as in all civill and well ordered *Common-wealths*, even where best *Schools* of *Learning* and famous *Universities* are, you shall finde published not only methodicall Discourses concerning the curation of infirmities of the Body of Man: but Treatises also containing parable *Medicaments*, which any one who is endued but with a mean judgement, may apply to himself, whereas neither *Physician* nor *Apothecary* can be had, or is near at hand.

Great plenty of such *Books* are published in the *English* tongue; for we delight in uttering of of *Pamphlets*, promising the revelation of
secrets

To the Reader.

secrets in *Physick*, which prove nothing else but triviall toyes. Many times we are reasonably ill stored with such stuffe of late, which emboldeneth no small number of bold *Knaves* and impudent *Queans* to meddle with the practise of *Physick*, to the utter ruine of no small number of improvident persons who commit themselves to the Skil and Cure of such unworthy persons. That this is a truth, the manifold complaints which come to the *Physicians Colledge*, when the *Fellows* sit, do make good. So that it might seem requisite rather to suppress most of these *Treatises*, then to publish any more of this kinde. But this *Book* is priviledged to be Printed, and to come abroad, if you respect the *Method* or *Matter*.

The *Remedies* may easily be found out, the *Diseases* being set down in the first Table.

The

To the Reader.

The Remedies are not to be rejected; but seem to have been set down by one who was no stranger in the practise of *Physick*. And likewise the helps for Accidents in the second Table.

The Stationer is not willing to keep the *Treatise* within his private walls, but to present it to the publick view and censure. He only desireth that his good intention, and purpose to further the publick good, may be taken in good part of those who have not too censuring Spirits: and he hath found the favourable acceptance of this *Treatise*; therefore he will not spare to publish Books of the like Subject as they come to his hands, if they shall be thought worthy. For *Quis nisi mentis inops oblatum respuit aurum?* what fool will refuse Gold if it be offered? (Reader) here is that is more worth then Gold; *Diamonds, Rubies, or any Precious Stones;*

To the Reader.

Stones; for here is the *Jewell* of *Health* when thou wantest it, here is *strengthening* to old *Age*, here is comfort when thou beest in *Torments*, and here is *rest* and *ease* for thy *Grief* and *Pains* when thou art cast down. And more, here be such helps for *Suddain Accidents* as do indanger *Life*, thou mayest be here by this thy own *Doctor*, thy own *Apothecary*, and thy own *Chirurgian*; for if thou beest in *pain*, and full of *diseases* *hourly Day* and *Night*, and canst have no earthly comforts of health or joy, thou wouldest think it a hell to live so without *ease*, *health*, *strength* or *abilities* of *Body*, which with *Gods* blessing here are to be got for a small sum of money, only adding a little *Labour* to prepare it, and thy *care* and *paines* to practise, and the *Lord*, if thou prayest to him, will give his blessing, as thou mayest see in the sale of this small *Traet*
by

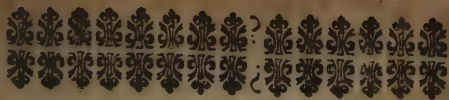
To the Reader.

by *Printing five Impressions* in lesse
then foure years, and by the Appro-
bation these *Doctors* in *Physick*, and
by the well liking and acceptation
of many thousands of good people
which have received good by the
same, to whom and all others, it is
recommended and approved by
these following,

{ Owen Wood,
Alexander Read,
John Johnson,
Steven Bradwell : }

Also by a skilfull Gentlewo-
man,

I. S



To the Reader.

Ingenious Reader,

I Doe not here present thee with
an *idle story*, but with the *choicest*
secrets that our later times have
afforded ; they have formerly been
preserved as so many Jewels of
great value by the most virtuous
Dutchesse of *Lenox* : since whose
decease severall eminent and able
Doctors have both approved, and
(for the good of the Republick) re-
commended it to the Presse, that so
the whole Nation may have the
benefit of it. I confesse that these
times afford many choice and ex-
cellent pieces ; but I am confident
(I speak it with respect to all) that
there hath been none published of a

A 3 more

To the Reader.

more plainer, and excellent method than this ; neither is it unknown what rare and excellent cures the Dutcheffe in her life-time performed by it ; since whose decease, it was perused and methodized by those famous Doctors, *Dr. Owen Wood*, *Dr. Read*, and *Dr. Johnson*, whose approbation, without any further testimony is sufficient to bespeak it excellent : I shall therefore present it to the world, desiring that the Infirm may receive the benefit, and give God the glory.



An Advertisement to the
READER.

IN this whole Treatise, the Quantities of the Inward Medicines must be ballanced with the Age and Strength of the Patient. For the Doses that I have set down are intended for those that are in full ripeness of years, in the vigorous strength of their age. Those that are by age or nature more tender or feeble, must take lesse quantities at a time, according to the difference of their Age and Strength.

11

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THE
SECRETS
OF
PHYSICK
AND
CHIRURGERY.

Of all Aches in generall.

TAke young red Sage and Rue
ana j lb, young Bay leavs iij 3,
Wormwood viij 3, wash them
not, shred them small, Sheeps
sewet hot out of the Sheep iij lb, mix
the sewet and hearbs together, beat-
ing them in a Morter by a little at
once with the hearbs, till it be all
green and no white seen of the sewet ;
B then

2. *The secrets of Physick*

then mix all in a Pan with your hand in one pottle of oyle, then cover the Pan close, and set it in some private place for eight dayes, then boyl it timpering, still stirring it with a spatula; when it is half boyled, add thereto oyle of Spike $\text{iiij}\text{℥}$: when it is boyled enough drop one drop on a bright Sawcer, it will be very green, then it is well boyled; then strain it out very close, rub the small of the back therewith, it helpeth the Stone, as much as a Pease put into the ear with black wooll, cureth all griefs thereof, and all Aches are cured therewith.

2. *How to cure old Aches.*

TAKE oyle of Turpentine di. lb ,
oyle of Bayes $\text{iiij}\text{℥}$, Mace, Cloves,
Nutmegs, Cinnamon ana $\text{j}\text{℥}$, oyle of
Spike $\text{j}\text{℥}$, Juniperberries $\text{viij}\text{℥}$, Castor,
Euforbium ana $\text{j}\text{℥}$, Brocks grease $\text{iiij}\text{℥}$,
Mummy $\text{j}\text{℥}$ d. digest them for one
moneth in horse-dung, then distill
them artificially, and anoynt the grief
therewith.

Aches

3. *Aches in Bones and Joynts, the Cure.*

TAKE black knobs of the Ash-tree in the Spring time, grinde them small, and boyl them over a soft fire with fresh Butter in an earthen pot sufficiently; then take them from the fire, let them cool, and keep them close stopped; then take as many of Broom flowers in May, grinde them as the other, then mix them all together, and boyle them again with a quarter of a pint of Malmsey, then keep it to anoynt the grief therewith.

4. *Aches or Lamenesse in Members or Joynts.*

TAKE oyle of Exeter, Aquavitæ, and Ox-Gall ana part. æquales; mix them together in a great bladder, shaking them well; anoint therewith warm twice a day til you are well.

5. *Aches in any Member.*

BOYLE Ox-Gall, Aquavitæ, of each alike in a Pipkin, scum it, and
B 2 there-

4. *The secrets of Physick*

then with anoint the Member grieved with great labour and hardnesse; then cover it warme with a peece of Fur till it be well.

6. *Another for the same.*

BOyl fresh Butter not salted in Malmesey, bathe the grieve very hot therewith, make it up warme as before.

7. *An Oyl that cureth all Aches in Man or Beast.*

TAKE of pure Sope ij $\frac{3}{4}$, Aquavitæ iij $\frac{3}{4}$, liquid Storax ij $\frac{3}{4}$, and boyl the Aquavitæ, and boyl the other Simples therein, stirring it with a spoon till it come to a thick Unguent; anoint the grief therewith twice a day, rubbing it very well, and cover it warme with Fur or Cotten.

8. *An Unguent for ache, bruise, or sprain.*

TAKE Rue, Vervayne, Dill, Selfheal, Yarrowe, Mugwort, Comfrey,

frey, Adders tongue, red Sage, red Fennell, red Nettles, red Dock-leaves, Valerian, and Carduus Benedictus ana M: ij. bruise all these in a mortar, boyl them in fß jd of May butter for a quarter of an houre, still stirring it; adde thereto oyl of Excter, oyle of Dill, ana j 3, let them boil one walmc more, first strain out the hearbs, then boyle the oyles, and anoint therewith.

9. For any Ague falne into the legs and swolne, the cure.

TAKE Plantain, Marigolds, Houndstongue, S. Johns Wort, Betony, red Fennel, Sowthistle, Dandelion, Smallage, and Plumtree-leaves ana Mj: shread them with Wheatmeal, then seethe them in hot Cowes milk to a plaister, so apply it: this will dissolve the humour and digest it, by the serosie of the blood: approved.

10. *Aspasmus* or numnesse in joynts cre: exere, to cure.

LET the Patient drink every morning fasting one 3. of Camphire in
B 3

a draught of Betony-water, wherein infuse some Stæchados : this cureth in one Moneth with the use thereof.

11. *Argentum vivum to mortifie.*

First beat an Almond in your mortar, then put thereinto so much powder of Verdigrease as a Bean, then put in your Quick silver with a spoonfull of strong Vinegar; incorporate them all well together : this will mortifie it well for any use.

12. *Apoplexy to Cure.*

TAke Melilot, Pennyryall, wilde Tyme, Marjoram Balm, Marjoram gentill ana j M: boyle them in water, and bath or foment the head therewith warm; stamp the hearbs, put to them oyl of Rue, and of Lillies ana j 3, apply them warm to the head; if the weather be cold then anoint the head with warm oyles, as oyle of Dill, Bevercod, or Pyretrum, or such like; not only the Head, but also the Neck and whole Back.

13. A salve for the Apoplexy.

TAKE Calamus, Costus roots, ana
iij 3, Siler, or Siler Mountain,
Bazill seed ana iij 3, boyl all these
together on a small fire of Charcoale in
white wine, untill the wine be consu-
med; then mix the oyles of Rue, Dill,
Bevered with it, and anoint the whole
head and the back-bone all the length
thereof down to the end: if this cure
not, then shave all the head, and apply
the plaster following, spread on a piece
of leather, that all the head may be
covered therewith: Take Galbanum,
Sagapenum, Opoponax ana j 3, Aloes
succotrine j 3, Turpentine j 3, melt
them and mix them together to a
plaister.

14. Aqua Composita, good for head, memory,
and all Diseases.

TAKE the roots of Saxifrage and
the leaves, Parsley, Alexanders,
Fennell, Tyme, Hysope, Pennyriall,
Rosemary, Lavender, Primroses, Mints,
B 4 Origan,

Origan, Sage, Calamint, Avence, Bettony, Savine, Pennyryall, Lettice and Violets ana one small handfull, then take Galingale, Pepper of both sorts, small and long, Cloves, Mace, Nutmegs ana $j\text{ }3$, Cinamon, Cubebs, Setwall, Pellitory of Spain, Lignum Aloes ana $j\text{ }3$ di. stamp small the hearbs, and pound the spices, then infuse them all night in six quarts of red wine, the next day distill them in a Limbeck, so is it finished.

15. Another Aqua Composita.

TAKE Wormewood ij M. Enula Campana a great roor, $iiij$ Crops of Horehound, Mints, Parsley, and Centory ana j M. Infuse all these powdered and bruised in three gallons of strong ale or wine lees, adde thereto of Annis seeds and Lycorice ana $iiij\text{ }3$, bruised with some powder of Ireos and Calamus Aromaticus, distill them as before is set down.

16. *Ague or burning Feaver, to cool or help.*

MAke a posset of new milk and butter milk of a pottle, take off the Curd, let the patient drink so much thereof cold as he can, use it two or three times, it cooleth the body, and taketh away the fit.

Item, After the possetale is digested, let him, to comfort his stomach, drink Mace-ale made with small ale.

Item, Also let him eat either great pears or wardens cold being baked; they comfort the stomach, and cool the body.

17. *Ague, a medicine to binde to the wrist, to cure it.*

MAke a plaster of leather fit for the wrist, pricked full of holes, and spread it over with Venice Turpentine; then strew it all over with powder of Rue and Fankincense ana, mix as much as will stick thereon, lay it to the wrist a little before the fit cometh, and let it lye untill the fit be gone.

B 5

18. *Ague.*

18. *Ague hot, a cooling Julip.*

MUndifie French Barley j M, then boyle it in a gallō of rain water, put therein rayfins of the sun stoned iijꝓ, damask prunes iijꝓ, boyle them to the consumption of halfe, then strain it hard out and put them to the fire again, and put therein Succory, Violet leaves, Sanickle, Spinage, Strawberry leaves, Borage, Coltsfoot, Maydenhaire, Buglosse, Liverwort, Cinck foyle, Endive, Longwort leaves and Ribwort ana di. M. cut somewhat small, and boyled till halfe be consumed, then strain it hard, commix therewith syrup of Vinegar, the syrups of Lemmons and Roses ana iijꝓ, drink thereof cold at any time, it both cooleth and comforteth very much.

19. *Ague to beale both in old and young, proved.*

MAke a quart of posset ale of milk and ale, then take the young tops of Rosemary, Marigolds, Plantaine,

taine, and young Bayleaves ana ij 3,
cut them small, and boyl them in the
posset ale, untill all their strength be
forth, and drink a great draught thereof
warm a little before the fit cometh, and
sweat upon it; doe this some three
times, it will cure; being proved on
many.

20. *Aromaticum Rosatum*, which healeth the
weaknesse of the stomack, comforteth all
parts of the body, cleanseth corrupt humors
in the Breast, comforteth the brain and
heart, and causeth good digestion.

TAKE pure red Roses fifteene 3,
Lycorice mundified j 3, lignum
Aloes, and yellow Sanders ana iiij 3, Ci-
namon five 3, Mace and Cloves ij 3 d.
gum Dragant ij 3 di. Nutmegs, grains
of Paradise and Galingale j 3, Spike-
nard, Ambergreece and Musk ana di.
3, white Sugar as much as sufficeth,
and dissolve them all together in syrup
of roses.

21. *Ague tertian, the cure.*

TAke Burre roots j 3, three corns of long pepper, stamp the roots and pepper, boil them in a pinte of ale with ij 3 of Treacle, till halfe be wasted, drink it warm and sweat two hours.

22. *Ague or Feaver hot, a Julip.*

TAke Succory, Endive, Violets and Borage ana M j: Fennell-roots pithed j M, Lycorice mundified j 3, French Barley ij 3, boyl them in a gallon of water to a pottle, and drink thereof, it cooleth much.

23. *Ague tertian, the cure.*

TAke nine young red Sage leaves, nine sprigs of Yarrow, three Bay leaves, three sprigs of Rue, boyl all these in one pinte of posset ale, to the consumption of a third part, then strain it hard, let the Patient drink a good draught thereof very hot before the fit come, and sweat well after it; use this three times.

24. *Ague*

24. *Ague tertian, the cure.*

TAke dry Orenge pils, Nutmegs, roche Allom ana $\text{iiij } \text{ʒ}$, tenne Cloves, all powdered together; give of this powder to the sick as much as will lye on a shilling, to drink in three spoonfuls of wine Vinegar, two hours before the fit cometh; if you take therewith Bezor three grains, it is the better; then take nine roots of Maiden weed for a man, and six for a woman, put in a little bagge, hang it nine days about the Patients neck, and six days about a womans neck, then burn the bag and roots, and let the Patient be purged.

25. *Ache, Grief for pain, an Unguent, the cure.*

TAke Cammomile, Mallowes, Sage, Dill and Marigold-leaves ana $\text{j } \text{M}$, stampe them and boyle them in Malmsey and Linseed-oyle ana di. pinte, and fresh Butter out of the Churn $\text{j } \text{lb}$, let them be well boyled, strain them, and anoint therewith.

26. *For*

26. For an Ague, sore in ktee or joynt, for swelling or Sciatica.

FRy Alehouse with fresh Butter in a frying pan till it be soft, and not too moist, apply it very hot to the grief or swelling till it be well, renew it every twenty four hours.

27. Ague or Fever of Phlegm, Diary or Quotidian.

TAKE red Roses, Ivory, Bugloss flowers, Coriander, Orange pills ana iij ʒ, infuse them in Vinegar and white wine ana iij ʒ, of Penides j lb, of sugar or Honey j lb di. Make thereof a syrup, if the stomach be empty or weak, or the guts empty, then put in all Wine and no Vinegar: this is an excellent syrup for either, by adding or diminishing simples hereunto, according to the infirmities, and nature thereof, it may serve for any grosse matter in any cold distemper.

28. Pils of excellent vertue to purge all
Phlegmatick Fevers or Agues.

TAKE Agarick, Aloes, Acorus,
Turbith, ana j ℥, Esula di. 3, Co-
loquintida j grain, salt Gem, Mastick,
Ginger, Wormwood, Lettice, Ray-
sons mundified, Bdellium ana iiij ℥,
with syrup of roses, make up these
pils, the Dose is j ℥ more or lesse,
according to the patients strength,
give them after you have used the o-
ther syrup 9 days to digest it: These
be good in any Tertian Ague, if you
adde to them this following in any
phlegmatick Feavers or diseases, viz.

Item, Rubarb, ij ℥, Spikenard di. 3,
Diagridii, Mastick ana j ℥; mix these
with the aforesaid, the dose is di. 3, more
or lesse as the strength of the patient
is, and the vehemency of the Fever.

29. The poor man's cure for his Fever.

First digest the humour with Oxy-
mell Iulianizans, then purge the
inner bark of an Elder, an eg-shell full,

or

or lesse, according to the patients strength, in a draught of wine, posset-ale, or any thing else warm; when he is purged give him Aurea Alexandrina, with wine wherein Sage hath been sodden, give it many times.

30. *Ague or Feaver Quartan of Melancholy.*

First digest the matter with Oxymell simplex, or with the Decoction of Senna, Epithimum, and Harts tongue, after that use some Oxymell Diureticum, then purge with Diasena Diaboraginis sharpened with Lapis Lazuli, and sometimes purge with Hieracuss, and thus by little and little proceed: Or take Violet flowers, Borage, Sena, Thyme, the juyce of Fumitory and Lycorice, make your decoction of whay, infuse therein some Elder bark, then adde thereto iiij sorts of Myrabolanies ana iiij ℥, stirred together on a soft fire, and after the straining, adde to it Lapis Armenus nine times quenched in the same decoction, and j ℥ thereof made in subtil powder; minister this before day.

31. *For*

31. For the Feaver Quartan.

THis Feaver is cured by giving every morning $j\frac{3}{4}$ of Calamint fasting, with Triacle di. Myrrh $3j$, if need be to comfort the stomach, adde thereto some juyce of Mints; this given many times together, hath cured many after the body is well purged.

32. Ague or Feaver Tertian.

THe true Tertian is caused of burnt choler mixed with other Humours, which happeneth most to young people in Summer time, else it is no true Tertian, though it come of red choler, for choler when it is putrefied in the veins, causeth a continuall Fever, if without the veins it maketh a Tertian; if putrefied in two places, it maketh a double Tertian: A Tertian beginneth with rigour like the pricking of needles, and endeth with vaporous sweat.

33. The

33. *The cure.*

TAKE of Endive, Succory both kinds, ana iij 3, the four cold seeds, ana 3, flowers of Violets, Borage, and water Lillies ana ij 3, red Roses iij 3, Sugar j lb, make your syrup, and digest it with this, then purge as followeth.

34. *First use this Glister.*

R Violets, Mercury ana ij M. oyl of Violets ij 3, boyl and make your decoction, then strain it: dissolve therein Cassia Extract, and Tamapinds ana j 3, oyl of water Lillies ij 3, make your Glyster.

35. *Then a Purge if need require.*

R of the digestive syrup aforesaid ij 3, Rubarb and Agarick ana j 3 di. the seeds of Endive and Spikenard ana di. 3, Barly water and Almond milk ana iij 3, give this in the morning.

If the Thirst be great in this Feaver, take the four cold seeds, husk them, boyl

boyl them in water with Gam Dragant, stamp them well, and put to them a little Vinegar, let the Patient drinke thereof in his fit.

Also, if you give the Patient the juice of Plaintain to drink before the fie three severall times, it cureth all Tertians.

Also, the seed of Nettles stamped with salt and Cobwebs bound to the wrist, cureth all Tertians.

36. For the Ague.

TAKE ij z of Rocheallom, and put it into a pinte of ale, and boyl them in a pipkin together, about a quarter of an houre or more, then give it to the sick party to drink pretty warme about two houres before the fit comes, that they cannot drink up at the first, let it be warmed against the comming of the second fit, and give it as before: after two houres be past, let the party drink as much posset drink as he can.

Sweating is very good to cure an Ague being gotten into a sweat before

fore the cold fit comes; it must be used twice or thrice before the Ague be quite cured, and let them drink no other drink during their sweat, but Aquavitæ and small beere mingled together, but it must not be too strong of the Aquavitæ.

37. *A medicine to lay to the wrists.*

Rx as much black Sope as a wallnut, and three times as much crowne Sope, mingle them together, then shread a pretty quantity of Rue, and half a spoonfull of pepper finely beaten, with a quarter of a spoonfull of fine Wheat flower, mingle all these together, and take as much strong beer as will make it spread upon a linnen cloth, then make two plaisters thereof, and lay to each wrist one, and sew them fast on for nine days, you must apply them just as the cold fit beginneth to come upon them.

38. Feaver which cometh of Blood, the cure.

First open the Basilica vein, then the Median on the same side or arm; if you let not blood provoke the Nose to bleed; then take Endive, Succory, Maiden-hair, Rosemary, flowers of Politrucum ana iij 3, Barley d. lb, all the cold seeds ana ij 3, Violets, the flower of Buglosse, Borage & Gilly-flowers ana iij 3, make your decoction of iij lb, boyl it till it come to one, dissolve therein Cassia extract j 3, oyl of water Lillies iij 3, make your Glyster; then make a Ptisan of Parley viij 3, Lycorice bruised ij 3, Borage, Buglosse and the cold seeds, boyl and strain it, and adde ij 3 of Vinegar, and drink it.

To purge, & Barley water di. lb, dissolve therein Cassia Fistula, Manna and Tamarinds ana di. 3, Vinegar ij 3, Sugar and Penedes qu. sufficit; give this in the morning, and keep a good diet.

39. *Back weak to comfort.*

TAKE Knot-grasse strings, Strawberry strings, of Cats-tail, Cinquefoil strings, wilde Tansey, Shepherds purse, Comfrey ana p. j. boyl these with Knuckles of Veal and marrow of Beefs back, thicken with a little Rice powdred, and a few Raisins of the sun stoned, two large Mace blades, eighteen great Cloves, eat it fasting in the morning.

38. *Back weak to restore.*

TAKE the pith of the water boughs of an Ash j 3, the shels of new laid Eggs powdred j 3, Clary, new balm, white Mints j M, stamp them and strain them, then take yolks of new laid Eggs, beat and mix them with the juyces, and fry it with Butter like a Tanse, with the powder: eat of this in the morning, and neither eat nor drink one hour after.

Or,

Rx Roses iij 3, red Sanders ij 3, yellow

low Sanders j 3 di. fine Bole ij 3, burnt Ivory j 3. Camphire j 3, Wax j 3, oyl of Rose buds ij 3, melt the Oyle and Wax together with the rest, make a Plaister, lay it to the Back: but for want of this Plaister, take oyl of Roses, oyl of Violets and water Lillies mixt together, and anoint the Back therewith, it cooleth.

41. Belly and sides hardnesse, an Unguent.

Mix together Uing. Dialthæa ij 3, Agrippa, oyle of Camomile ana j 3, make an Unguent thereof, you may mix some Aquavitæ therewith.

42. Bloud to staunch.

Hold Shepheards purse in your hand, look on it, or lay it on the wound, if it be a vein that bleedeth, boyl Rue in water, stamp it and lay it thereon, then lay it up in Lambs wool never washed; or take a great Spider, put in a linen cloth, prick it with a pin, and smell thereto.

43. Another

43. *Another excellent one.*

R Sanguis Draconis, Bole Armoniack, Vermilion ana part. equal. compound them with the white of Eggs, beat to the form of a plaister, this applyed hath stayed the bloud of a womans brest cut off.

44. *Bloud spitting to staunch.*

Drink as much powder of Mice dung as will lye on a groat, in a little juyce of Plantain and Sugar, drink it first and last, morning and evening, till you be well.

45. *Bloud pissing to stay.*

Boyl Spearmints, Betony, Rue, Bursa pastoris, and Knot grasse in Goats milk, or other milk, drink of it three days first and last.

46. *Black*

46. *Black and blew in the face by a blow.*

TAke paper four double, wet it well in cold water, and lay it to the Bruise.

47. *Bloud bruised to avoid.*

BOyl Nep bruised in Wine or Ale, drink it warm nine mornings together, it cureth.

48. *Breast swoln, to ripe, break and heal.*

BOyl Hollyhocks, Mallows ana BijM. in water then strain them through a cloath the water out, then scrape red Clay from the wall six spoonfuls, and ten spoonfuls of wine Vinegar, with a little Hogs greafe, boyl them with the hearbs all together to a poultis, apply it very warm, use it till you are well.

C

49. *Breast*

49. *Breast sore, to break.*

BOyl Fenugreek seed, and Linseed
powdred ana ij 3, Figs small cut,
ten house Snails, Lilly roots bruised
ana ij 3, boyl them all together in
strong ale to a poultis, lay it on as hot as
she can suffer it; so use it till she be well.

50. *Bruise to cure and help.*

STamp Solomons seal green, and
Sapply it to the grief: Parsly fried
with Butter soft, and applyed, doth
the like. Egrimony stamped small, and
rolled up in round bals, then lay it in
some place till it be moldy, then fry
it with Hogs grease or May butter till
it be a green Salve, so use it on rotten
Apples, with a spoonfull of Rice boyled
in Milk to a poultis, doth the like.

51. *Burning or scalding the cure.*

TAKE Sallet oyl well beaten in
fair water, therewith anoint the
grief for three days, this taketh out the
fire.

Item,

Item, then take the inner bark of Elder, Hartstongue, and Housleek ana iiij 3, Sheeps trickles j M, Sheep-sewet iiij 3, boyl them together to a good thicknesse, and put thereto Wax j 3, then strain it, and Plaister-wise apply it to the grief till it be whole without scar.

Item, Take the fat of Bacon in slices, lay it in water two houres, then take it out and dry it with a Cloth, and with a needle and a twisted thread stitch it together with a bay leaf, between every slice two bay leaves, rost it at the fire, turning the thread in your hand, set under it a platter with some fair water therein, to receive the dropping, let it not burn in the roasting, anoint the grief with the dripping.

52. Another of the same.

TAke oyl of Roses ij 3, Cream iv 3, Honey j 3 mixed, and make an Oyntment, therewith anoint the grief.

53. *An Injection or Lotion.*

BOyl in white wine Centory, Knot-
raffe, wilde Tanfie, Yarrow ana
di. M. Honey j 3, Allom powdred
ij 3, inject this.

54. *Bruises, a plaister.*

TAke Virgin wax viij 3, Galbanum
Colat, Honey ana iv 3, Sheeps
Tallow viij 3, shred small, and boyled
in a little white wine or vinegar, adde
thereto Frankincense and Mastick ana
iv 3 in powder, let it boyl till all be
melted, plaisterwise apply it on the
grief as hot as you can suffer it, till you
be well.

55. *Breasts to cleanse of Phlegme.*

TAke white Wine and Water ana
one pint, Wine Vinegar ten spoon-
fuls, English Honey clarified with
whites of Eggs vj 3, Fennell and Parsley
roots, and Lycorice all mundified,
and then sliced ana ij 3, Enula Cam-
pana

pana powdred ij 3, Egrimony j 3 di.
Figs cut in pieces twelve, Annis and
Commin seed, Hysope, Thyme, an l
Pennyriall ana j 3 di. boyle all these
close covered sufficiently, then strain
it, drink thereof first and last till you
be well.

56. Brain and back to purge.

MAke a Dose of Pils of Betony
powder, and English Honey,
take two pils thereof as big as a small
Nut when you goe to bed, this will
manifest it self next morning in the
Chamber pot.

*57. Brains, Nerves, Sinews, or Grieffs of the
Head, the cure.*

BOyl in ten pounds of water the
flowers of Stœchados, the seeds of
new Piony and Fennell ana iv 3, Thyme,
Calamint, Balm, Organy, or wilde
Marjoram, Sage, Betony, and Rose-
mary flowers ana j 3 di. let all these
boyl to the consumption of half, then
strain it, and boyl the liquor again
C 3 with

with honey ana ij lb, to the height of a syrup, put therinto Cinnamon, Ginger, Calamus aromaticus bruised ana ij 3, bound up in a litle linnen cloth, take of this syrup two spoonfuls at once first and last.

58. *Breath stinking the cure.*

BOyle in a pottle of white Wine, the tops of Rosemary j M, Anniseed bruised j 3, Wormwood three sprigs, Sassafras, Orenge pils bruised, Cloves, and Cinnamon bruised ana j 3, Comminseed bruised j 3, let all these boyl to the consumption of one pinte; drink thereof morning & evening a good draught, warm in the morning, cold at night.

In the day time use to bite of a Nutmeg, and swallow some, also Mastick chewed sometime is good.

59. *Breath stinking, Lozenges to cure.*

TAKE the juyce of Lycorice mundified ij 3, boyl it in Hyfop water to a good hight, then work it up in your hands with some oyl of Anniseed
and

and Gum Arabick, and some with three grains of Musk, incorporate altogether; make Lozenges thereof, dissolve one at once in your mouth.

60. Bones broken and set, a Plaister to ease paine.

TAKE the fresh dung of a Sheep two parts, Barley-meal, one part, so much of the white of Eggs beaten well, compound a plaister, put therein a little Bole Armoniack, lay it about the bone, remove it not in ten days.

61. Bloud to stench at Nose, or in a wound.

TAKE the greatest Toad you can finde, and hang it up alive, and so let him hang all Summer, till he be as dry as a stockfish, so keep him, let the party bleeding smell to him, being wrap'd up in a thin linnen cloth, it stancheth the bloud.

62. To skale a mortified black bone.

TAKE honey of Roses, dip pledgets therein, lay them hot on the bone
C. 4 untill

untill it doth loosen, dresse it every night for three nights, if it then loosen not by the sides in feeling, then apply this Oyntment.

Take pure Hogs grease di. lb, Argentum Vivum ij 3 well mortified; and well brayed together; warm the Unguent in a Sawcer, with a feather anoint the bone evening and morning, and lay thereon lint, and rol it up just, let him keep his bed, and take no cold, and shortly the Bone will rise, then heal it up as need requireth.

63. *Bruise or Bruises to cure.*

POur out the white of an Egg, then fill the Egg up with Parmacitty, rost it soft, then sup it up, and fast three houres after, use it till you be well.

64. *Bloudy-Flux, Scowring, or Gonorhea.*

TAke the seed of white Poppy, Mallowes, Quinces, and Parsleyne all powdered; take also Mirtell, Gum Arabick, Gum Dragant, Pine kernells, Sugar,

Supar, Lycorice, Penedes, Psilium, mucilage of Almonds ana $\text{iiij} \frac{3}{4}$, of fine Bole, sanguis Draconis, red Roses, Spodii, Myrrhe ana $\text{j} \frac{3}{4}$, mix them with Hydromell, and make it in Trochis; they will last kept in a box in a warm dry place seven years, the Dose is $\text{j} \frac{3}{4}$ given in milk.

65. *Burning or Scalding, an approved Medicine.*

TAKE the inner bark of Elder, the leaves of Alexander, and the leaves of Daylies: boyl them in Hogs grease, then strain them well, and anoint the Grief with a feather, and cover it it with a red Colwort leaf, and it will be whole on warrantise.

66. *Back paines the cure.*

THE Paracelsian Plaister laid thereon. warm cureth.

67. *Breath given in Consumption or weaknesse.*

TAke China iiij 3 thin sliced, Maidenhair, Parsley, Fennell, Smalage roots ana j 3, Zarfa parilla iv 3, infuse them four and twenty hours in three quarts of water, then boyl them till one quart be consumed, then put in your Pullet or Chicken being first boyled one walm, and scum it, then let it boyl all to peeces being seasoned with Lettice, Violets, Succory, Strawberries ana p. æq. and such like, then strain it, and drink of this comfortable broth at all times when you please.

68. *Bruise to cure, also good for the Stone.*

TAke the stones of Crabs, powder them, infuse them in wine-Vinegar warm, some Parmacitty melt therein, take of this every morning fasting till you be well.

69. *To draw a Blister. Dr. C. A.*

TAKE of Cantharides prepared according to art, powder them and put them in a fine little linnen cloth in form of a button, and moist them in Vinegar of squilles, and lay it to the end of the Muscle, and put upon it a plaister, which may stick well upon it twelve houres space, let it be removed, and the bladder being broken, let a little linnen bag stuffed with Mercury præcipitate, be laid upon it with a linnen cloth doubled according to art; and within two dayes the Escar will be removed. To keep the issue open, put a pease in the hollownesse of the wound with a thread put through it, laying an Ivy leafe upon it.

70. *To make China broth. C. A.*

Rx of China roots ij $\bar{3}$, of running water two pintes, macerate the rootes sliced 12 houres in the water cold, after put them up in an earthen vessell, and set it over a gentle fire, stopping the
vessell

vessell first very close, then put an old cock thereto, and having well scummed the decoction, put thereunto of Howhound, and Maidenhaire of each M j: of Jujubes, Sebesters, and Dates of each j 3: of flowers of Rosemary, Borage, and Buglosse, of each three small handfuls; of great Raisons, having their stones taken out vj 3, of French barley thrice sodden by it self first well picked ij 3; of Mace ij 3 with a crust of white bread, boyl these stopping the vessell close, to the consumption of the halfe part, then strain out the decoction hard, and reserve this broth for your use: And take of this broth vj 3 at a time early in the morning, and about 4 in the afternoon.

71. *My Lady Bodleyes Bal'some.*

TAke of the best sallat oyl lb iij: of Venice Turpentine lb ij; of yellow Wax viij 3, of oyle of Bayes iij 3, of oyle of Hypericon ij 3, of oyle of Juniper j 3, of oyl of Spike j 3, of oyl of Peter j 3 β, of red Sanders finely beaten iij 3, mingle all these oyles toge.

together, and put to them the Wax when it is thin shaved, and let them boyl a little while; then take your Turpentine being first washed in faire water till it be white, then set your Turpentine on the fire till it be hot, for it should not scald; when it is hot put in all your other things by a little at once; then take it off the fire, and keep it, stirring it well with a clean wooden stick till it be thoroughly cold, and then put it up.

This Balsome being warmed cureth any green wound being squirted into it if the wound be deep.

It cureth any Burning or Scalding by anointing the place, but you must lay Ivyleaves sod tender next it, before you put linnen upon it.

It cureth any Ache of Sciatica that commeth from cold. It is good for the Toothach by anointing the Gummes therewith. And it is good for a bruise, taking as much as a Nutmeg with sack.

72. *For knitting of Bones.*

Glve of Knot-grasse, Ribwort, Shepherds purie, and Comfrey, boyled in good Canary a quart, of each of the hearbes a pugill, morning and evening strained a prety draught of the decoction.

73. *Canker in the Breast, or Polypus in the Nose.*

THe water of Buck wheat distilled in Balneo, will stay the eating Canker or Polypus, though held incurable.

74. *Canker, a plaister.*

Mix the juyce of Selandine with Goats dung powdred; and plaister it on, it killeth the Canker any where.

A plaister made of Pepper, Bay-salt, the kernel of Walnuts beaten together healeth also.

75. *Canker*

75. *Canker to extirpate and take out.*

INcorporate the powder of Realgar with fresh Hogs grease, spread it on leather fit for the Sore, strew thereon all over, the flower of Wheat somewhat thick, and upon that hony thick, and lastly over that womans milk, then lay the plaister on the Sore; and lay on the plaister the bottom of a new baked loaf of white bread, binde all fast on all night, on the morrow the Canker will be dead on the plaister; Note, if it be in the flesh or sinews, thick water issuethe out, if on the bone, thick yellow matter cometh forth.

76. *Canker, a Lotion.*

TAke white Wine, di. pinte, English Honey iij℥, white Copperas in powder j℥, di. Roche-Allom powdered iij℥, boyl all these till one third part be consumed, then wet double linnen clothes therein, and lay it on the Sore, or Canker: Or take new Tanners Oose that never leather came in, Sage, Bay-leaves,

leaves, Violet-leaves, and Woodbine-blossomes ana j M: boyl all these together, and use it for a Lotion, first strain it.

77. *Canker in Mens privities, to cure.*

BOyl Roche-Allom j 3, Verdigrease iiii 3 in a pinte of Smiths water till part be consumed, then strain it, and use it for a Lotion.

78. *Canker to cure.*

TAke the oldest Oyster-shell you can finde in a dunghill (those shine most, are best) powder them, then set three spoonfuls of white Wine vinegar over the coles, put therein as much of the Oyster-shell powder as will thicken the vinegar, adde thereto some Allom powder, then bind a linnen cloth about a stick and dip therein, rub the Sore therewith, till it bleed, doe this three times therewith, it will be well.

79. *Canker in the Body, to cure.*

TAke the powder of the roots of Dragons j 3, lay it all night in water, on the morrow put out the water, then put thereto a quarter of a pinte of white Wine, boyl it well, let the Patient drink it warm three mornings together, it helpeth.

80. *Canker or sore eyes.*

TAke Dovefoot, Archangell, Ivy with the berries, youn Bramble tops, white Rose leaves, red Sage, Sellandine, & Woodbine leaves ana j M. cut small, then put thereto powder of Allom j 3, white wine & clarified honey ana one quart: Aloes, Epatick iiij 3, distill all these in a Limbeck together, the water thereof will kill any Canker, two drops put in the eye with Fennell water taketh away any pearle or filthinesse.

81. *Consumption, the cure.*

TAKE six Cock Sparrowes, and two Wagtailes well dressed, Harts-horn and Ivory ana ij 3, powdered China roots thin sliced iv 3 in two quarts of Spring-water, Rose-water one quart, white Wine one quart; infuse them in a pipkin close covered one night in the hot Embers, that the water may keep but warm, then boyl three spoonfuls of French Barley in three severall waters; then take Egrimony and Sorrel di. M. Borage, Buglosse, di. M. Fennell two roots picked and sliced, the bottom of a white loaf steeped in Malmſie all night, three large Mace, Raisins of the Sun stoned iij 3, six Cloves bruised, half a Cock, six Knuckles of Veal, red Sanders j 3, Sage and Rosemary ana j M. six Capdates stoned and cut, let all these boyl close stopped one hour, then put therein six Pearmain Apples pared and sliced, let all these boyl till it come to a Mash, that there remain but five pints; then strain it, drink of this warm,

warm, first and at five of the clock in the afternoon, this will comfort much; if it be too thick, liquifie it with Wine.

82. *Consumption, a noted cure.*

TAKE a quarter of a pound of Jordan Almonds blanched, and beat small, adding thereto in the beating some Rosewater, one or two spoonfuls, then take the thigh of a roasted Capon, flea off the skin, beat it in a Morter alone, then take fourteen Dates stoned, skinned and picked, beat them alone, then put them all in a pinte of Rosewater, boyl them three walms with some Sugar, then take Cinamon ij 3, Lignum Aloes both powdred j 3, put them in your decoction, stir them well together, then put it up in some Glasse, take the quantity of Walnut at once in the morning, the first three mornings adde to it every time Bezoar two grains.

83. *A Diet drink for the Consumption.*

THe first week in May, infuse in your usuall drink Succory, Devils bit, Scabius, Water-Cresses, Lungwort, Polypody, Colt-foot, Penryall, and Liverwort ana ij M. bruised and put in a thin linnen cloth bagge, and so put in your drink when it is new tunned to work therein; drink no other drink for fourteen dayes.

84. *Cough of the Lungs to cure.*

TAke green Box dried, and powdered fine, take so much at once as will lye on a goate, in a draught of warm white Wine first and last till you be well, which will be when you see your self void blood, then leave your Medicine, for you are well. *Probatum est.*

85. *Cough*

85. *Cough of very hard Phlegme to cure.*

BOyl two quarts of Cream, halfe a pint of honey, and di. pint of Linseed oyl till it come to an oyl substance, dip therein a red thck woollen cloth, wring it hard, and lay it on the Region of the Stomack as hot as you can suffer it, then cover it warm with another dry woollen cloth all night and morning till you be well.

86. *Cold hoarcenesse to cause to speak clear presently.*

TAke a Poffenet of scalding water, put therein two Handkerchiefes, viij times double folded, wring out the water, hold it to thy Nose and Mouth till it be cold, then put that in the hot water, and take out the other, and so one after another till you be well.

87. *Cough*

87. Cough very old to cure.

TAke *Diatragaganthum frigidum* di-
pendii, *suis speciebus* ana j 3, the
Liver of a Fox powdred j 3 di.
Lycorice and Maydenhaire ij 3, all
powdred together, take them mixed
in the syrup of Myrtles as an Electuary
on the point of a knife as oft as you see
cause.

88. Consumption, a Medicine.

TAke good Malmsey a pottle, put
therein as much crums of Man-
chet hot out of the Oven as will
suck up all the Wine, adde thereto of
Cinnamon powdred iiij 3, ten Cloves
bruised, distill this, and put thereto so
much Sugar, as fits your Taste, with
2. grains of Musk, the Dose is three
spoonfuls morning and evening first
and last.

89. Colick, a present remedy.

TAke Gum *Hederæ*, warm it that it
may spread on a peece of Scarlet
the

the breadth of a shilling or broader,
apply it hot to the Navill; your best
Gum is sweet, clear, and soft.

90. *Cough, and strong Consumption,
a Potion.*

TAke Malmſie one quart, roots
of Mallows, and Fennel pithed,
Lycorice mundified, Anniseed
bruised ana ij℥. Colts-foot, Longwort,
Violet-leaves, Hyſop, red Sage, Rayſins
of the Sun ſtoned, Figs ſhred, white
Sugarcandy ana iiij ℥, boyl all theſe
in a pipkin cloſe covered to half, then
ſtrain them out hard, adde thereto
white Sugar iiij ℥, of the roots of
Ireos, Florentine ij ℥, let it boyl, one
walm more: then ſtrain it, and take
of this fiſt in the morning, faſt two
houres after, and laſt to bedward, if
you need to purge, infuſe in a draught
thereof over night Sena iv ℥, ſtraine it,
and drink it in the morning.

91. *Colick*

91. *Colick and Stone, the cure.*

TAKE Parsly-seed, Gromel-seed, long Pepper, Jeat, Amber, Corall, Ginger, Nutmeg, Bay-berries, Enula Campana, ana ij 3, fine powdered, drink of it warm in a morning as much as will lie on a sixpence in white Wine or Broath, fast two hours after.

92. *Colick of Winde.*

TAKE Seahorse Pizell, Harts-horn, and Enula Campana, ana j 3 fine powdered, take so much of this as will lie on a shilling in Anniseed water fasting, or as you need.

93. *Colick and Stone, the cure.*

TAKE a pottle of white Wine in a pipkin, put two fair flint stones in the fire till they be red-hot, quench them one after another twenty times in the Wine, then put therein Speare Mints, Polypody of the Oak, Hysop, Sage

Sage and Rosemary ana j M. boyle them a good while, then strain it, and put it in a Violl close stopped. In the morning fasting drink a draught with these powders, Parsley, Fennell, and Carroway seeds, Philypendula, Saxafrage roots, Grommell, Brome, and Alexander seeds; the kernell of Cherry-stones dryed, the round bones of the Thornback all powdered together, ana iij ʒ, drink of this powder every morning in your wine one spoonfull, fast two houres after, and last at night, take this syrup of Spiknard, of Juniper berries, of Gashoppers the head and feet cut off powdred ana ij ʒ, compound them together and drink ij ʒ in a little warm white Wine.

94. *Colick, the cure.*

EAt fasting every morning hot Broaths made of Alexanders, and drink the compound water of them, and Aquavitz, ana ij ʒ.

Also drink the powder of Juniper berries in Alexander water and stale Ale ana q. warm is good. Also St. Johns Wort

wort small chopped, and put thereto Pigeons dung, a good quantity of honey, fry them in fresh Butter, and very warm bind it to the navill.

95. *Cramps, Convulsion, or shrinking
Sinews.*

TAKE oyl of Turpentine j lb, Turpentine di. lb. of Bayes iv 3, oyl of Spike j 3, Juniper-berries di. lb, Castor, Euphorbium, ana j 3, Cloves, Mace, Nutmegs, Cinnamon, Frankincense, ana ij 3, Mummy j 3, Brocks grease iij 3, digest them all for one moneth in horse dung, then distill them according to art, and therewith anoynt the place grieved; this also healeth old wounds and green Sores.

96. *Cramp, the Cure.*

TAKE Brimstone and Vervin, bind it to the Pulse, and be ever freed.

97. *Cods*

97. *Cods swelling to cure.*

TAke Rue, Bay leaves, Purslan, Bean meal, Fenugreek and Linseed ana ℥, boyl it in new Cream, with a spoonfull of Hogs grease, to a Poultis, so apply it : Or take Rye Leaven, mingle it with strong Lye, and apply it; this helpeth.

98. *Camphire Water to heal.*

TAke Camphire prepared with the white of an Egge, infuse it in Fumitory water, mix them well together, use it to cool, heal, and skin.

99. *Corns in the Toes to cure.*

TAke Marigold leaves, Herbgrace, and the broadest Plantain ana j M. stamp them in a Morter, then put them in a close stopped pot, with ten spoonfulls of water, so let it stand 12 dayes till it stink, then strain out the liquor, with it anoint the Corns, and wet a druble cloth therein, and lay it on them till they be well, so use it.

100. *Carbuncles to ripen and break.*

POwder Bay-salt small, mingle it with the yolk of an Egge, and lay it on the sore; it helps. *Prob.*

101. *Canker inward or outward to cure.*

Roast Sorrell cleansed of the stalks and strings, take only the pure leaf in a wet brown paper in the Embers when it is soft, mix therewith half so much honey, as much Wheat flower, and as much burnt Allom, compound all these in a Morter to a plaister, apply it to the grief cold, if the grief be inward minister three pills thereof morning and evening, wash the Sore with a Lotion made of plantain water, burnt Allom, and so much calcined Vitriol as will make it bloud-red.

102. *Cramp in Arm or Leg; the cure.*

TAke great Onions, roast them, make a plaister thereof, and lay it warm about the joynt, as hot as he can

can suffer it, dresse it three times, and
cured.

103. Canker or Pock in any part of the
Body to cure.

Mix the fine powder of Mercury
with the powder of Bole, mix it
so that the colour be very pale, this
killeth either of these griefs.

104. To cure Chilblanes.

Rx a quart of Sack, and of red Sage,
and of Cammonile, of each a hand-
full, boyl all these well together, and
bathe the hands morning and evening
therewith. *Prob.*

105. A Cordiall water to comfort the heart
and brain, cause sweet breath, and good
colour in the face: It is good against sadnes,
morphew and faintnesse, against obstructi-
ons of the liver, and windinesse of stomach
and spleen.

Rx of Agrimony, Burnet, and Bo-
rage, of each a handfull large, as much
D₃ of

of picked Roses, put thereunto j $\frac{3}{4}$ of galingale bruised and halfe an $\frac{3}{4}$ of Cubebs, still these together, and reserve the water, whereinto when you would use it, (which may be morning, evening, or at any time, an hour or two from meales,) put as much white Wine as of the water, and drink of it.

Also a gelly made of Harts horne, and Snakes skins.

106. *To provoke the Courses.*

EXhibite almost a spoonfull of the powder of Oculi, or Lapides Car. in a pretty draught of Mugwort, or Pennyriall water, and let her drink some of the water after it: the best time is to give it in the morning about five of the clock, at her accustomed expectation of them, and let her sleep after taking it.

107. *For the Consumption.*

TAke of Whay lb. ij, of calves blood lb iiij, of juyce of Houfleeke lb iiij, of

of roses lbj, of new laid Eggs shells and
all 12. put them all together in a Glasse
still, distill the water whilest no more
will come; then strain it, and put it
into the still again, and cast away the
feces, and put to this water three or
foure limon pillcs, of yellow Sanders
and Benjamin of each j \bar{z} , Myrrhe iij \bar{j}
 \bar{z} , white Rose water, Lillie water of
water Lillies, and good Canary Sack,
of each lbj, distill this in sand with a
gentle fire, or in B. Mariæ; and being
distilled put to it Sugar candie ij \bar{z} ,
Camphire a dragm, Borax half an \bar{z} ,
bruiſe them well, and let them diſſolve
in all the water, and reſerve them for
uſe. Goats milks, or Aſſes milk. is alſo
good, and water made of Dates.

108. For ſores or Cancers.

BOyl Colewort leaves in ſalt wa-
ter, til the water be green through,
then let it cool, and bathe the
Sore with it, as often as you will, till
it be whole. It is good for a Canker,
if it have not eaten inward already,
Plantaine ſo boyled, and uſed, is good
for the ſame griefes. D 4 For

109. *For a Consumption.*

TAKE three Stags hearts, and put them into a scale, and put as much Sugar into the other scale, to make them even weight; then take the Sugar, and the Hearts, and put them into a close pipkin, and close them up with Wheat meal paste, so that no aire may come in, nor out; then set them over a temperate fire, till they come into a gelly, then give the patient one spoonfull or two thereof in the morning fasting, and about three or foure in the afternoon, and when you goe to bed as much.

110. *Another excellent Syrup for Cough or Consumption.*

TAKE of Sanicle and Betony of each two handfulls, of Avence, Ribwort, Speedwell, Agrimony, Comfery, Cowslips, Vnser Hyssop, Wood Buglosse, and Scabious of each two handfulls, of Bryer tips, white great Dayisy roots and leaves, of each one handfull,

boyl

boyl the juyce of all these well gathered up with good Sugar into a syrup according to art, and take twice a day of it, the quantity of two spoonfulls at one time.

111. To make Lozenges for a Cold.

TAKE of fine Sugar one pound, halfe a pound of Penidioes, ij 3 of English Licorice, j 3 of Elecampane roots, ij 3 of Ireos, beat all these into very fine powder and searce them, then put thereto soure drops of Oyl, of Anniseeds, and six graines of Ambergreese dissolved in a little Rosewater, make these up into a paste, with j 3 of Gum Dragacanth dissolved to a little red Rose water, with as much Hysope water, beating them well together, and incorporating them in a mortar till they are fit to work up out of paste into Lozenges, then make them up every Lozenge unto the weight of j 3, and harden them in the dry aire, rather then by fire or sun: They are good against winde, comfort the stomach, and helpe crudities thereof.

112. *To stop blood spit or coughed up.*

TAke foure quartes of Smithes Culterwater, boyl it till all the scum be taken away, then put thereunto three handfulls of Purslane, some prunes one handfull, French Barley two handfulls, then boyl it unto the halfe; then straine it, and drink thereof three or foure spoonfulls first and last, every day, and also before dinner and supper one houre, and so continue it untill you be whole.

113. *An excellent medicine to cool the Liver and Blood.*

SEeth a Legge of Veale, scum it well, then take Endive leaves, Violet leaves, Liverwort, and Dandelyon well cleansed, of each one handfull, white Beetes, Mallowes, Borage and Buglosse, of each halfe a handfull, great Raysons having their stones taken out half a pound, prunes one lb, of the tops of white Majoram, and Smallage, of each three crops, a little whole
Mace

Mace, Salt a little, boyl all these to a gelly, then straine and presse it out, and drink it warme so oft as you list.

114. Deafnesse to cure.

TAke Oyl of Castor ij ℥, oyl of Roses and oyl of bitter Almonds ana j ℥, Aquavitæ ii ℥, mix all together, and boyl it till the Aquavitæ be consumed, then every night, to bedwards, drop four drops one after another in the Ear, stop it with Cotten that smelleth of Musk.

115. Another.

TAke a spoonfull of the Liquor that fryes out of a green Ashen-Bough burning in the fire, and the oyl of a silver Eele ana, of the Gall of a Hare, and black Honey ana, one spoonfull of Singreen, boyl them all together, and drop a little in your Ear, as need requireth.

116. Diseases

-woq

116. Diseases many mit generall, an
Electuary.

TAke red Rose leaves dryed, red Corall, Guaiacum, Acorus, Carroway seed, Ivory, Cinamon, Bole armoniack, Egshells all dryed, Rosemary powdred ana ij 3, Nutmegs, Cloves and Mace ana j 3, Sugar powdred iij 3, juyce of Plantain, Knotgrasse, Shepherds purse, Housleek, young Bramble tops, and Sorrell ana j M, or so much of the juyces as will make it up an Electuary, take one spoonfull thereof morning and evening warm. If it be for the Gonorrhœa, first fumigate him upon a close stool with Frankincense, it stayeth bleeding, and is good against the Plague, it is good for old Ulcers, and all Fluxes.

117. Dropse, a Purgation for it.

TAke Mechoacan, Sugar, Diagridii, Rubard, Sena, Spikenard, ana j 3, Anniseed ij 3, Cinamon, Mastick, Ginger, ana j 3, let all these be fine
pow-

powdred, the Dose is $j\ 3$ in white Wine or posset Ale three dayes together: Then take Hysop, Violets, Rosemary, Vervin, Betony, St. Johns woort, Mouse-ear, Plantain, Avence, Sage, Fetherfew, ana $j\ M.$ wash them clean, then dry them, and bruise them in a Morter, then put it in a new glased Pipkin, put to it one gallon of white Wine, so let it stand all night close stopped, and on the morrow sceth it to one Pottle, then strain it thorow a hair Sive, and put it up close, then drink it first and last nine daies together, at night hot, and at morning cold, half a pinte at a time.

118. Dropisie, a Medicine.

TAke Dragons, Spiknard ana $j\ 3$, Alchenet di. 3 , powder them; drink of this powder in Ale or Beer, as much as will lie on sixpence at one time.

119. Dropisie

119. *Dropfie, a diet drink.*

TAke Juniper thin shaved, and the berries bruised, Ash Bark, Saffras roots, Wallwort roots, Camocke roots, Mash Mallow roots ana j M. Parsly roots, Eringo roots, Fennell roots, all bruised ana ij 3, Parsley and Fennell seeds bruised ana ij 3; put all these in a Pipkin close covered, put upon them as much scalding water as will cover them, then put it up and paste it close, so let it stand in hot Embers and not boyl 24 hours, then put all these in a Ferkin of new Ale of 7 gallons, so let it work together till the Ale be stale; drink no other drink during the cure, drink this at all times.

120. *Dropfie, or any other disease, a Treacle to cure.*

TAke the powders of Rue and Betony ana ten 3, Wormwood and Centory ana iiij 3, Gentian, Myrrhe, Aristolochia rotunda and Ivory ana j 3, Pulverise and searse all these, mix

mix them with clarified honey to a Treacle.

121. *Dropſie, an excellent Potion.*

TAKE Rue, Sage, Betony, Poly-
pody of the Oake, Watercreſſes,
green Broom, Hyſop, Parſly and Fen-
nell roots pithed, roots of Lovage, of
Flower de Luce, Gladwine the middle,
take of the Elder the ſmall clot bur
ana j M. boyl them in Barley water
and white Wine ana, mix it with pure
Honey *qd ſufficit*: let the Patient
drink of this firſt and laſt till he be
well.

122. *Deafeneſſe, a precious medicine.*

TAKE Honey, the juyce of Singreen,
the water that droppeth from a
green Aſhen Bat in the fire ana, p. æq.
compound them together, infuſe it
warm in the deaf ears.

123. *A Defensive to stay Impostumes or Inflammations from all green Wounds : apply it both sides the Wound.*

TAke the white of two Eggs well brayed, put thereto Wheat flower, powder of Bolearmoniack, and powder of Sanguis Draconis, mix all these well together, and apply it as before, this stayeth and repercusseth all humours : if any heat happen in the wound, then adde thereto Vinegar, Rose water, Singreen, or Plantain juyce, this will dissolve all Inflammations or heat quickly.

124. *A Defensive for green Wounds.*

TAke oyl of Roses, Bole armoniack ana ij $\frac{3}{4}$, Terra sigillata and Vinegar ana j $\frac{3}{4}$, Camphire ij $\frac{3}{4}$, Nightshade and Singreen ana j $\frac{1}{4}$ M. beat the hearbs, strain the juyces, mix all together cold, so apply it; if it be too thin, thicken it with Barley meal.

125. *Dropfies*

125. Dropfies, Pox, Consumption, or any
Disease.

TAKE a pinte offpirit of Wine, infuse therein Zarza perilla thin sliced, so much as will colour the spirit of Wine yellow as gold, then dissolve in it Gum of Guajacum ij 3, strain it, and adde thereto naturall Balme di. 3, take thereof one spoonfull in a draught of small Beer or Ale morning and evening till you be well.

126. Diascordium, an excellent Cordiall to
make.

TAKE Cinnamon, Lignum Cassia, ana ij 3, Scordium or water Germanander j 3, Dittany or Candy, Tormentill, Bistorta or Snake weed, ana iiij 3, Galbanum, Arab. gumme, Candy Mustard-seed j 3 di. Gentian liij 3, Bole armoniack j 3 di. Terra Lemnia iiij 3, Opium j 3 di. Storax, Calamint iiij 3 di. Sorrell-seed i 3 di. long Pepper, Ginger, ana ij 3, pure Honey ij lb di.

66 *The secrets of Physick.*

di. ℞. Conserve of red Roses ʒ ℥. Aromaticall Wine di. ℞. boyl all these two walmes to an Electuary.

127. *Dropsie.*

℞ a pottle of white Wine, but rather Rhenish if it may be had, ʒ ℥ of Cinamon, and a pinte of green broom athes, put them in an earthen pot together, 48 houres, having first bruised the Cinamon, stir them often, then put them up into a white Cotten bagge, and let the Liqueur draine thorough; then put it all up again twice upon the lees, and then use of it foure times a day; drink it cold in the morning, and one houre before dinner; also one houre before supper, and when you go to bed: drink at each time a quarter of a pinte: if the grief be not fully removed, use a second or third pottle; but with most one pottle sufficeth.

128. *A diet drink for Dropſie, Scurvy, or
other inward Diſeaſes.*

Boyl in two pints of pure running
water, iij ℥ of Saffſrage till half be
boyled away, then put thereto of Her-
modactyls ſliced and Lycorice, Spike,
Cinamon, and Cammomile flowers,
ana ℥ β. then let them boyl one houre,
then take of Sena cleane picked j. ℥, and
let it boyl over a very gentle fire, halfe
a houre, then ſtrain it and cleere it, and
give iv or v ℥ of it faſting.

129. *Eyes red and watering, the cure.*

Spread the white of a new laid Egge
on a red Colewort leaf when you
go to bed, plaſter the eyes therewith;
or the gall of a Partridge, or the gall of
a Turtle put into the eyes helpeth the
dimneſſe.

130. *Eyes*

130. *Eyes that seem blinde, the cure.*

TAke Smallage, red Fennell, Rew, Vervine, Egrimony, Betony, Sage, Cinkfoyl, Pimpernell, Eufrage, Celendine, ana j M. wash them and stamp them well, put them in some vessell; take powder of 15. pepper corns well searced, one pinte of Wine, three spoonfuls of boys Urine that is very young, boyl them together till the juyce of the hearbs be in the Wine, then strain it out hard, and put it in a Viall close stopped, and with a feather drop it in the eyes cold for fifteen days; during the Cure, drink Beer wherein is infused over night (to drink next morning) Tormentill and penny-grasse.

131. *Egyptiacum to make.*

TAke Verdigrease iv 3, powdred Allom ij 3, Vinegar vj 3, Honey j 3, boyl all these till it be red, this cleanseth and cicatrifeth old sores.

132. *Emrods,*

132. Emrods, the cure.

TAke two Handkerchiefs viij double, put them on a Chafin-dish of coals in a dish of white Wine, ready to boyl or seething hot, then wring out one of them hard, and lay it on the grief as hot as he can suffer it, let it so lyetill it waxeth cold, then put that in the dish, and so do one after another, for half an houre at once; use this till it be well, which will be some three times; during the cure some drink Millfoyl in white Wine, with the powder of Egshels whence chickens were hatched.

133. Emrods, or any other swelling in the place.

TAke Scabious and Mullin, stamp them with fresh Butter and Hogges grease, and make it yellow with powder of Saffron, lay it to the grief warm.

Or take the powder of burned Anni-seeds, Honey, and Saffron, make a plaister

fter thereof, and lay it to the grieve, every dressing, wash it with white Wine wherein Scabious hath boyled.

134. *Emrods to cure.*

1 **T**Ake the juyce of the root of the great Burre, boyl it, and bathe the Emrods therewith very hot, then presently strew thereon the powder of red Archangell.

2 Or take the powders of Lovage and Rew mixed with Honey, make a plaister thereof, and use it.

3 Also boyl the leaves of Mercury very tender, apply it thereto as a poultis very hot, dresse it twice a day and be whole.

4 If they bleed or water much, cast on them the fine powder of Letharge, of gold, it drieth them.

5 Or stamp unset Leeks small, put thereto honey and flower, lay it on warm.

6 Or stamp in a dish of the best Sope with some garden Snailles without shells, and the powder of some Muscleshells mixed and applied thereto twice.

135. Eyes to preserve by Medicines Local.

THe smell of Marjoram is good to preserve the sight, to drink Eybright in Ale, Beer, or wine, with the juyce of Fennell, is very good and nothing better; the powder of Eybright in a reare Egge, or in any thing else is also good: Good Spectacles much helpeth: Cinnamon, Cloves, Nutmeggs, Mace, and Pepper are all good. Also the water of Eybright, Fennell, Marigold, Perlewort, or any of these put into the eyes, cureth.

2 Item, Vervine gathered young in May, put in a Viall close stopped, and so let it stand till it putrefie, and a juyce sinking to the bottome of the Glasse, wherewith drop it into your eyes, it helpeth all blindnesse in man or beast.

3 Item, In Aprill gather the finest Fennell, put it into a Glasse with a long narrow neck some fifteen dayes, then take the glasse softly for troubling it, powre out the clearest thereof
to

to another glasse to every di. ℥ there-
of, put j 3 of Lignum Aloes fine pow-
dred, and let it so stand fifteen dayes
more, then strain it twice to clear it
out; of this drop a little in your eyes,
it much cleareth the sight.

4 Item, Lignum Aloes distilled in a
Stillatory of Glasse, the water of it
put in your eyes, it cleareth the sight
miraculously.

5 Item, j 3 of the distilled water of
Rosemary flowers, with ij d. of the
powder of Salt Gemme dissolved
therein, and dropped in the eyes, cu-
reth the sight, and drieth all moisture
from thence.

6 Item, the Urine of a Childe, or the
Lye made of ashes of Fennell stalks,
either of them dropped in the eyes,
mends the sight.

136. *Inner medicine to clear the eyes.*

TAKE the powder of Eyebright
iv 3, Mace j 3, mix them toge-
ther, and take the weight of iij
d. thereof in Fennell water in the
morning, fasting three hours after.

Take

Take the juyces of Fennel, Vervin,
and Roses ana ij 3, Eyebright, Endive
and Celendine ana d. M. boyl the
heerbs in two pintes of water till half
be spent ; then with the juyces and the
decoction , boyl it with Sugar to a
syrup, take of this syrup ij 3, in Ey-
bright water iij 3. If the body be win-
dy adde to the aforesaid powders An-
niseed and Fennell seeds j 3.

137. *Eyes that have Pearls, a Medicine.*

TAke Dazies and the roots, red
Fennell and Alehoof, stamp
them together, take the juyces
of them, and drop two or three in the
contrary Ear warm, on that side the
grief is not, till the Pearl fall off, use
this every day morning and evening.

138. *Eyes that have Pearl, or Web.*

TAke the white of two new laid
Egges very hard boyled, the
shells and yolke being taken a-
way, put the white in a Morter with
jd. of fine powder of Copperas, pound
E them

them together, then put to it two small spoonfulls of Rosewater, then strain it hard through a linnen cloth into a Glasse, let it settle with the clearest water therof, drop it in the eyes with a feather.

2 Or take the white of two Eggs, very hard sodden, White Sugarcandy j 3, white Copperas j 3. both fine powdered, white Rosewater one spoonfull, stamp the Eggs, Sugarcandy and Copperas together, then put the Rosewater thereto, strain it hard into a Glasse, drop thereof three times a day into your eyes.

139. *Another.*

3 **T**Ake all the head of a black Cat burned to ashes, blow some of that powder with a quill thrice a day into the Eye, if the pain be great, especially in the night, lay thereon some Oaken leaves doubled together, and wet in Rosewater on the Eye, renew them as need requireth, it cureth.

140. Another rare secret for the same.

4 **T**Ake nine Wormes, you shall finde them in old hollow Timber with many legs, called Hogs or Swines Lice, if you touch them they will be round, stamp them with the juyce of Celandine or B:tonie; then strain them well, let the Patient drink it fasting warm, not eating in two houres after; use this three mornings together, it will cure.

141. Or thus.

TAke the white of an Egge, and the juyce of Pelitory of the Wall, beaten together and scummed; one drop of that liquor in the Eye cureth, *Probatum est.*

142. For the Eyes: The vertue of Tormentill.

BOyle the hearb Tormentill and Roots in white Wine, till the third part be spent; let the Blinde drink of this Potion nine dayes together, a
E 2 draught

draught in the morning cold, and at night bloud warm, and within that time (God willing) he will recover: if the Eye be hurt, boyl this herb stamped in white Wine and a little water, binde or plaister it to the sore Eyes. If you intuse a good quantity of this Herb in a small Vessell full of Wine, and drink no other daily, it will recover sight though long blind.

143. *Eyes to clear, an approved distilled Water.*

1 **T**AKE the juyces of Rue, Fennell, Celandine, and Eyebright ana ij ʒ, Honey j ʒ di. Aloes, Tutia, and Sarcocollæ ana iv ʒ, the Gall of a Capon or a Cock ij ʒ, distill all these in a Limbeck or Glasse, drop this Water cold into the sore Eyes once a day three drops together, and use it till he be well.

2 Or take the waters of Roses, Ver-vine and Fennell ana iv ʒ, strong white Wine ilj ʒ, Tutia prepared, and Sugar-candy ana iij ʒ, Aloes hepatick ij ʒ, powder fine all the simples that is to be

be powdred, mix them with the waters and Wine, let it so stand covered one whole day, then strain the liquor easily in a fair glasse, and use to drop [three drops at once in the eye.

144. To cure all griefs in the Eyes.

TAke three ʒ of unslaked Lyme, infuse it in di. lb of Rain water in a Glasse vessell three dayes; then stirre and mix them well together, let them settle againe foure and twenty hours after; powre out the clear water very clean, then put thereto 10 ʒ of Salarmoniack the whitest you can get very finely powdred, let it therein dissolve by long standing and oft shaking; then let it settle, and powre the clearest water off it, or filter it away by Distillation; drop three drops of this in the eye at once, and so continue it three times every day till it be well: this cureth Spot, Pearl, Web, or any thing else in the Eye, be it Canker or Burning.

145. Eye water.

R \acute{x} of Rew, Celandine, and Rose-water of each iij \mathfrak{z} , of Stibium reduced into fine powder halfe an ounce, let it stand infused eight dayes, then use it.

146. An excellent powder to preserve sight.

R \acute{x} of Eyebright iiij \mathfrak{z} , of Betonie ij \mathfrak{z} , Fennell seed, and Mace, of each j \mathfrak{z} , dry the herbs, and reduce them into fine powder, and put thereto ij \mathfrak{z} of Sugar finely beaten, mingle them wel together, and every morning, drink as much of it as will lie upon a shilling, in a good draught of white Wine and Beere; and at night take of the powders j \mathfrak{z} , and ij \mathfrak{z} of the best Hony, and mingle them up into an Electuary, and when you are going into bed, take as much as a Nutmeg thereof, keep the powders dry, you need not put Sugar into the Electuary.

147. *Approved good water for any inflammation of the eyes.*

SLake Lapis Calaminaris, to the Quantity of $\text{iiij} \text{℥}$, 9 times red hot in white Wine $\text{℔} \text{j}$, then take of red Corall $\text{j} \text{℥}$, of Camphire $\text{℥} \text{℥}$, of Sugarcandy $\text{j} \text{℥}$; reduce them into powder, and put them all into red Rosewater, $\text{℔} \text{j}$, with as much Fennell water, stirring them well together, by often shaking the Glasse, but when you intend to drop it into your eyes, take care, that it be very cleare, and drop it into your eyes with a sponge or feather.

148. *For a Pin and a Web.*

TAke a handfull of Celandine leaves, and as much white Daisie leaves and roots together, and halfe as much ground Ivie, stamp out the juyce well, and put thereto a sawcer full of good red Rosewater, then strain it and put it into a Glasse, with as much white Sugarcandy finely powdered, as will lie on a sixpence, and

E 4 drop

drop it into your eye with a sponge or feather.

149. *Falling sicknesse, the cure.*

MAKE two plaisters as you do of Mastick, of Sanguis draconis, spread it with a hot knife, and lay them to the Temple veins.

150. *Falling sicknesse or Epilepsia, the cure.*

FIRST every Full and change of the Moon, Purge one day, and Vomit another, then kill a Jay, and dresse him, fill his body full of Cummin and Anniseeds bruised, then put the Jay so dressed in an Oven after Bread is drawn, untill he be so dry that you may beat his body, sides and bones to powder, then take of this powder j3 at a time in Broath, or any other way at pleasure morning and evening till he be well.

151. Fever to prevent, or all other diseases by
this cooling Cordiall.

TAke Lycorice mundified j 3,
Carroway seed, and Cardimo-
mum ana di. 3, Hyfop, and Car-
duus Benedictus ana di. M. of Ga-
lingale ij 3, bruise your drugs, and
binde your hearbs in a bundle, boyl
them all in a gallon of water close co-
vered, till one pinte be consumed, then
let it so stand till you strainit six hours;
then let the Lycorice and Cardimo-
mum remain still in your strained
drink; take thereof morning and even-
ing at your pleasure, this worketh mer-
vailously in preserving strength.

152. Flux of blood to stop and cure.

TAke the round mossie Bur that
groweth on the Bryar that is the
wilde Rose, dry it, and powder it,
drink thereof in red or Claret wine
morning, and evening first and last.

153. *Flux or Womens Menstrous to force
or bring.*

TAke Germander, Mugwort,
Pennyryall, Balm, Hyfop, and
Mallowes ana j M. Rew, Sage,
Wormwood, Soothernwood, and Mar-
joram ana di. M. Saffron j d. Castor j 3
thin sliced, Enula Campana, and Cin-
namon ana j 3 powdred, boyl all these
in a pottle of water to the consumption
of a quart, then strain it hard, and
put thereto white Wine one pinte,
drink thereof first and last morning and
evening.

154. *Bloudy Flux to stay, especially of
Women.*

MAke a paire of Beads of the Sea-
horsetooth, and wear them on
both your wrists, let no young wo-
men wear them but twenty four hours,
for fear of further danger.

155. *Flux*

155. Flux of Bloud, or Gonorrhea Pills to stay it.

TAke Marmaled of Quincés ij 3,
Coral, Cinnamon, Amber, Shep-
herds purse, Alchenet, Acatia, ana ij 3
powdred and searsed; mix them to-
gether to a Masse for Pills, take four of
these morning and evening first
and last.

156. Fistula, the whole cure.

First purge the humour offending,
then take the Soles of old Shooes
dried, burn them on a clean hearth with
Oaken wood to a bright coal, then lay
it where it may consume to Ashes
alone, then adde to the weight of the
Ashes so much green Copperas fine
powdred, as the Ashes of the Sole
weigheth, and half so much weight of
the powder of burned Allom as the
Copperas weigheth, and half so much
of the powder of golden Seacoal as of
the burned Allom, then grinde all these
together on a Painters Stone, or in

a Morter to fine subtle powder, so put it close up till you use it either for Fistula or old Sore: when you are to use it, take the Cream of the morning Milk of one Cow, set it by it self all night and one day, the next cast away the greenish water in the bottom of that Cream, then lay a spoonfull of the Cream on a Trencher, then mix so much of the powder therewith, as will make the Cream black and thick; then make your Tents of an inch long and no longer, if the Fistula be never so deep, and roll the Tents well in the Medicine, and Tent the Fistula therewith two times a day, and it will work out in small pushes, wheals from the bottom, cover the Sore with a red Colewort leaf, when it is well digested, heal it up with plaisters fit for it.

137. *A vulnerary Potion for the Fistula.*

BOyl a quart of Spring-water, Cloves bruised, Pimpernell, Egri-mony, red Colewort, Valerian, Mouse-eare, Doves-foot and wild Tanzie ana j M. washed and chopped, boyl all in

a Pipkin close covered till halfe be wasted, then put to it two spoonfuls of Honey, and one quart of white Wine, then let it boyl two walms, and strain it hard forth, keep it in a close Viall, drink it morning fasting, at three in the afternoon, and last to bed; in Summer cold, and Winter hot, untill the Potion cometh out of the Orifice of the Fistula, which must be ever kept open with a Gentian tent,

158. *Fistula or Cankers, the Plaster to cure.*

TAKE Letharge of gold j lb, oyl of Roses ij lb, white Wine Vinegar, and old Urin ana di. lb, boyl it till the Urin and Vinegar be consumed, adde thereto in the boyling Wax ij 3, Frankincense j 3, mix it, and it cureth.

159. *Fistula, a Lotion to wash, or Seringe, that cureth.*

TAKE Bole armoniack iiij 3, Camphire j 3, white Vitrioll iiij 3, all powdred, boyl the Copperas and Camphire

phire in a close stoped Pipkin till they be melted, still stirring them till they grow hard, then powder them and the Bole armoniack together very fine, then put the powders up in a strong bladder, when you use it, take a pottle of running water, put it to the fire till it begin to boyl, then take it from the fire, and put therein three spoonfulls of the powder, as much as you can heap and presse on, put all in a double Viall, shaking it twice every day for fourteen days before you use it, let it stand and settle very cleer, and apply it as hot as the Patient can suffer it; if it be for a Sore, wet a double cloth four times double, and apply it: if for a Fistula, use the Siringe, dresse it morning and evening till it be well. This cureth old Sores, Fistulaes, Pustuls, Cankers, Scabs in the Head or Body, green Wounds: if you will have it stronger, put unto it burnt Allom j $\frac{3}{4}$ powdred.

160. *Fistula in the corner of the Eye, or
elsewhere.*

TAke Hempseed, Southernwood,
Fennell, Parsley, Strawberry leaves
and strings, Ribwort, Tanzie, Smal-
lage, Garden madder, red Colewort
leaves, ana j M. Nutmegs powdered j ʒ;
boyl all these in three pintes of water,
then strain it, adde thereto Honey four
spoonfuls, therewith bathe the Fistula
thrice a day, at every dressing let the
Patient drink of this potion four
spoonfuls warm; if the Fistula be deep
use a Seringe, and wet a red Coleleaf
and lay thereon, you need not tent it;
let the Patient sometime with his Po-
tion drink Treacle diatefferon j ʒ, in a
morning in his bed very hot, and sweat
two hours after it. If humours flow
much, purge once in ten days. Also
keep the Orifice open with Gentian
tents that it close not; Also after that,
make Tents of Linnen, washed in Buck
and not in Sope, scrape lint of
them for tents, wet them in fasting
spittle, then let them dry, and dip
them

them in the Creams and powder before
set down.

161. Fistula, or Sore-mouth, a Lotion.

TAKE Guaiacū $\text{iv} \frac{3}{4}$, Plantaine, small
Cranes bill, Comfry, Knotgrasse,
Shepherds purie, Woodbine, and
Briar-leaves ana $\text{j} \text{M}$, boyl all these in
three pintes of Smiths water till half
be consumed, strain it in the liquor,
and mix it well, keep it to your use, if
you will have it stronger, put thereto
as much burned Allom as two Nut-
megs, use it alwayes warm.

162. Face heat; the cure.

FIRST purge with *Pillulæ aggrega-*
tivæ $\text{j} \frac{3}{4}$, then take Camphire $\text{j} \frac{3}{4}$,
prepared Cinnamon $\text{ij} \frac{3}{4}$, Brimstone,
Ceruse, and Mastick ana $\text{ij} \frac{3}{4}$, all fine
powdred, and wrought up with oyl of
white Roses to a Cerote, anoint your
face with a big Pill made thereof as big
as a Chesnut, ten nights together to
bedward, in the morning wipe it hard
with a dry linnen cloth, but wash it
not

not all the ten dayes, then wash it four mornings together with juyce of Lemmons and butter-milk, the Lemmons sliced therein.

2 Also if you quilt bay-salt fine powdred in a pair of linnen Socks, and wear it under your feet, it helpeth much Abstain from salt meats, Spices, meat brown roasted or fryed, Wine, strong drink, Onions, Garlick, or Mustard, use in your Broths Purslain, Sorrell, and Violets, and all other coole herbs.

3 Or take a quart of sweet Cream, small Ferne roots jM. cleansed and bruised very small, boyl them in the Cream till it come to a Salve, anoint the face.

163. Face to cleanse, a water that taketh away all Deformity.

TAKE Pippins pared and cored, then sliced, Lemmons thin sliced, then take pure Manchet, and crum it fine, put it in new Milk, withal the other, and j3 of Camphire thin shred, then distill all these in balneo; use this Water as you need it.

164. Face

164. *Face Moles to take away.*

TAKE the meal of Fengreeke,
Honey and Water-creffes ana
p. æq. stamp, and incorporate
them together, make a plaister thereof,
apply it to the Mole.

165. *Falling Sicknesse, the cure.*

TAKE powder of the Mistletoe of
the Oak, single Piony roots, the
powder of mans scull dryed hard in
the fire ana j 3, Balm ij 3, Sage flowers,
Rosemary flowers, Marigold flowers
ana ij 3 flowers of the Line tree, Lillies
of the Valley ana iij 3, powder all
these, and searce them, take iv 3 of
this powder in the warm Julip follow-
ing every morning fasting : Take Cow-
slip water distilled j lb, syrup of Cow-
slip iv 3 mixed together to the likenesse
of a Jelly. Also take this syrup once a
day as occasion serveth, roots of Piony,
Mistleto of the Oak ana iv 3, Cinnamon
vj 3, Marigold flowers, Lilly of the
Vally, and Lavender flowers ana M. red
Rose

Rose leaves ij M. all grosse bruised, and put in a vessell with a narrow mouth, put thereto so much Aquavitæ as will cover them foure fingers over, then stop it close, and put it in a balneo for four dayes, till it be red in colour, then strain it thorough an Hipocras bag, then put to it Sugarcandy powdred di. ℥b, mix it well together, then put fire to it in the pot as you burn Sack, and so let it burn to a syrup, then put out the fire, so take it: if he have any grief in the Head, let him wear a Cap as followeth.

Take Marjoram, Betony, Balm, Rosemary, Stœchados ana di. M. red Roseleaves, the rinde of Citron ana iij ℥, Cloves, Mace, Nutmegs, Cubebs, flowers of Line tree ana iv ℥, all grosse powdred, and quilted with Cotton bombasse, covered with Taffaty or Holland, make it in form of a Cap, and wear it on your Head.

166. Face heat by humours flowing.

TAke Sorrell, Succory, Dandelion, and Sowthistle ana ij M. the buds of young hops, Parsley-roots ana vj, Fennell-roots iij sliced and pithed, and boyled in three gallons of Alewort, put Yest to it, and drink it at four dayes old, drink no other drink while it lasteth.

167. Face very red pimpled, and Sans phlegm to cure.

Powder the liver of a Hare being well dried, drink of that powder in your usuall drink, but better in an Allom posset-ale, so much as will ly on a nine pence first and last, morning and evening. *Probatum est*, by a Gentlewoman much grieved with this infirmity, and cured herewith.

168. Flus

168. Flux to stop.

1 **M**Ake an Allom posset, boyled
in milk, drink it first and last,
it cures.

2 Or make a Cake of Wheat-flower,
with the juyce of Plantaine and Com-
fry, with a little Alkanet, bake it hard,
sop it in good red Wine, with powder
of Cinnamon, eat the Sops, and drink
the Wine, it cureth.

169. Tents to make for Fistulas.

1 **M**Ix the powder of green Cop-
peras, and Bean meal ana p.æq.
confect them together with hard scra-
ped French Sope in a Morter; Tent
therewith, it will bring forth broken
bones.

2 Or the powder of Euphorbium and
Mastick ana mixed, p.æq. boyl them in
white Sope, when it cooleth make
ents thereof, it consumeth all moisture.

170. Flesh

170. *Flesh to fret or eat away.*

THe powder of Euphorbium will fret away flesh laid thereto in small quantity.

171. *For Fraictures or Bruises a Sear-cloth.*

TAke Rosine and Wax ana iv ʒ, Perosen ij ʒ, oyl iiij ʒ, melt them hot together, and adde thereto the fine searced powder of Cummin, mix them well together, then hot dip your Searcloth therein.

172. *A strong Powder for Fistula or old Sores, apply it with Tents or otherwise.*

TAke Auripigmentum, Verdigrase, gals, Salt Gem, Salt Armoniack, Harts-horn burn'd and powdred, the bones of a Hare burn'd, Mans dung burn'd, Egshells, Oytershells, Muscleshells, all burn'd, Sanguis draconis, Tartar, Letharge of gold, the shells of a water Crab burn'd, unslaked Lime, Pepper white and black,

black, Ginger, Frankincense, Glasse, Mastick, and an old Shooe all burn'd and fine powder ana p. æ. then adde thereto the powder of burnt Allom, as much as of all the rest in weight, mix all well together, and apply it as before.

173 Fire-wilde, or St. Anthonies fire.

Take the Lees of Claret or white Wine and the dreggs of Vinegar, the whites and yolks of Eggs well brayed and mixed together, and lay it to the grief.

174. Fistula's, or foul Ulcers a Lotien.

BOyle one quart of Spring water, Rosemary, Sage, Daisyes, Dovefoot, wilde Tanfie, Egrimony, and Plantain ana j M, bruised Allom as much as a Walnut, white wine Vinegar ten spoonfuls, English honey 4 spoonfuls, then strain it hard, and put to the liquor so much powder of burn'd Vitrioll as will colour it like blood, use this with Seringe or Lotien.

175. For

175. *For the Fistula, a Potion used by the Ancients.*

TAke Barly mundified, and the leaves of Celandine ana j $\bar{3}$, Centory, Egrimony, and Plantaine ana ij $\bar{3}$, Aristolochia longa iiij $\bar{3}$, the leaves of Olive, and Dropwort ana ij $\bar{3}$, cut them all, then pound them, and boyl them in white Wine with Sugar, drink a draught of this Decoction every morning fasting one hour after.

176. *Falling sicknesse the cure.*

TAke the Bloud, Livers and Hearts of Moles dried and powdred, give j $\bar{3}$ of this Powder in Piony-water in the morning, fast two hours after, use it six mornings.

177. *Fistula, a Tent.*

Mix the powder of Hermodactyls with French Sope, make a Tent.

178. *Flesh*

178. *Flesh dead, to fret away.*

Lay the powder of Hermodactyls
on the Sore, it will cleanse it.

179. *The best Potion in the world to cure
the Fistula.*

TAke twelve Cloves bruised,
Pimpernell, Egrimony; Vale-
rian, red Colewort, Mouf-eare,
wild Tansie, Dovefoot, Strawberries,
Plantaine, red Madder, and sharp Dock
ana j M, bruise all these in a stone Mor-
ter, boyl them in two quarts of Spring-
water sufficiently, then strain it hard
out, put the liquor to the fire again,
adde thereto one quart of white Wine,
honey vj℥, let the Patient drink thereof
morning and evening first and last for
fourteen dayes; this drink is of an in-
credible efficacy, for it cleareth all cor-
ruption from the Fistula in thirteen
dayes, and broken bones. If the Pati-
ent vomit up this Potion three dayes
together at the first taking thereof, his
Cure is to be doubted, if he vomit not,

F

no

no doubt of his health, in drinking thereof, put Ginger thereto to allay the winde of the hearbs,

180. *For a Thrush in a sucking Childes mouth, or any sore.*

MAke a hole in the crown of a new laid Egge, and take out all the meat, fill the shell with Honey and burned Allom mixed, let it boyl on the fire, still stirring it with a Bodkin, then take it out and dresse the Sore.

181. *Foul festred Sores and Cankers.*

TAke Inke, Auripigmentum, quick Brimstone, Salt Gemmæ, dissolve them all in Vinegar, and put them in an unglased Pipkin, and close it well that the fume goe not forth, and burn it therein till all come to ashes, then powder it, and wash the powder in Vinegar, or infuse it in Vinegar that is warm, and put thereof presently on the Sore, as soon as it is quenched in the Vinegar; then lay this oyntment follow-

following thereon, viz. red Lead, the fat of a Goat, filings of Copper, mix them, and make an Unguent thereof.

182. For fretting Sores, a Cure.

TAke Oyl of Radish roots p.æq. and Salt, bray them together, and plaister them on.

183. *Flesh superfluous in Wounds, or proud flesh.*

LAy on the flesh the powder of Asaætida, it taketh it away; the ashes of burnt Wooll doth the same. Also the powder of white Calamint or Scordium will consume the proud flesh and kill the Wormes.

184. Face to clear from pimples.

STill of Plantain, a sufficient quantity for the still, then sprinkle it well with white wine Vinegar, and when it is distilled wash the Face with the water, for fifteen mornings, and evenings together, and in that space, the pimples

will vanish, and once in three dayes
drink a draught of Vinegar fasting.

185. *For pimples in the Face.*

TAke one ounce and a halfe of
Cinnamon beaten into very
fine powder, of brimstone fine-
ly powdred two Dragmes, of Capons
greefe as much, of good white Wine
half a pinte, boyl all these till it come
up into a very thick oyntment, and use
it at night when the party goeth
to bed.

186. *Gout, a Medicine.*

TAke Mutton-sewet untryed iiij
lb, the Kidnies j lb di. lb, green
Bay-leaves, Wormewood, and
Rew ana j lb, red Sage and Mercury ana
j M; let the Hearbs be all green gathered
in the midst of May, and beat in a stone
Morter by little at once, as you may
well, beat them small like Greensawce,
then boyl them in a close Pipkin halfe
an hour softly; adde thereto Sallet-
oyle one quart; let it boyl one walme,
when

when it is neer cold strain it hard, and put it in Gally-pots; and with this anoint the Gout cold, without heating it, then lay on this Searcloth following, viz. Perofine di. ℥, virgin Wax ij 3, melt them on the fire in a Pipkin, add thereto oyl of Roses and red Rose leaves powdred ana ij 3, boyl them all one walme; make your Searcloth, lay it on the Grief three days without removing.

187. Gout, a speciall Medicine.

1. **T**Ake so many Raisins of the Sunne stoned as will make a Plaister for the Grief, pound them like Morter, then plaister them there; if the grief be extream, mix some Opium therewith, it will ease the pain.

2 *Item*, anoint the grief with the oyl of Wax, it easeth much.

3 *Item*, the Gall of an Oxe and Aquavita ana, as much oyl of Exeter as all the other mixed together, and anoint the place therewith warm, and wet a double cloth therein, and apply it thereto.

188. *Gonorrhœa, a Pill that cureth.*

TAke Bolearmoniack, Turpentine washed in Plantaine water, Mastick, Borax, dried Eggeshells ana ij 3, Anniseeds, Dragons bloud, red Corall ana ij 3, all pulverised and searced, then compound them to a Mass for Pills, give thereof morning and evening first and last two Pills, drink of red Wine or Alegant.

189. *Gonorrhœa, or Womens Whites.*

TAke the powders of Sanguis draconis, Corall, Cresses seeds, Alchenet, Acorn cups, Terra sigillata, and Venice Turpentine, all powdred ana iij 3, confect them up with Treacle and Conserve of red Roses to a consistence; take thereof first and last morning and evening one or two drams till you bewell.

190. Go

190. *Gonorrhœa*, a Julip to strengthen
the back.

TAke Capdates 12, small Nuts five
pintes, stamp the kernels by them-
selves and the shels by themselves, take
Brock-line, Nep, Clare, Daffies, Dande-
lion, and Plantaine ana j M. the pich of
an Oxe back, the pizle and stones of a
young Ram, slit them and make them
clean, and boyl them in five quarts of
Alegant to the consumption of halfe;
make it fit for your taste with Sugar,
strain it, and drink thereof first and
last.

191. *Gonorrhœa*, Pils to cure.

TAke pearl and Comfrey roots
dried and powdred, Corall,
Amber ana iiij 3, Bolearmo-
niack, bark of Guiacum, Terra sigilla-
ta, Terra Lemnia ana iiij 3, make them
up to a Masse for Pils with Venice
Turpentine washed in Plantaine water;
take of this seaven Pils, as small as
Cherry-stones first and last morning

F 4

and

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and evening, fast three houres after in the morning.

192. *Green-sicknesse, the cure.*

1 **T**Ake clarified Honey one pinte, Rew, red Sage ana j M, stamp them, and strain out the juices, mix them with the Honey, stirre them all together, then boyl them one walme, put to them a little powder of Pepper; drink every morning hereof one spoonfull di. warm, and fast two hours after, and last at night the like. In the day eat Raisins of the Sunne, and use some exercise during the Cure; eat twice every day Pottage made of Water-Cresses and Brocklime.

2 Sometimes use this Almond milk, take Succory, Egrimony, Carduus, French Woormwood, and yellow Dock-roots ana, boyl them in fair Water, then blanch bitter Almonds, take their milk and mix all together; this Decoction drunk in the morning fasting cureth.

3 *Item*, Six bitter Almonds eaten in

a morning for one week, and fast one hour after, is good.

4 Item, Your Ale must be reasonable in the Wort, whereof must be boyled Egrimony, garden Wormwood, Costmary, Succory, and yellow Dock-roots.

193. Green sicknesse, or any other grief, an Ale to drink in the Spring.

TAKE Senna $\text{vj} \text{ } \bar{\text{z}}$, Wormwood and Balme ana $\text{ij} \text{ } \text{M}$, Anniseed and Fennell seed ana $\text{iiij} \text{ } \bar{\text{z}}$, the juyce of Scurvygrasse iiij pintes, water-creffes, and Broke lime ana j pinte, let these be bruised and put in a thin linnen bagge, with a stone to sink it into four Gallons of new Ale out of the Tun, so let it all worke till it be four days old, then drink thereof in the morning fasting di. pinte , if it purge not three or four Stooles a day, then drink as much at night; use it till you be well.

194. *Gonorrhœa, or Fluxes of Bloud whatso-
ever, and Womens Whites.*

TAKE of the four cold seeds hus-
ked, the seeds of white Poppy, of
Mallows, Quinces, Purslane
and Mirtils, Pine kernels, Gum Ara-
bick, Gum Dragant, white Sugarcandy,
Lycorice mundified, Penides, French
barly, Psilium, sweet Almonds, ana iiii
3, fine Bole, red Roses, Sanguis Dra-
conis, Spodii, Myrrhe, ana j 3, mix all
these being fine searced with so much
Hydromell as will make it a Masse for
Trochisces make them all of the weight
of di. 3 a piece; when you use any of
these, dissolve one of them in six
spoonfuls of very hot milk; if they
grow so hard that they will not dis-
solve, then grate or beat them in fine
powder, and put them in the milk;
drink or eat this Dose first and last, it
cures in five or six dayes: often pro-
ved, the body being before duly pre-
pared.

195. *Glysters*

195. Glysters to loose and fasten.

BOyl a Sheeps head with the leaves
of Hollyhocks, Mallowes, and
Mercury, ana j M, the seeds of Fennell
and Parsly bruised, the roots of both
pithed, Linsced, all the seeds powdred,
put in some Butter or Oyl, then strain
out 10 3 thereof, mix therewith Dia-
phenicon ij 3, or of Diacatholicon ij 3,
as the dis ease requireth, minister it no
warmer then you may abide the bladder
on your check.

196. Glyster for the wind Colick.

TAke Malmsey one pinte, boyl
therein the seeds of Parsly and
Fennell bruised ana iij 3, mother
of Thyme, Penyriall, let them boyl a
good while, then put thereto Ginger,
Cummin, and Enula Campana all brui-
sed ana j 3, Sugar, Oyl quod sufficit for
Glyster.

197. Co.

197. *Gout pain to ease quickly on warrantize.*

STamp red Archangell in a Morter with Vinegar, and binde it to the place grieved, it will presently ease, if it do not, mix a little Opium therewith, it fails not.

198. *A Gargarism to wash and cleanse a sore mouth.*

TAKE plantain burn'd, Strawberry-leaves and Knotgrasse ana j M. Sorrell, and Sage ana j M. red Rose leaves j M. di. mix therewith long-Pepper, Pellitory of Spain ana j ʒ ʒ ij, boyl them in a pottle of water to the consumption of half, then strain it, put thereto honey of Roses j ʒ di. and Oxymel Squilliticum; so it is made.

199. *Another good one.*

TAKE Hiera picra simplex iiij ʒ, Oxymell Squilliticum ij ʒ, the distilled waters of Hyssope, Betony, and Orga-

Organy j $\frac{3}{4}$ di. mix them, and make your Gargarisme, minister it warm to draw humours; but when you will stop them, use cold things in your mouth as Vinegar or Fountain water.

200. *For the Gout, my Lord Dennyes medicine.*

TAK Burdoches leaves and stalkes, cut them, stamp, and straine them well, and cleanse them, when you have done so put them into a glasse, and put oyl on the top of it; and keep it close stopt from the aire; when you would use it for the Gout, powre it into a porrenger, and warm it, and wet clothes in it, and lay it on the grieved place, warming one cloth after another, as it groweth cold.

201. *Another very good.*

SPread Ale yeast upon brown paper, and let it lie upon the grieved place, once in twelve houres.

Warne the pickle of Olives, and put your feet in it.

My

My Lords medicine for the Gout, is to be taken after the Moon is changed three days, which is called the prime; in those times take nothing, but the next dayes following begin and take it six dayes together, then take it six dayes, twice a day before the full of the Moon.

202. *Head ache of Rheume, the cure.*

TAKE one Nutmeg, Cubebs, Piony seed, Setwell roots, Marjoram, Angelica roots ana ij 3, dry all these, and powder them fine, and make them up with Honey to a Masse for Pills, whereof take every morning five small ones.

Item, Fry fresh English Hops in Muscadine, and bind them as a Poultis very warm to the Nape of the Neck, renew it as occasion serveth; this helpeth.

Item, Oyl of Cloves to anoynt the temple, is very good.

Item, Two plaisters of Flos unguentorum laid to the temples like Mastick plaisters, and on the nape of the Neck, helpeth.

203. *Head beating or noyse, to purge away
by the nose.*

PUt the juyce of Beets, Betony,
Dazie roots, ground Ivy, or any of
them put in a Sawcer, and with a quill
snuffed in the Nostrill, let your mouth
be full of warm water, every time you
doe it, then drop two drops of oyl of
Amber into your ears, be eating some
Crust in your mouth when you do it, it
will enter the better.

204. *Head ache, the cure.*

TAke oyl of Roses, and oyle of Ca-
momile ana ij ℥, wax ij ℥, Rose Vi-
negar fix drops, dissolve them on the
fire, when it is cold anoint the temples
therewith.

Item, If the pain be hot, adde thereto
oyl of Violets, white Poppy, unguen-
tum populeum ana ij ℥, and ij ℥ of
Camphire mixed.

205. *Head*

205. *Head, a Gargarism.*

TAKE Betony j M. Vinegar j pinte, a little Cinnamon, as much Stave-acre, both brui sed, boyl them together to the consumption of half, Gargarize with one spoonfull thereof, but if the pain come from the stomach, boyle the aforesaid simples in good Gascoin Wine, and drink it with Cinnamon.

Or take Frankincense, Pigeons dung, Wheat flower, ana j $\frac{3}{4}$; temper them with the white of an Egge; and binde it to the aking place.

206. *Humours from any place be settled.*

TAKE Bullocks Lights, and parboyl them, and then very hot slit them, and lay them to the place grieved, it will draw it away.

207. *Hair.*

207. *Hair to bring again.*

TAKE Bulls Tallow, Honey, and
Oyle of Tartar ana j \bar{z} , boyl them
together, anoint the bald place there-
with.

208. *Hair to cause to fall or take away.*

TAKE bloud-suckers burn'd to
Ashes, mix the ashes with strong
Vinegar, wash any hairy place there-
with, it will fall away.

Or the bloud of a Bat suffereth no
hair to grow.

209. *For all diseases in head, as Megrom,
Impostume, Dropsie, Fevers, Headache,
and corrupt stomach.*

TAKE the roots of Pellitory of
Spain, Spikenard, ana iiij \bar{z} pow-
dred, Vinegar and Mustar mixed with
the powders well together, keep it in
a close Gally-pot, hold halfe a spoon-
full thereof in the mouth a good while,
and spit from him the rheum in a Bason

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as often as he needeth, or for six days, then take this powder for four dayes.

Take Galingale j 3, Nutmeg liij 3, Cloves and Cinnamon ana ij 3, Lycorice iiij 3, Sugar ij 3 all powdred, take thereof first and last in good liquor, the Dose is half a spoonfull.

210. *Hearing lost, to renew again.*

TAke the Brine of Beef, the elder the better, boyl it well, scum it clean often, keep it in a glasse, take the clearest thereof, and wrap it warm to the ears deaf.

211. *Heat in the Body or Liver, a Julip.*

TAke pure French Barly ij M, boyl it in a pottle of water, put therein Raisins of the Sun, and Prunes ana j 3, Fennell and Parsley roots cleansed and pithed ana j 3, Endive, Harts tongue, Liverwort, Sowthistle, Crops of Wormwood, Mercury, Mallowes ana iiij 3, boyl them well together in a close pipkin, then strain it out hard, put the liquor to the fire again, and put
to

to it red Sanders powdred j 3, Sugar to sweeten it to a Julip what sufficeth, adde to it Musk three grains, use the drink thereof warm.

Item, If you will have more cooling, adde thereto Violets, Lettice, Sorrell, Borage, and Clivers the like quantity.

212. *Dianthos, which helpeth all feebleness of the Body, the Ptisicke, the grief of the Heart, and Liver, after long Sicknesse.*

TAKE Cloves, Galingale, Ginger Spike, Nutmegs ana ij 3, di. Carraway, Annis, Cardamoni-um ana ij 3, Liquorice, red Roses, Violets, and Rosemary flowers ana iiij 3, Honey cleansed, and Rosewater sufficient. Let them be all fine searced, then mix it with the Honey and Rosewater, and simpred on the fire to a confection, the Dose is iiij 3.

213. *Head*

213. *Head Megrome or pain, the cure on warrandize.*

TAke gray Sope $\text{iiij} \frac{3}{4}$, bray therein the whites of two Egges, and put it in a Box; when you use it, spread it on a double cloth, and lay it to the forehead even to the Eares, and dresse it twice a day for fivedayes together, you shall finde ease at the first two dressings.

214. *To cure any heat or Fever, a Julip.*

TAke Rosewater, or Violet water, one pinte, Sugar di. ss . boyl them together by a soft fire, clarifie it with the white of an egge, colour it with red Sanders, so strain it and use it.

215. *Humours to stay that floweth out, and will not be stayed.*

TAke the waters of Endive, Sorrell, Lettice and Vinegar, one pinte of each, boyl them together by a soft fire with sufficient Sugar, drink thereof often.

216. *Hem-*

216. Hemrods, a plaister to cure them.

TAke Lovage, and Rew powdred
small, ana mixed with Honey, make
a Plaister and apply it.

217. Head paines very old to cure.

TAke Gum Arabick, Myrrhe,
Saffron, and Euforbium ana iij
3, bray them together with
the white of an Egge well beaten,
then applyed plaister-wise on the
temples and forehead; this presently
cures.

218. Hurts in the skull.

TAke the juyce of Pimpernell,
and wet therein pieces of Linnen
cloth, and apply it oftentimes
thereto, it will heal it quickly.

219. Head Megrom, pain or winde.

PUt a lump of the best Mithridate
in your mouth, as big as a good
Hazell-

Hazill-nut, there let it melt without champing, holding your breath as much as you can ; as it melts receive it into your stomach ; this will ventose at the ears, and presently ease the Head.

220. *For the Head troubled with rheume.*

TAke of Pirethrum, Marjoram, Galingale, Ginger, Caraway, and broad Plantaine seed, prepared white mustard seed, ana a like quantity, beat these grosse together, and if the powder weigh above ij ℥, seeth it in a quart of water close stopped, and when it hath sodden well put a quart of strong Wine to it, with j ℥ of cleere honey, then let it seeth again, till about two fingers bredth of the liquor be consumed, then take it off, and herewith gargarise your mouth.

221. *Afterwards make this potion following.*

TAke Ginger, long Pepper ana ℥ j, of Galingale ℥ j, of Cloves and Cubebs ana ℥ j β, beat them together

gether into powder, and binde them in a linnen Cloth, and let them seeth well together in two quartes of Wine, stop it close as aforesaid, afterward let it stand covered untill it be setled and cleare, whereof use two or three spoonfulls at a time.

222. For Heat.

TAKE a quart of good white Wine, or Rhenish Wine, and three pintes of pure running water, brew them together, with crums of white bread then put to it the juyce of two Limons, let them stand infused 2 or 3 houres, the pill or rinde being first taken off from them, then squeeze out their juyce, and brew the liquor with good store of Sugarcandy finely powdered, and drink every morning a good draught of it, having first taken some Oculi cancrorum, and Harts-horne, finely powdered.

223. *To cure a sore Head, or any old sore.*

R a pinte of strong ale, one ounce of Mace, boyle it till it come to the consistence of a syrup, then put in a good peece of fresh butter, and boyl it again, then strain it, and keepe it for your use.

224. *Faundies yellow, a sure and quick cure.*

1 **T**AKE Plantaine water one pinte, Ivory powdred ij 3, Saffron so much as will make it yellow, boyl them all two walmes, then strain : drink a pretty draught thereof warm first and last.

2 Or take the ashes of a Vine burned, lay them thick on a boord four square, divide them in nine equall parts, by making with a Knife three cuts one way, and three cuts another, then with the finger make a deep print in every one of them, then fill every hole, or print with the Patients own water, let it so stand nine dayes, adding thereto upon the Urin in every hole
three

three hives of Saffron undried; if you make nine Cakes of the nine heaps with the Patients water, and bake them, and then lay the Saffron as afore-
said on every one of them for nine dayes it cureth.

3 Or take Sheeps trickles new made, infuse them in a pinte of Malmsey twenty four hours, and one whole Bur-root scraped, then strain it; and drink the Wine at three draughts three mornings one after another; keep a good Dyet; in the meane time refraine all Egges, fresh Beefe, Goose and Fish.

4 Or take Malmsey one pinte, Saffron, Honey one spoonfull, Broom-flowers stamped ana j M. infuse them in the Malmsey, adde the juyce of Celandine a pretty quantity j M. of great knotted Earth-wormes black or yellow stripped and washed, boyl all these one walme, then strain it forth, and drink thereof first and last.

225. *Joynts nummed, or nummed Palsie.*

TAke red Sage and Hysope ana p.
æq. put them in two Linnen Bags
in strong Ale on a Chafingdish of coales
in a Pewter-dish, let them boyl then
very hot, apply the Bags to the Grief
one after another for half an hour at
once; use it every day till the Grief
be asswaged; after so dressing with the
Bags anoint the Grief with the oyl
of Earth-wormes, oyl of Peter, and
oyle of Spike ana, then cover it warme
with Furre till next day, so use it.

226. *Joynt ache, the cure.*

TAK Oxë-marrow and Sheepes-
sewet melted together ana j 3,
Aquavitæ ij 3, oyl of Tiles and sweet
Almonds ana j 3, all mixed together
very warme, anoint the Grief there-
with morning and evening till it be
well; after anointing apply a good
Searchcloth thereto.

227. *A*

227. *A Bath for the grieved joints before dressing.*

TAKE the inner barke of a young green Oak, red Sage, and Balm ana j M, boyl them all in strong Ale with j M of Earth-worms mundified, let all boyl together two hours, bathe the joint therewith, warm ever before the other dressing.

228. *A Potion to drink during the cure.*

DRINK first and last a good draught of warm Ale, Beer or Wine boyled with the roots of Comfrey, Knot-grasse, Solomons seed, Balm, and Daffies ana j M. Once in the week, in the morning in his bed drink a good draught thereof very hot with j 3 of Treacle Diateffaron mixed therewith; cover him warm, let him sweat two hours.

229. *Joint ache, the cure.*

MINGLE Oxe-dung with Vinegar like a Poultis, apply it hot
G 2 thereto,

thereto, it swageth pain and draweth out water.

2. *Item*, Oyl of Roses and Aquavita ana mixed, and warm, anoint the Grief therewith, then lay a Linnen cloth wet in Vinegar in water ana mixed, and dried on very warm.

230. *Joint numnesse and ache.*

A Linnen cloth wet in Dragon water, and applyed very warm first and last, helpeth.

Item, drink six spoonfuls of Dragon water with j3 of Mithridate three mornings together, and sweat every morning after it 2 hours; this cureth.

231. *Joint-numnesse or ache, the cure.*

B Oyl in Water and Vinegar ana, Oune Cresses, Betony, Mallow roots and white Willow leaves ana j M, till half be wasted; bathe the Grief therewith very hot by the fire half an hour, then bind the hearbs thereto very hot for four and twenty hours, so every twenty four hours bathe it, and dresse it till it be well.

232. *Joint*

232. Joint ache, a Medicine.

BOyl di. lb, of Goose grease in a quart of Malmsey till it be black, and therewith anoint the Grief; if the pain remove follow it till it be well, then purge the humour offending.

Item, after the anointing apply the Plaister of Diachilum simplex thereto.

2 Or take di lb of thin scraped Hartshorne, boyl it in j lb of Linseed-oyl, and a pottle of white Wine till the salve be black, and the Wine neer consumed: then strain it, and anoint it therewith warm.

3 Or cut Diachilon small, and melt it with oyl of Roses, Mallowes, oyl of Lillies and Camomile; boyl it to a Plaister; the first Plaister must lye on three dayes, the next two dayes, and the third one day; wipe the Plaister twice every day, warm it and lay it on.

4 Or take great ground Mustardseed iij ℥, Wine Vinegar one pinte, three spoonfuls of Aquavitæ; boyl them to a Plaister, put in the Aquavitæ last, let the other be in manner boyled first; apply

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apply the Plaister hot to the Grief some three times, it cureth.

5 Beat a Sheepshead, hornes, bones, wooll and all to pieces, boyl it with Mallowes ij M. and Balme ij M. in water till the bones fall out, bathe the lame member with it often till it be well.

233. *For acbe or swelling in Joint or other parts.*

STamp the seed of Mustard, Fenu-Sgreek, and Linseed ana j $\bar{3}$, Figs twelve all together to a Pomace, then boyl them in oyl and Aquavitæ ana di. pinte to a plaister, use it hot to the grief some foure times.

234. *Joint swolne with winde and water, to draw it out.*

BOyl in a pint of strong Beere di. ℥ of strong black Sore, to the thicke- nesse of a plaister, spread it on Leather and apply it, if it be too soft, put to it in the boyling some Rozin, stir them well together.

235. *Joint*

235. Joint or Gout swolne to mollifie
and ease.

BOyl the seeds of Cummin, and
Fenugreek ana j 3, Raisins of the
Sun stoned di. ss all together in fresh
Butter from the Churn in May, oyl of
Rew, and oyl of Roses ana to a plaister,
apply it hot.

Item, Rew, Wormwood, and Roses
boyled in white Wine with Mutton
sewet to a Poultis, and some Beane
meal applied hot, helpeth all swellings
especially in the Cods.

Item, Strong Ale and good Sope
boyled together to a thick Salve, spread
on Leather and applied hot, helps all
aches. Boyl in Malmsey, and Wine Vine-
gar ana, Deers and Goats dung ana
powdred, to the hight of a plaister,
lay it on very hot, renew it every 24.
hours, till you be well, which will be
in some four times.

Item, May Butter and Wax ana boyled
together with a little Aquavivæ, dip
double cloathes therein, and lay it to
the grief very hot, it draws out the wa-
ter and swages the swellings.

236. *A speciall unguent for Aches, Sciatica, or any other pain.*

TAke Ox gall, Aquavitæ, Oyle, and the fresh young tops of Rosemary, let them simper on the fire, close covered, till the Rosemary be very soft, then grinde them all together in a Morter to a Salve, anoint the grief therewithall by a good fire very hot, then cover it with the clothes dipped in Butter and Wax aforesaid, and lap it up warme in fur or Cotton till the pain be gone.

237. *To help any shrunk Sinews, or Ache hard in them.*

Melt together Oyl of Roses, iiii℥. Spermaceti j℥, anoint the stiffe and lame sinews therewith warm till it be well, twice a day, then plaister on the clothes wet in Butter, Wax and Aquavitæ.

238. *Imposthume in the head to break and is good for headache and the hearing.*

BOyl in a quart of white Wine, Rosemary, with the flowers, Rice, Pennyroyall, Winter-savory, & Camomile-flowers; M. in a pot close stopped, set a funnill on the top of the pot that all the vapour may goe into the Eare, be champing in your mouth a Crust all the while, it will goe into your head the better, use it four mornings together, ever new warming it, it will be well.

239. *Impostume outward to heale in any parts.*

TAke Hollyhocks roots cleane washed, boyl it in water, till it be tender, then powre out the water, then take Fenugreek and Linseed bruised, boyl them in the same water till they rope like Bird-lime, then stampe the foresaid roots and put it all well together to a plaister, and lay it to very hot, within nine dayes.

240. *Impostume to bring to matter or Sup-
puration.*

TAke the yolks of Eggs $j\bar{z}$, white Salt, powdred Hens dung li-
quid like Honey, mix them
together, without fire lay the plaister
on morning and evening warme, it will
digest it, draw it forth, breake it, and
heale it.

241. *Impostume in the body to destroy.*

WAsh Tanfy j M. Maiden-haire,
flowers that grow in the
Wheat j M. bruiſe them alone, take of
either of their iuyces one ſpoonfull,
mix them with three \bar{z} of Camomile
water diſtilled, drink thereof very ear-
ly every morning a pretty draught
warmed; this purgeth the diſeaſe down-
ward without pain, but ſin your ordi-
nary broth eat of the powder of Maid-
en haire thrice every day.

Item, The roots of Scabious, $di.$ lb.
ſtamped, adde thereto ſome powder
of

of Corall, mix them well together, and drink thereof a draught in Camomile water, the Impostume will break and be spit forth.

242. *Impostume, an Attractive to draw it forth.*

TAke three great Onyons, two Lilly roots, Rye leaves j M. Mallow roots, then boyl all these in running water till they be soft, then strain them from the liquor, and stamp them with Hogs-grease and black Sopeana j 3, Fry them together till they be thick with a little Wheat-flower, make a poultis thereof, lay it to the Sore as hot as you can suffer it.

243. *Joint Ache, the cure.*

MAke a posset of Varges, or Vinegar and Milk, bate the joint very hot therewith, apply the Curd as a Poultis very hot all night, and after apply thereto double cloathes wet therein very hot till you be well.

244. *An*

244. *An Incarnative to cover a naked bone with flesh.*

BOyl in Vinegar, oyl of Roses and Ireos roots powdred, then strain it and put thereto honey of Roses, apply it to the grief, it will cover the bone.

245. *Hypocras to make at all times with Wine, Ale, or Beer.*

TAke Cinnamon $\text{vj} \frac{3}{4}$, Ginger $\text{ij} \frac{3}{4}$. Cloves, Nutmegs, ana $\text{j} \frac{3}{4}$. Mace, Calamus Aromaticus ana $\text{ij} \frac{3}{4}$, and slice the Calamus, then put them in a quart of Aquavita in a glasse of three pintes close stopped with Wax 12. dayes, shake it every day, so keep it when you will use it to make Hypocras, take one pinte of what you will; make it sweet with Sugar, then take two or three spoonfuls of your compound liquor to it, and mingle them well together, and drink it.

246. *Itch*

236. *Itch to kill.*

Mortifie Quicksilver with fasting spittle in a Viall, mix it with so much Hogs grease as will make it blackish, therewith anoint the palms of the hands, and the soles of the feet till he be well, at night to bedward : in the morning wash it with this water, &c. take Endive water and Vinegar ana, Roche Allom, powder of Enula Campana, boyl them together, wash the itch or scurfe therewith ; this will destroy it, and kill the fluxion of blood.

247. *Incision by a blister to make.*

TAke Cantharides, Euphorbium, ana, p. æq. and black Sope mix it, and apply it.

Item, Crowfoot bruised doth the like.
Also Garlick doth the same.

Item, The inner barke of a Walnut-tree doth raise blisters, and being bruised and infused in Wine vinegar, it is strong.

248. *Issues*

248. *Issues out of the body or members to stop.*

TAke the waters of Endive, Sorrell and Vinegar, ana, boyl them with Sugar to a Julip, and take it.

249. *Impostume in the head that runnes out at the ears.*

BOyl oyl Olive on a Chafingdish of coales, put thereto two Cloves of Garlick bruised, boyl it therein, then strain it, and drop thereof warme into the eares, and stop them with black wooll.

250. *Incision to make, and take out the Coare.*

POWder Rose Alger fine, mix it with Hogs-grease, and lay it on so broad as you would have the Core come forth.

251. *Impostumes to ripen and maturate.*

BOyl the roots of Mallows and Lilblies in a q. s. of water tender, stamp

stamp them with fresh Hogs-grease and meal of Linseed therewith, and apply it hot.

252. *Joint ache benumbed or swelling, an approved Bath.*

TAke one gallon of Lye made of Wood-ashes, boyl therein Sage, Rosemary, Mallowses, Wormwood, Bay leaves, St. Johns wort ana j M. Annis and Cummin seeds bruised ana j 3, Linseed oyle di. pinte, bathe the same member therewith as hot as you can suffer it, till the Bath wax cold, use it till you be well.

253. *Faundies black and yellow, the cure.*

TAke Earth-worms, wash them in four or five waters very cleane, strip them every time with your fingers all the earth out, then stampe them very small, put stale Ale unto them, and strain them hard out, and drink it with Saffron, it cureth at thrice taking.

254. *A fomentation for weak joints and tendons.*

TAKE a pottle of the best red Wine, and put therein Camomile flowers, Melilot flowers, tops of Wormwood, Sage, Rosemary, and Dill, of each Mj; boyl the hearbs to the consumption of a third part, and often foment the weake part therewith, and apply a warme stuppe of Cotton thereto, and roule it up very hard.

Apply this for a fortnight, and you shall finde ease by it.

255. *For joint and bone ache.*

POWNE a pretty quantity of Goats dung, with oyle of Roses and Honey, then boyl them together, and apply it warme unto the grieved place, and with Gods blessing you will have ease.

256. *Kibes.*

256. *Kibes the cure.*

Roasta Turnip, cut it asunder in the middle, lay the one half very hot to the grief, renew it till it be well.

Item, Make brine of Water and Salt, bathe the Kibe with the clearest thereof cold.

Item, Melt Galbanum, Gum Dragant, and Oxe tallow together, and apply it.

257. *Kidnies wasted, the cure.*

TAke and boyl round Plantain well in white Wine, then make a posset with the Wine, then take the powder of Elderberries dried in an Oven, that they touch not one another; take as much of it as will lie on a groat, and put it in a draught of the clear warm posset-ale; if the Kidnies be wasted, you may know, for the Patients urine will be thick and cloudy; drink thereof first and last, it cures.

258. *Kidnies*

258. Kidnies ulcerated, and is approved good, to mollifie and cure them.

TAke Hollyhockes and Mal low-roots ana jM. fresh Egges jz, the Marrow of Veale bones Butter and Ducks greafe ana. iiij z, oy of sweet Almonds, and Camomile ana z di, Camomile and Balme flowers an jz. Barly and wheat meal *quod sufficit*, to make a plaister; compound all these together to pap; this you may do with all Impostumes, apply it to the Kidnie on the back, use it till you be well.

259. Kibes or bloud-fals in the feet to cure

TAke Bay salt and a raw Turnip, ana in Water, stamp them together that your Salt be very small; then make it up in a lump and lay it on a Pewter dish whelming on the one side, put that dish in another dish to receive the liquor that run from the Salt and the Turnip, an therewith anoint the Kibe or Bloud fall till it be well.

260. Llv

260. Liver heat, the cure.

TAke Liverwort, Mayden-hair,
Harts tongue, Scabious, Straw-
berry leaves, ana ij M. Egrimo-
ny, and Hop-buds, ana di. M. boyl all
these in a gallon of good Wort, to the
consumption of one quart, then strain
it, and put it to the fire again with the
white of an Egge, and one spoonfull
of pure Honey, let it boyl again, then
with a spoon scum off the white of the
egge, and put in it some Sugarcandy;
use to drink thereof every morning
till you be well.

261. Liver distempered, a Plaister.

TAke oyl of Roses ij ℥, Wax
iij ℥, unguentum Populion di.
℥, melt them together on the
fire well mixed, then take it off the fire,
put it in a Morter, adde thereto red
unders steeped in Rosewater one
spoonfull, and Camphire prepared j ℥,
stirke all these well together with a
stle till they be well mixed, when it
is

is cold make a Plaister thereof and lay it on the right side against the Liver, use it till you be well.

262. *Linseed-oyl to purifie or prepare for Medicine.*

TAke fresh Oyster-shells wiped clean, and small powdred, put that powder into the Oyl, it will draw out all the filth from the oyl to the bottome, then powre out the clear oyl from the corruption.

263. *Lapis Infernalis to make Incision Issue, and Corrodates an Impostume.*

TAke unslaked Lime, Vine, and Willow-ashes, Argall burned, Sal Peter, Mercury Sublimate, Arripigmentum and Copperas ana, all finely powdered; then put them into a new red Pipkin, put thereto of the strongest Sope-makers Lye as will cover them so let it stand covered to infuse for threedayes, then filter it cleare, or draw the Lye clean off, then boyl it in a Pipkin close covered, and powre all the

substance on a Boord to dry, then
rame or cut your stones to the bignesse
it for your purpose: When you would
at a hole with one of them, make a fit
hole in the midst of a plaister right a-
gainst the place you will open, lay
your stone in the hole, and clap ano-
ther plaister upon it to keep it on, till
you have your issue or hole therein.

264. *Legges swolne, the cure.*

BOyl the juyce of Walwort, Wax,
Vinegar, and Barley-meal to a
Plaister, apply it hot, use it as you
see cause.

265. *Livers Inflammation, a Julip, or a
ptisan for it.*

TAke three quarts of Spring wa-
ter and husked Barley j M. boyl
them together a good while, then
put therein Violets, Lettice, Harts
tongue, Liverwort, Sorrell and Borage
ana j M. Raisins of the Sunne stoned,
runes ana ij $\frac{3}{4}$; when they be boyled
well, put in some Sanders, strain it and
rink it warm.

Item,

Item, The conserves of Barberries, Cherries, Prunes, or Roses, or any of them are good.

266. *Another to cool the Inflammation of the Liver.*

TAKE Syrup of Vinegar, simple Endive water, Succory water, mix them together with Sugar, and drink it.

267. *Liver, all Grievs, the cure.*

TAKE Endive water, Fumitory and Scabious waters ana j℥ss, the syrup of Vinegar simple, of Fumitory and Violets, ana ij ℥, Succo rosarum Confectio hamech, ana j ℥, mix it, and put them in a Vial, take thereof first and last at once j ℥, or more if need be.

268. *Liver and Milt oppilation, the cure.*

BOYL Smallage and Elder in Wine and drink it often, it helpeth.

Item, the Potion taken warm with few Radish seeds, causeth vomit also.

269. *Le*

269. Lethargie or Epilepsie, the cure.

MAke an Electuary two parts of Lignum Aloes, and Cassia ligna, and the third part of Euphorbium and Carduus, confect these with Honey, and give the patient $j\bar{z}$ at once, in the morning, at two of the clock in the after-noon, and last at night in Balme water.

270. Liver and Milt oppilation, the cure.

BOyl Ivy and Hypericon in Wine, ana p. æq. and drink it often, it cureth.

271. Lice and Scabs in Childrens heads, the cure.

TAke red Sage, chop it small, and boyl it in fresh butter, with some Pepper powdred; let it boyl together, then strain it, and anoint their Heads herewith cold.

272. Le-

272. *Leprosie or Leper, the cure.*

TAke Mercury, Sothernwood, Origanum, Calamint, Rew, ana j M the juyce of Beets iiiij 3, Annis, Fenell, and Cummin seed, and Rew ana j 3, oyl of Bay ij 3; make your Decoction, and therein dissolve Hiera picra j 3; make a Glyster and minister it, and anoint the Belly with oyl of Rew. Then digest the matter with Oxymel Squilliticum, with the Decoction of Asarabacca, and Valerian, putting thereto Diagalanga Diapenta ana iiiij 3, mix them all together.

273. *A Purgation for the matter digested.*

TAke Benedicte laxativa, Hiera picra ana ij 3, Euphorbium, Spicknard, Mastick ana two graines, make it up in Pils, let the Euphorbium be very grosse beaten, and tempered a day and night in Vinegar, or juyce of Orenge, and oyl of sweet Almonds.

274. Lethargie, the cure, and first the
unguent.

TAke the juyce of Purslaine, white
Vinegar, oyl of Roses, ana Wax
quod sufficit, to make an unguent,
therewith anoint the hinder part of the
head.

275. *A Glyster for the same.*

Dissolve in your common decocti-
on for Glysters Benedicte Laxa-
tiva ii 3, and use it as need requires,
then rub the extreame parts with salt-
water and Vinegar, or with salt and
Vinegar strongly, use this every day for
three days together, after that anoint
the hinder part of the head with this
following ointment.

276. *The Ointment.*

TAke the juyces of Smallage, Rew,
and Castor fine powdred ana ij 3,
Wax and oyl *quod sufficit*, and continu-
ally smell to Asa foetida and Galba-
num. H Lastly,

Lastly, use Ruptories which must be laid to the hinder part of the head, as followeth :

Take Mustard, dry Figs ana j 3, Cantharides j 3, incorporate these together with strong Vinegar and apply it.

277. *Lungs Impostume, the cure.*

First, let blood on the veine Basilica, on the right arme, the next day open the same veine on the left arme, then use this following:

Take the syrups of Maydenhaire, and Endive ana di. ℥, of Succory, the foure cold seeds, ana j 3, Licorice and Barly mundified, Raylins stoned ana iiij 3, honey iiij 3, Sugar j ℥, make your syrup according to Art, anoint the Patients breast with this unguent, viz.

Take Fennell seed bruised, Linseed bruised, and leaves of March Mallows, the leaves of Bearfoot, boyl them well together in water, then stamp them, adde thereto in the stamping Butter unsalted, and fresh Swines grease, make your

your Ointment, use a good diet, with bread and broaths, made with Barley or Oat-meale, and Almond milk, Chicken-broth, wherein the foure cold seeds be sodden.

278. *For a Woman that hath a hard labour, and cannot easily be delivered.*

INfuse a handfull of Pennyrial, with a little powder of a Mugwort roote dried, in a pinte of new Ale or white Wine the space of two or three houres, then give it the party to drink; This also is very good to bring away the after birth.

279. *To cure one that is Livergrown.*

TAKE Hartstongue, Liverwort, Lungwort, Maiden haire, of each a good handfull, pick them clean, and wash them, and put them into two gallons of new Ale, in a little Rundlet, and let it stand a fortnight before you drink it: The herbes must be grossely bruised.

280. *Then make this Ointment.*

TAKE the same herbes, wash them, and pick them clean, and shread them, and take a pinte of Neatsfoot oyl, and halfe a pound of fresh Butter out of the churn, an ounce of Mace, boyl all these very well till it come into an Ointment, then strain it, and anoint the side that is Livergrown, and all the belly, and stroke the side well with your hand before the fire, and take care the patient take no cold; put a warme double cloth over the side: and use this Ointment evening and morning, drinking the drink also evening and morning, and in the afternoon about foure of the clock, fasting an houre after it.

281. *To help obstructions of Liver and Spleen, ease coughing, and cleanse blood.*

TAKE of Lungwort, Liverwort, Scabious, fumitory, Buglosse, Violet and Strawberry leaves of each a handfull, of great Raysons having their

their stones taken out a quarter of a pound, boyl them in three quarts of cleare running water, being all first picked and cleansed, put thereto a good handfull of Scurvygrasse well picked from drosse and rotten leaves: putting thereunto of Lycorice seraped and sliced a pennyworth, with a pennyworth of good clean Anniseeds, 12. Figs sliced in halfes, with an ounce and a half of Sugar candy, boyl this till the herbes be tender, then take the Decoction off the fire, strain it and let it coole, and drink fasting, and about foure in the afternoon a pretty draught, whilest it lasteth.

283. *Mad Dogs biting, the cure.*

TAke powder of Craifish shells j 3, drink it in Dragon water with Mithridate j 3, and apply to the sore the same powder mixed with Garlick bruised.

284. *Meagrum in the head, Impostume, Fever, and all Head-aches.*

TAke of the roots of Pellitory of Spaine j 3, Spicknard di. 3, beat them together, and boyl them in good Vinegar, then let them cool, put thereto Honey and Mustard ana sawcerfull, mix them well together, let the Patient put halfa spoonfull thereof in his mouth, and hold it there a good while, then spet it forth, renew it so twelve times, when you goe to bed drink a little downe, use this three dayes, and you shall be well.

285. *Menstruums to provoke.*

TAke so much of the powder of Aristolochia rotunda, Myrrhe and Savin mixed ana as will lie on a shilling in warme white Wine, add thereto one race of Ginger grated.

286. *Men*

286. *Menstruous to stop the much flowing.*

TAKE the shels of a new laid
Egge, the inner skin pilled off,
boyl it in water one houre,
then dry it and beat to fine powder,
drink that powder at twice in red Wine
warm, at every drinking goe to the
newest Moale casting, put away the
earth with your foot, and sit down and
make water in the Moale hole, use this
till you be well, during this cure let
her eat Isinglasse.

287. *Morphew, to cure.*

TAKE the juyce of Orpins mixed
with strong Vinegar, and many
times anoint the same.

288. *Morphew, a Lotion.*

TAKE one spoonfull of Mustard,
Celandine, and wild Tansie ana
j M, stamp them till they be
thick like green-sauce, then powre to
them strong Wine Vinegar four spoon-
fuls,

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fuls, mix them well together, then strain the liquor hard out, and therewith often bath the grief till it be well.

289. *Mother suffocation, the cure.*

TAke the leafe of the great Burre, lay it on the crowne of the head, and lay upon that a hard roasted Egge crushed thereon, bind them fast od with with warm clothes, first shave the crown of the head.

Item, Take the powders of Harts-horne, Ivory, the haire of a Hares skin. the clawes of a Sheep or Goat burn'd to powder, take of these powders in your Broth.

290. *Mother, the paine in a Womans body.*

TAke Mother-wort, Germander, Hyfop, Diptany, Thyme, Violets, and Marigolds ana j M, boyl them in ordinary Ale, scum it clean when it is half sodden, put to it di. pint of Bastard, and strain it, drink thereof warme morning and evening.

291. *Mother*

291. *Maturative to bring an Impostume to suppuration.*

TAke the juyce of Smallage, honey, flower of Wheat, and yolks of Eggs mixed together, and apply it to the Impostume:

292. *Maturative, another.*

TAke juyce of Daisies, Plantaine, and Smallageana, put thereto honey clarified, stir them on the fire together, and thicken it with Wheat meale, when it is almost cold put to the yolks of three Eggs, mix them and lay it on with lint; this is also good for womens breast smolne.

293. *Milt oppilation, the cure.*

TAke the juyce of Docks with Storax liquid, and gum Armoniack, and Vinegar, infuse them three dayes, then boyl them and strain them, adde thereto Wax and Oyl, make a plaister thereof and apply it to the grief.

Item,

Item, Boyl the Dock in wine or water, drink it, it will cure.

294. *Morphew spots, or marks in the skinne, to cure presently.*

TAKE the flower of Brimstone ij z , infuse it all night in strong wine Vinegar six spoonfuls, mix them well together, therewith anoint the spots, or wet them well, and put linnen cloths double, and wet therein, and apply them till it be well.

295. *Mouth sore, or sore gums, and to fasten loose teeth.*

TAKE Rosemary, burnt Allomana both powdred, a little white Salt, boyl them in water with English. honey, therewith dresse the mouth.

296. *Mouth*

296. *Mouth sore, or any other part, a Lotion
most excellent.*

TAke Celandine, red Sage, and Honeyfuckle leaves, and flower ana three handfuls, pure English honey one quart, Roche Allom j lb iiij 3 small beaten, graines of Paradise j 3, grosse beaten or bruised, boyl all theie in one gallon of Spring-water in a close covered Pipkin, from a gallon to a pottle, then straine it, and put it up in Vials, it is good to Sunne it six days, this Lotion cured any sore being washed therewith.

297. *Morphew or spots in the skinne or in
any part.*

TAke oyl of Egges, what quantity you please, temper them with a good quantity of Letharge of silver bruised, and anoint the spots therewith.

Item, The oyles of Janiper and bitter Almonds mixed, and anoint therewith.

Item,

Item, Take Hellebore ij 3, stamp it to pap, and mix therewith as much juyce of Egrimony, and a little Rose-water, anoint therewith the spots.

Item, Camphire powdered with two bitter Almonds, then temper it with Rose-water, anoint the place.

Item, In using any of these medicines, eat morne and even syrup of Fumitory, and purge with Confectio hamech.

Item, Let his drinke be morne and even Fumitory and Centory in Claret Wine, boyled with a little powder of Ivory.

298. *Against fittes of the Mother. Dr. C.A.*

Rx of the juyce of Briony roots, strongly pressed out, put it up into some fit vessell, till it be well cleansed, or settled, then throwing away the moysture swimming on the top of it, let the masse remaining behind in the bottome of the vessell, which is thick and white, be dryed up in the Sun; then

Rx of this juyce so prepared, and reduced into powder 3j 3, of Castor
pow-

powdered one dragme, of *Assa fetida*
 \mathfrak{D} ij, with as much syrup of *Mugwort*,
 as shall suffice, make up a masse for
 Pilles.

The Dose is two scruples in Pills
 for one time.

199. For Ulcers in the Mouth or Throat.
 Dr. C. A.

Rx of *Diamoron*, and Honey of Ro-
 ses of each one ounce, of flowers of
Brasse subtilly powdered two scruples,
 mingle it up into a liniment.

300. To make *Manus Christi*.

TAke iiij ounces of pure refined
 Sugar, and put thereunto foure
 spoonfuls of *Rose water*; boyl them
 together, to the hight of a Candy, then
 take it off the fire and put to 2 graines
 of Musk dissolved, Pearle unboarded
 finely powdered two dragmes, a little
 leafe gold after you have stirred the o-
 ther well together, and formed them
 into little round plates, then put into
 every plate, a peece of the leafe gold cut
 out for it.

301. Nerve

301. *Nerve Oyle to make for all Aches and Bruises.*

TAke Camomile, white Archangell, Plantaine, young Wormewood, Mints, Walnut-tree leaves, Sage, Violet leaves, Mallows, Rew, Chickweed, Brocklime, Watercresses, Southernwood, Smallage, and yong Bay leaves, ana j M. Bruise them all in a Morter, then boyl them in a pinte of white Wine close covered, till the Wine be neer wasted, then adde thereto Hogges-grease and Deer seweret aia one lb, Linseed oyl and Neatsfoot oyl ana one pinte, Rosin powdred six ʒ, Galbanum prepared ij ʒ, boyl all these on a soft fire close covered, till the Unguent be green, then strain it out, and presently as it is hot mix therewith liquid Storax and oyl of Spick ana j ʒ, mix it till it be cold.

Item, If it be for Beasts, leave out the Storax and oyl of Spick, and in their stead put in their weight of Sope: you must make it in the midst of May.

302. *Noli me tangere, to cure and cool.*

TAke Stubwort and stamp it, and temper it with honey, make a plaister of it, lay it cold on the Sore : within foure Plaisters it will mortifie the grief.

303. *Neck Botches, or other place, the cure.*

TAke Dogs tongue, shred it, and stampe it small, boyl it in Malmsey till it be thick, then mix therewith the Melilot plaister, and plaister it to the grief, it will dissolve and heale it without breaking.

304. *Neck and Cheekes swolne the cure.*

TAke the fine powder of Cummin seed di. lb, Figs cut small, boyl them together in white Wine till it be thick, then mix therewith foure spoonfuls of Beane meale, make a Plaister thereof, lay it to the swelling, so continue till it be well.

305. *Nose*

305. *Nose Ulcers, to cure.*

TAke small Hollyhock, Plantaine and Shepheards purse their juyces ana j 3, the white of two Egges, Camphire small bruised iiij 3, prepared Tutia, Broom seed, ana j 3, burned Allom, Coral, Amber, ana ij 3, Starch j 3 di. Bruise all these together in a Leaden Morter some hours together, use this four times every day till it be well.

Or take the juyces of Hazell leaves j 3, and Bettony iiij 3 mixed, and with a quill drawn up into the nose divers times in the day, is likewise good.

Item, Let the patient purge with Pillulæ cochia, or Hieræ picra, or such like.

306. *Bleeding at the Nose.*

A Desperate bleeding at the Nose was, by making up two Pills of Laudanum, each pill containing the weight of eight graine longwise, and then stopping each nostrill, with

a sevarall pill was in very short time cured.

307. *For a Childes Navill going forth with weeping.*

TAKE Wax as it cometh from the Honey, and when you have occasion melt it in a saweer, and dip black wooll in it, and lay it to the Navill, then sowe a twenty shilling peece of gold in a fine linnen Cloth, and keep it on the Childes Navill with a wathband.

308. *To cure a disease like to a Wart on the Nose.*

TAKE of Sulphur vivum one ounce, reduce it into very finall powder thorough a fine searce, then put thereunto a pinte of Rosewater, set it in a lasse close stopped, in the sun for the space of forty dayes about the dogge days, and then in the end if a dragme of Camphire very finely powdered be put hereunto, the medicine will work much the better.

309. *Oyl*

309. *Oyle of Swallowes to make.*

TAKE ten yong Swallowes, put them quick in a Morter, put to them Lavander, Cotton, Spike, Camomile Knotgrasse, Ribwort, Balme, Valerian Rosemary tops, Woodbine tops, string of Vines, French Mallowes, tops of Alehow strings, of Strawberies, Tutian, Plautaine, Walnut leaves, tops of yong Bayes, Hyfop, Violet leaves and Sage, Romane Wormwood, ana j M. Camomile and red Roses, ij M. of each, stamp all these together, put to it one quart of Neats foot oyl or May Butter, Cloves fine powdered j 3, put all these in a new red Pipkin close stopped and layd for nine days in a Cella under ground, then boyl them in a Balneo six hours, adde thereto Wax di. lb and one pinte of Sallet oyl.

310. *Oyle of Saint Johns Wort to make the best.*

TAKE j lb of the flowers and leaves of St. Johns Wort, put them in

a broad Viall with so much white Wine as will cover the Hearbs, set them in the Sun ten days, then put thereto Sallet oyl ij lb, let them stand in the Sun other ten days, put thereto of Venice Turpentine iij 3, Saffron powdred j 3, Nutmegs, Cloves and elect Myrrhe ana iij 3, Frankincense powdered j 3, put them in a great bottle close stopped, let them boyl in Balneo till no more vapours will ascend into the head, which will be some 24 hours, then take it forth, and strain it, while it is hot, put it in a glasse close stopped, so it is made up: this Oyl must be used alwayes warm; Tent no wound therewith, but dresse them all with cloths wet therein and laid thereon, so it heales best and quickliest.

II. Another Oyle of Saint Johns Wort for Aches and Bruises.

TAke Sallet oyl one pinte in a Viall, put thereto of St. Johns Wort flowers beaten ij M. of the leaves or red Rose buds, the white ends cut off, the flowers or tops of

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of Rosemary and Camomile flowers
ana j M. set the Viall in the Sun til
the Oyl be blood red, put thereto
the powder of Alkanet iij 3, so it
is made.

312. *Oyl of Snayles for any Ache, to make*

TAke in May black Snayles one
pinte, put them in a great Ox
bladder with one pint of A
quavitzæ, and the substance of all the
Oxegall let run into the bladder to
the rest oyl of Peter ij 3, oyl of Spick
ij 3, tie the bladder fast, and put into
another great bladder, and hang it up
fast tyed for twenty days, where no
Rats nor Mice may come, then straine
it, and keep it to your use, put with
it liquid storax j 3, it giveth a good
smell, and is also good.

313. *Oynt-*

313. Ointment to expell Wind pain in the Back, stone in the Kidnies, Sciatica, or any ache, anoint the pain in warme, being first rubbed with a dry cloth.

TAke an Oxe Gall, slit it in the bottome, let it run out into a Pipkin, adde thereto Neatsfoot oyl j lb, ground Ivy, Rew, Camomile and Thyme, ana j M, pound them in a Morter together, adde thereto Aquaviræ j 3, boyl them all at a soft fire three quarters of an houre, stir it often in the boyling, then strain it, and so it is made.

314. Oyle of Egges to make.

TAke the yolkes of thirty Egges, sodden very hard, put away the whites, then put the yolkes in a Morter, beat them small, then put them in a broad Pipkin, cover them with a round Trencher with a hole in the top, and with a rowling pin thorow the hole, still stirring them as they boyl, till they be all turned soft, then strain out the yellow yolk. 315. Oyl

315. Oyl of Bever-Cod, good for paine in
Sinews and Joynts, Palsie and stiffeness
of the Neck; it allayes the cold of Agues
if you anoint the Back-bone there
with.

TAke Bever-cod j \bar{z} , Euphorbiu
iij 3, Myrrhe ij 3, strong white
Wine viij 3, Sallet-oyl 12 3
let them boyl close covered till the
Wine be clean spent, then strain it, and
keep it to your use.

316. Oyl of Camomile is good to open the
Pores and sweat-vents; it expels Vapours,
and is good for paine in Sinewes, Joynt,
and Guts.

TAke sweet Camomile flowers, as
much as you will, put it in a pre-
serving Glasse, and cover it with
sweet oyl, then stop it, and set it in the
Sun fourteen days, afterwad boyl it in
a Balneo, then strain out the Camomile,
and renew the oyl with fresh flowers so
often till it be perfect in smell and co-
lour, then use it as aforesaid.

317. Oyl

317. Oyl of Dill asswageth all paine, opens the Pores, consumes Wind and all hard Swelling, it takes away all shaking of Agues, causeth sleep, eases the pain of the Head in hot Agues, if you anoint the Back-bone therewith.

THis oyl is made of the Herb and flowers, as you make Oyl of Camomile, with old oyl.

318. Oyl of Lillies healeth all pain of cold in Brest, Reines, Bladder, Matrix and Guts, it digesteth and asswageth the Cough, ripens all Impostumes, drieth all foule Sores in the Head, diminisheth all Sweatings if you mix Saffron therewith.

TAke the white leaves of Lillies, and prepare the oyl as afore-said.

319. Oyl

319. *Oyl of Wax to make.*

Melt j lb of Wax small chopped
 mixe therewith some ij lb of
 well burned Bricks small powdred, o
 as much as will serve to worke it u
 like soft past, then put it all up in a
 earthen pqt, to distill with a glasse lyn
 along according to Art.

320. *Opiates to procure sleep in a melan-
 choly madnesse.*

First, let the Patients hands and feet
 be washed with a decoction of
 Dill, Camomile, Lettice, Poppy, Mal-
 lowes, and Willow leaves, and after
 anoint them with oyl of Poppy-seed
 by expression, or let him smell to this
 Opiate following :

Take jz of Mithridate, five graines of
 Opium, three of Saffron, with one
 spoonfull of Malmisie, and two graines
 Champhire, put all into a Limmon
 Pill emptied of the juyce, and smell
 thereto often about your houre ordi-
 nary to sleep. If this faile, take di. 3

of

of Philonium to bed, or some other
wholsome Opiat going to bed well
corrected.

321. *The white Oyntment.*

TAke of Hogges greafe finely
tryed half a pound, of white
Lead called Ceruse in the
Shops, as much of Virgins Wax one
ounce, and in stead of 2 ounces of Suet,
put in 2 ounces of oyl of unripe Olives,
called *Oleum omphacium*; set them
to melt over a very gentle fire, conti-
nually stirring of it, put unto it one
dragme of Camphire, then take it off,
and stir it till it be cold, then put it up
in a pot for your use; It is good against
any Inflammation, or burning, against
Kibed heels, galling or chafing, or for
any humour which breaketh forth of
the skin, and runneth.

322. *To make Tobacco salve.*

TAke of green English Tobacco,
2 pounds, and of Plantaine Mij,
hread the leaves, and stamp them in a
stone

stone mortar, and put into them a cup of red Wine, and let them stand all night, then take Sheeps suet, and Hogges grease, ana halt a pound; but if you leave out the grease, and put instead thereof a pinte of Sallat oyl, and a quarter of a pound of the best Rosin, and set these to boyl to the consumption of the juyce, then strain them, and put to them 4 ounces of Wax, and 3 of Turpentine, and set it to the fire again, suffering it not to boyl about 2 or 3 walmes; taking it then off, and straining it into a pot, and reserving it for your use, you will finde it very good for any old sore.

223. *An excellent black Salve, good for any green or old sore, for Ague sores, or sore Brest, and will kill a Felon.*

TAKE halfe a pound of Wax, of Sheeps suet as much, Sallat oyl 4 ounces, Rosin of the Pine tree one ounce, Frankincense 2 ounces, of Cloves 4 ounces, of Mace, and Mastick of each 2 dragms, of common Rosin 4 ounces, Stone pitch halt a pound, of red

red Rose water, and Plantaine water, of each 3 spoonfulls, of red Wine Vinegar 6 spoonfulls, three spoonfulls of Hollyhock water, or as much of the juyce of it; let the Suet be tryed, shread the Wax, and beat the Rosin, and Mastick, as also the Cloves and Mace into fine powder, put all these things together, and set them to melt over a soft fire, and keep stirring it till it begin to rise, as you may find by your stick, and that all your stuffe be melted, and when you drop it upon a brick it will seem somewhat stiff; then take it from the fire, and stir it till it be cold, and fit to strain, then put it up in a gally pot for your use.

324. *Palsie, the cure.*

TAKE Cowslip flowers, or roots, red Mints, Lavander, and Sothernwood ana j M. stamp them small, and boyl them in strong Ale one pinte, put to it Bay salt j 3 di. when your liquor is halfe wasted, take out the hearbs and stamp them again, then put thereto as much good Mustard as halfe your
I 2 herbs,

herbs, thereof make a plaister. If the disease be in the tongue, lay it to the Nape of the Neck; If in the jaws, towards the eares, or cheeks; if in the hand, to the pulse, and let it lye 12 houres, wash your hands where Sage hath been.

325. *Another by Potion.*

TAKE the distilled water, of Sage iv. 3, Betony water one spoonfull, Triacle of Venice, Conserve of Sage and Betony, ana di. 3, Conserve of Cowslips di. and Carduus water iv 3, Chymicall oyl of Nutmegs vj drops, powder of Castor di 3, and Sugar *quod sufficit*, take four spoonfuls thereof first and last, or at any time with the use of the foresaid plaister.

326. *Palsie, Gout, Cramp, Convulsion, Sciatica, old aches, and Contractions.*

TAKE oyl of Turpentine j lb, Venice Turpen di. lb oyl ot Bayes iv 3, oyl of Spike j 3. Juniper berries di. lb, Castor j 3, Euphorbium ij 3, Cloves, *admodum* Macc,

Mace, Nutmegs, and Cinamon ana j 3
Lavander flowers, Sage, and Lillies of
the Valley ana j M. Mastick, Myrrhe,
Frankincense ana ij 3, Brocks grease
iij 3, Mummy j 3 di. digest them for
one moneth in horse-dung, then di-
still them, and anoint the grief there-
with.

327. *Plague, an Antidote.*

TAke Setwell-roots, Calamus
Aromaticus, Bole armoniack,
Tormentill roots ana j 3, San-
guis Draconis, and Terra Sigillata ana
ij 3 fine powdered, mix them all with
di. lb of Triacle, so take it.

328. *Piles, the cure.*

TAke burned Musle-shells fine
powdered, mix it with Honey
and Saffron, anoint your Piles
therewith.

Item, Boyl in fresh Butter, Pilewort,
Elder leaves or buds till it be a salve,
make it yellow with a little Saffron,
anoint therewith.

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Item, Take Anniseeds burned, and powdred Honey, and Saffron, mix them well together, make a plaister thereof, and apply it, first wash it in white Wine wherein Scabious hath boyled.

329. *Plague, an Antidote.*

TAke pure Triacle j ℥di. put it in a Gally pot, put to it Myrrhe, Bayberries husked, Aristolochia rotunda, Gentian, Ivory, and Harts horne ana iiij 3, all fine searced and mixed with long Pepper, Annis, Carroway, and Fennell-seeds, ana iiij 3, stirring them with a Spatula in the pot of Triacle, the Dose is j 3 alone, or with a posset-ale mixed.

330. *Plague, a defensive.*

TAke Rew, Elder leaves, Cinkfoyle, or Tormentill, red Sage, red Bramble leaves, Sorrell, Marigold leaves, and Angelica ana j M. stamp them all in a Morter, then put to them white Wine one quart, wine Vinegar di. pinte, white Ginger powdered iiij 3, let

let it so stand in a pot close stopped twenty foure houres, then strain it hard forth; let the elder people take every morning two spoonfulls, fast two hours after, and children one spoonfull, use it nine mornings.

331. Plague to prevent and cure.

TAke Cinnamon $\text{j} \text{ } \overline{\text{z}}$, Terra sigillata $\text{vj} \text{ } \overline{\text{z}}$, Myrrhe $\text{iiij} \text{ } \overline{\text{z}}$, seeds and rinds of Cytrons, roots of Dittany, Burnet, Tormentill, Zedoary, and Corall ana $\text{ij} \text{ } \overline{\text{z}}$; Unicornes horn 3j finely powdered, yellow Sanders and red ana $\text{j} \text{ } \overline{\text{z}}$, white Bean, and Marigold flowers ana $\text{j} \text{ } \overline{\text{z}}$, Scabious, Betony, Basil seed, bone of a Stags heart, and Saffron ana $\text{ij} \text{ } \overline{\text{z}}$, Sugar $\text{iiij} \text{ } \overline{\text{lb}}$, then with the Vinegar of Citrons make an Electuary, the Dose is every morning $\text{j} \text{ } \overline{\text{z}}$; this prevents infection: if one be infected with cold take it in Wine, if with heat, in Rosewater and Vinegar, and sweat two hours after.

I 4 332. Plague

332. *Plague sore to ripen and bring forth.*

TAke a great white Onion pilled and cut in peeces, fresh Butter iij℥, Leaven j ℥, Mallowes and Scabious ana di. M. If you want the Herbs, take Garlicke, j℥, boyl them soft to a poultis, apply it very warm.

333. *Polypus, a grief in the Nose.*

TAke the leaves and branches of Buckwheat, distill it in Balneo, the water thereof is perfect good to stay the spreading of the Canker, although thought uncurable, then with the Magistrell oyl heale it up.

334. *Pox small, the cure.*

LEt the Patient sweat first, then give him Mithridate iij graines, or as much Saffron, any of these expels them, then when they are come to a scab, and full ripe, that is, when they look yellow, then take a peece of fat Bacon

Bacon, roast it, let it drop in faire water : then take the droppings, and wash it again in three severall waters, and wash it at last once in Rosewater, then with this fat anoint your face foure times every day, this will defend the face from any deformity.

For want hereof, anoint the face with oyl of Roses iiii 3, and Spermaceti j 3 mixed.

335. *Plurisie or Stitch, the cure.*

Melt Dialthea ij 3, mix it with oyl of sweet Almonds iv 3, warm it, and anoint the griefe, then sprinkle on the place with the powder of Cummin searced iv 3, then warme a Colewort leafe, and anoint it with fresh Butter, and lay it hot to the place, bind it fast on.

But the surest way is, to let blood presently, and purge next day.

336. Pox great, the soonest cure.

TAke Guaiacum, from the Turners the thinnest chips j \bar{z} , of the barke of Guaiacum iiii \bar{z} , infuse them foure and twenty hours in a Diet pot with pure water eight quarts, the next day boyl it soft simpering to the consumption of three quarts, drink of this warm morning and evening a good draught, first strain it from the wood, then put the pot with the wood to the fire with eight quarts of water again to boyl, till two quarts be wasted, then strain it out, let it be his usuall drink at meales, and all day to drink cold.

Let him every second day drink a great draught of the strongest first, drink very hot and sweat two hours after in bed, and dry it with fresh linnen, and change his shirt, use this till all seabs, aches, &c. be gone, for till then he is not found.

337. His

337. His Diet.

EAte of the stalest white Bread or Bisket, and some of the blewest Raisins of the Sun for breakfast and supper, his dinner must be a neck of Mutton very dry roasted, but once basted, or a Chicken or Rabbet dry roasted.

Item, Before he entereth his Diet, he must purge twice, and be let blood once, and once a week purge during his Diet.

Item, The first fourteen dayes let him keep his Chamber.

Item, Let him alwayes purge with ten graine of dulcified Mercury given in a pill of Mithridate.

338. Purgations to prepare.

TAke Senna, Turbith, Diagridii ana iij 3, Epithimum, Galingale ana j 3, di. Annis, Cinamon, Ginger, ana i 3, salt Gem fixe graines, all fine searced and mixed, the Dose is j 3 in Dia prunis or posset ale.

339. *A Purgation wich purgeth all Aqueous humours.*

TAke Rubarb, Turbith, Hermo-
daetys, Diagridii, Senna, A-
garick, Mechoacan, Sugar ana
ij 3, Cloves, Fennell, Ginger, Annis,
Mastick, ana j 3, Saffron and Cinamon
ana ij 3, pulverize and searce all these:
the Dose is j 3 in Succory water or
posset-ale.

Item, For a child of seven yeares old,
or a Woman with child, between iiij
moneths and vij, take Mechoacan
fine searced, and of this former Pow-
der ana j 3, give it in Sugar sops within
diaprunis.

340. *Pils that purgeth the foure Humours.*

TAke Mirabolans and Rubarb ana iv
3, the juyce of Egrimony & Worm-
wood ana ij 3, Hermodaetys, Aga-
rick, Colloquintida, Polypody ana j 3,
Diagridii, Turbith, Aloes ana vi 3,
Mastick, red Rose leaves, salt Gem,
Epithimum, Annis and Ginger ana j 3,
mix

mix them and searce them, compound them in a Morter with syrup of Roses to a Masse for Pils, the Dose is $\text{ʒ}3$ in five Pils, taken in the pap of a roasted Apple, or any syrup.

341. *Plaster Basilicon to draw and heale.*

TAke Wax, Rosin, Cows tallow, Pitch, Birdlime, elect Myrrhe, Tarre and Olibanum ana $\text{vj}3$, melt the Rosin, Tallow, Pitch and Wax, then strain them powder fine your Olibanum and Myrrhe, then put them in, and at last put in the rest, stir them well till they be cold:

342. *Plaster Gratia Dei.*

TAke Bettony, Vervine, Pimpernell, Daffies, Plantaine, Centorrey, Ribwort, and Avens ana $\text{ʒ}M$. Herb *gratia Dei* $\text{ij}M$. both crops and roots, wash them clean, and bruisse them small in a Morter, then put them in an earthen Pot, and put to them a pottle of good red Wine, or white, cover it, and boyl it from a pottle, to
a

quart, being boyled, let it stand twelve houres, then strain it thorow a cloth, then wash the pot again with white Wine, and put in the Liquor again, and boyl it, then take Wax di. ℥. Rosin di. ℥. Galbanum j ℥, Mastick j ℥ small powdered, let it boyl well, still stirring it a quarter of an houre, then take it from the fire, put thereto Turpentine iv ℥, stir it till it be well compounded, then strain it thorow a strong canvas cloth, the next morning put some Womans milke of a man-child to it, melt it on the fire again ready to boyl, then anoint your hands with oyl or Butter, make it up in rowles.

343. *Plumbeous plaisters, or of Lead, to heale and finish a sore.*

TAke Chalke ij ℥, Hogs-grease ij ℥, Cerusa j ℥, Lapis Calaminaris j ℥, then beat and mix the Ceruse and Chalke in a hot brass Morter with a hot Pestle halfe an houre, adding some Hogs grease thereto in beating them, then make it up in small rowles, when you use it spread it on Leather a good thick-

thicknesse, let it lye 24 houres unre-
moved, so use it till you be whole.

344. *Plaister green to cure green and new
Wounds.*

Take clarified Sheeps-sewet, the leaves
of green Tobacco, Hounds tongue, Saint
Johns Wort, Valerian, Plantaine, Rib-
wort, Selfe-heale, and Tutsane leaves ana
di. lb. Hogs grease di. lb. chop the
herbs, then boyl them in the sewet and
grease till the greenesse be out of the
herbs, then strain it out and presently
mix threrewith Venice Turpentine, and
Wax ana ij 3, first melt the Wax, and
put it in so hot, mix all well together.

345. *Plaister that cureth all waterish stinking
humours.*

TAke Chalke fine powdered j lb.
Hogges grease 12 3, compound
them together with your hands till
they be thick like dung, then lay it on
the sore di. inch thick till it be well.

346. Black Plaister m^undifieth all sores, and
taketh away all Paine.

TAKE Sallet oyle and white Vine-
gar ana 12 $\bar{3}$, white Lead and red
Lead ana ii $\bar{3}$, Wax iij $\bar{3}$. boyl all toge-
ther till they be black, then adde
thereto Camphire prepared iv $\bar{3}$,
when it is taken from the fire, and
mix it well.

347. Plaister of *Tapsus barbatu*, that cures
all Cankers, Fistulaes, Plague-sores, bot
Bruises, Botches or Felons.

TAKE the juyces of Smallage, Car-
dus, young Wormewood, Mul-
lin, Walwort, Pimpernell, Dovefoot,
Plantaine, Egrimony, Mugwort, Sage,
Daisies, Nightshade, and Fluellin ana j $\bar{3}$.

Woodbine iv M. when they be stamp-
ed and strained, put to as much Honey
in measure as you have in juyces, then
boil them together in a new red Pipkin
close covered, let them boyl simpering,
still stirring it till it come to the thick-
nesse of Honey, then take it from the
fire,

re, and keep it in a new earthen pot
loſe covered.

When you have a plaister for any the
ſes afore aid, then take of this honey
℥ 3, Wheat meal ij ℥, boyl all theſe
together one walm, ſtir it ſtill for fear
of burning, then take it from the fire,
put to it preſently Venice Turpentine
℥ 3, mix it well with the reſt, when it
almost cold, poure the white of two
eggs well beaten thereto, mix them to-
gether till it be cold: now the plaister
called Diafloſmus.

8. *A Lotion to waſh the griefe before you
plaister it, dresse it twice a day, bath it hot,
or ſeringe it before the plaister be applied.*

TAke Nightshade, Smallage, Egri-
mony, Fluelline, Sage, Carduus
ana M. Woodbine ij M. Allom
℥ 3, Honey ij ℥, Plantaine water and
White Wine ana one pinte, boyl all
theſe Herbs ſmall cut till their ſubſtance
is forth, with the Honey, Allom, Wine
and water, ſtrain it to your uſe.

349. *A Potion to drink warme first and last during the cure, with the Plaister and Lotien.*

TAke Sanicle, Fluellin, Pimperney, Cranesbill, Wilde Tansie, Egrimony, Valerian and Mouseear, ana j lb. bruise them, then put to it Clove bruised j 3. boyl them all in one quart of white Wine, and one pint of water, with three spoonfulls of Honey then strain it, and mix therewith one pint of Carduus water.

350. *Plaister for any Ache, Grief, Swelling, or Paine.*

TAke Rosemary, Camomile, Sage, Elderbuds, Sothernwood, Lavender, Wormewood, Costmary, red Minnow, Lavander-cotton, Buglosse and Brocklime ana ij M. Black Snailles or quart, Frankincense iv 3, Wax, Rosin ana ij 3, Hens dung and Cows dung d lb of each: Butter out of the chur unsalted iij lb, Mace, Cloves, Nutmeg

negs and Cinamon ana iv 3 fine powdered; boyl all these together, close topped, strain it, and put it in Gally roots to your use.

351. *Plaister for old sores.*

TAke Olibanum, Lapis Calaminaris, Letharge of Lead, and Boleana 3 powdered and searced, Wax ij 3, and oyl of Roses j 3, boyl them to a plaister.

352. *Plurisie, the cure.*

BOyl Mallow roots, iiij 3 in water till they be tender, then take them forth, and stamp them with Butter, honey, and Pidgeons dung ana ij 3, mix them well, and apply it to the side affected.

353. *Poyson and Plague to prevent.*

TAke the leaves of Rew, Figs, Juniper-berries ana iiij 3, Walnut kernels ij 3, mix all these together in Vine-Vinegar, infuse it therein all night,

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night, next day begin to take there
ij 3, every morning.

Item, Bezoar, Harts-horne, Ivory, any
of these in Dragon-water or Mithridate
doth the like.

354. *A pill to give sleep and ease in all ex-
treme paine.*

TAke Cinnamon, Cassia lignea
Opium ana ij 3, Myrrh, both
the Peppers ana j 3, Castor di-
Saffron j 3 fine powdred, and made
to a Masse for Pills with Honey, the
Dose is two Pills, no bigger than small
Tares either.

355. *A Purgation that cleanseth the head
Braine, and all the body of melancholy.*

TAke Senna vj 3, Ginger j 3
Buglosse j 3, flowers ij 3, infused
all in a close stopp'd Ale bottle
of stone with a pint of Whay or
Goats Milk, let them boyl in Balneo
one houre, then let it cool, give it to
drink warm in the morning: this pre-
serveth against all passions of the brain

helps hearing, smelling and seeing, and strengthens all the body, and un-
derthens the same of every humour
at abounds, as Choler, Phlegme, and
melancholy: This was the practise of
Mathiolus Riolanus, and *Aschtainus*.

36. A Dyet that cures all Pox, Scabs and
Lamenesse.

TAke Zarfa perilla, and Hermo-
daetlys ana vj 3, Lapis Cala-
minaris iiij 3, Senna iij 3. Tur-
th Ij 3, Guajacum viij 3, bark of Gu-
cum iij 3, Bole ij 3, Licorice iiij 3
undified, French Barley vj 3, Fennel
and Aniseeds, ana iiij 3; put all these
in a Diet-pot with foure gallons of
water, stop it close, and infuse them all
night in the hot embers, then boyl it
in a soft fire four houres, in the end of
reboyling put therein Laudanum Pa-
celsus purified ij 3, Mithridate j 3,
mix them all together, drink thereof
ten a good draught, especially first
and last: this cureth all aches in the
limbs or body, French pox, or any
sease, strengthens the spirits; if you
use

use it for the Dropſie, put in good ſtore of Mechoacan; if for pain in the head, put in Stœcados or Betony an. iij ℥, when it is ſtrained, put to the ſimples again, ſo much water again boyl it as before for ſmall drink & meales.

357. *Another Diet for Pox.*

TAke Sarſa perilla iij ℥, Guaiacum viij ℥, bark of Guaiacum iij ℥, bruised not too ſmall Stœcados iij ℥, Licorice mundified, and then ſliced, Anniseed bruised ana ij ℥ infuſe all theſe in a Diet-pot all night cloſe ſtopped with nine quarts of water, next day boyle it on a ſoft fire till the third part be ſpent, then ſtraine it, drinke a good draught thereof firſt and laſt, uſe your ſelfe as aforeſaid.

8. *A Plaister sanative and defensive for
Pox or old sores.*

Take oyl of Olive one pinte, Virgin-
Wax, Olibanum, gum Elemni,
apis Calaminaris, and Rosin ana iij 3,
be powdered, dissolve all these on a
small fire, then strain them, adde thereto
ole, Terra sigillata, sanguis Draconis,
1 fine searced ana ij 3, Venice Turpen-
ne iij 3, mix all these on the fire again,
ill stirring it till it be cold, this is very
excellent for all ulcerations.

59. *A Plaister attractive, or drawing to
heal sores or wounds.*

Take Plantaine, Bettony, Daffies,
Moufe-eare, Orpins, Mallowes
Libwort, Vervine, and Sanicle ana ij
1. stamp them with Sheeps sewet suffi-
cient to boyl them, let them so boyl
covered till the sewet be green, then put
herein Rosin small powdered j lb, Wax
small cut di. lb, boyl them one walm,
then strain it, put it to the fire again,
melt therein some oyl of Roses,
Mastick,

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Maſtick, and Olibanum ana j ℥, Myrriv
iv ℥, Aloes Succotrine vj ℥, then take
off the fire, and put to it Turpentine
iv ℥, mix it and ſtirre it till it be
cold.

360. *Some ſlight Purgations of Senna.*

Inprimis, take Senna in your broth
in ſome quantity, with ſome Ginger
for pains of the head.

Item, Some iv ℥ with Ginger and
Annis, may be given to women with
child, and children.

Item, It may be powdered with
Ginger, and mixed with ſyrup of Ro
ſes, Laxative, or Caſſia, in a reaſona
ble Doſe.

Item, iv ℥ infused all night in
ſeething hot poſſet or white Wine
with ſugar and Ginger, purgeth
gently.

361. *A good Plaſter to heale, and dry a ſore
being cleansed.*

Take Hogs-greaſe viij ℥, oyle of
Roſes, iij ℥, white Lead ij ℥, Oliba
num,

Myrrum, Mastick, and Rosin ana ij 3
fine powdred, Camphire j 3, mix
them all together, and make a Plaister
hereof.

62. *A Plaister of Masalage which healeth
and Skinneth much, and is precious, and
comfortable for veines and Nerves.*

TAKE Letharge of Lead v lb, of
white Lead j lb of Wool, oyl one
bottle, of Fengreek viij 3, powder all
these, and searce them; take also Lin-
seed and Mallows ana iiij 3, boyl them
in white Wine and water very soft and
tender, then take them up from the li-
quor, strain them, then set your oyl and
powders on the fire, put in your pow-
ders by little and little at once, then
stir them well, put in the Masalages
when it is off the fire, and stir them till
they be neare cold, then make it up in
owles.

363. *Plaster healing, called Jacobs
Plaster.*

TAke Lapis Calaminaris, Lapis Sanguinaris, Letharge of gold, Terra sigillata, Ceruse ana j ℥, Bole ij ℥, all fine powdered, and searced, oyl of Linseed di. pint, Wax v ℥, Rosin iiij ℥, Turpentine j ℥, melt all together, then strain them, mix in your powders before set down, by little and little, stire them well together, and make your plaister.

364. *Another of Jacobs Plaisters.*

TAke Lapis Emery, Admants, Letharge of Gold, Ceruse, Letharge of silver, Lapis sanguinaris, Bole, sanguis Draconis, Ox bones burn'd ana ij ℥, Camphire j ℥, Wax j lb, Sheeps fewet and Turpentine ana di. lb, oyl of Roses iiij ℥, fiat emplastrum.

365. *An excellent healing and cooling
Plaister.*

TAke Wax and Deares fewet ana
iiij ℥, Lapis calaminaris ij ℥,
May-Butter ij ℥, Camphire j ℥,
oyl of Roses viij ℥, mix and melt
them together, and make your liquid
Plaister.

366. *A very good Plaister called the black
Plaister.*

TAke red Lead viij ℥, white
Lead viij ℥, oyl of Linseed
viij ℥, red Vinegar iv ℥, stir all
together in a pan of a gallon, boyle
them on a Charcoal fire till they be
black, try one drop on a bright saw-
cer, if it be black and well powre it out
in cold water, wet your hands in oyl,
and so rowle it up.

367. *A Plaister cold, called Colemans
Plaister.*

TAke oyl Olive one pinte, Wax
iv 3, Pitch iij 3, melt them all
together, and strain them, then
put therein Ceruse, white Lead, Le-
charge of gold, Lapis calaminaris, ana
iv 3 all powdred, then put therein the
Gums, melt them together, and stirre
them well, then take them off, and still
stir them till they be almost cold, then
powre it in cold water.

368. *A good Plaister to dissolve and cleanse
a Sore.*

TAke Galbanum j 3, infuse it all
night in white Wine, wash the
Sore therewith, then mix the
Galbanum, working it in your hands,
and so plaister it on.

369. *A good Sanative, Incarnative, and Desiccative Plaster for Ulcers.*

TAKE a pinte of oyl Olive and Wax iv $\frac{3}{4}$ in small pieces, boyl them on the fire till the Wax be melted, then put them in a Boledish, put therein Lapis calaminaris powdred, mix and stir them together with a rolling pin till it be cold, so make it to a plister.

370. *Powder to incarnate and dry up sores.*

TAKE Frankincense, Dragons blood, quick Lime ana, make powder thereof.

371. *Another Powder to increase Flesh, and heale.*

TAKE Dragons blood, Aloes, Olibanum, Sarcacolla ana j $\frac{3}{4}$, powder it, and apply it.

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372. *A Plaister to incarnate and mundifie.*

TAke Rosin and Wax ana ij ʒ, Turpentine iij ʒ, Frankincense and Mastick ana j ʒ, Saracole, Mummy, ana iij ʒ, oyl of Mastick, and Honey of Roses, ana iv ʒ, Barly meale ij ʒ, mix them on the fire, and make a Plaister.

373. *A Plaister maturative and ripening.*

TAke the juyce of Smallage, Honey, flower of wheat, and the yolks of Egges, mix them and make your Plaister.

364. *A Plaister or Searchloth for fractures or bruises.*

TAke Rosin and Wax ana viij ʒ, black Pitch iv ʒ, Perofine ij ʒ, oyl Olive viij ʒ, melt them and put thereto Cummin seed fine powdered and searced ij ʒ, mix &c.

375. *A*

375. A Plaister to heal Sores and Scabs.

TAke the juyces of Celendine,
Fumitory, Scabious and red
Docks ana iv 3, Letharge and
Ceruse ana iv 3 fine powdered, mix
them with Vinegar, and Hogs-grease
ana, set them on the fire, and in boyl-
ing mix your powders by little and
little at once, stirring them, and so
use it.

376. A Plaister for the Cramp in Arme
or Legge.

TAke great Onions, rost them
tender, make a plaister, and apply
it where the pain is very hot,
and in thrice dressing it will be well.

378. A good Plaister to heale and cleanse
old Sores.

TAke Rosin 12 3, Perosine iv 3,
Wax viij 3, Galbanum j 3 Ma-
stick, Sang. Draconis, ana iv 3
Frankincense j 3, all powdred small,
K. 4. Honey

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Honey and Bores grease ana $\text{iv } 3$, Verdigrease $\text{j } 3$, melt them, stir them, and put it up to use.

379. *Another Plaister to dissolve and ripen.*

TAke Mallow roots, Lillies, Henbane and Smallage, see the them tender, stamp them, and boyl them with May-butter, and oyl of Linseed ana, in boyling put some Honey therein, stir them well together, then thicken it with the powders of Linseed and Fenugreek, when you heat it, put Milk and May butter thereto, *quod sufficit.*

380. *A good Plaister desiccative and cleansing lately used.*

TAke Rosin, Wax, Hogs grease ana $\text{ij } 3$, Honey clarified $\text{j } 3$ di. put not in your Honey till the Rosin and Wax be melted, then stir them well, and in stirring put in the powder of white Copperas, what you think fit for the cure.

381. *A Plaister to skin and heal very fast.*

TAke oyl of Linseed viij $\frac{3}{4}$, new Wax iv $\frac{3}{4}$, melt them at a soft fire, stir them, then put thereto Lapis Calaminaris, j $\frac{3}{4}$, fine powdered, still stir it, in the cooling put in one spoonfull of white Wine Vinegar, so make it up, but let it be well mixed together.

382. *A Plaister to heal and dry.*

TAke oyl Olive and new Wax, melt them, put in fine powder of Calaminaris ground, make it red with the powder of red Lead, if the so be clean, dresse it but once in three dayes.

383. *Another of the same nature.*

TAke Lapis calaminaris, grinde it fine on a Painters stone, put thereto fresh Butter, and oyl of Linseed, a little Bole and Ceruse, grind on the stone.

384. *A Plaister to assuage heat and inflammation of the Liver.*

TAke Barly meale mixed with the juyces of Sengreen, and Orpium, and Vinegar, mix them with Populeon and the cold white Ointment, mke a Plaister, and lay it to your right side.

385. *A powder to correct and abate spungy Flesh, or mortifie it.*

TAke fine Allom, Verdigrease ana i ℥, bole iv ℥, fine powdred and searced, mix them, and use it.

386. *A Powder to destroy warts any where.*

TAke Savine dried and powdred, if it be not strong enough, mix powder of Mercury sublimate, which will destroy Itch, Canker, Pox, or Corns.

Item, burned Allom, or burned Copperas, or the green powder of Holliworth, &c.

387. A Powder praised of all Chirurgians,
for it scales bones, and stops the watring of
Nerves or Sinews.

TAke burned Copperas j 3, Auri
Pigmentum fine combust 3, Ver-
digrease fine searced j 3, burned Allom
fine powdred and searced ii 3, mix them
together, it is excellent in operation.

388. The Powder of Mercury sublimate.

TAke Mercury powder sublimate,
put to it Bole, so that in the mix-
ing the powder may be but pale, a little
reddish; this kills all Pox, Cankers,
old Sores, &c.

389. Pox, or Plague, or any thing else, to
purge out.

TAke the waters of Scabious and Fu-
mitory ana first and last, with Tria-
cle, Diatesseron and Sugar quod sufficit.

390. A

390. *A Purgation which wrought good effect.*

TAKE one pinte of white Wine, boyl therein Borage flowers, Violet flowers, Succory and red Roses, ana di. M. boyl them close covered, till halfe the Wine be wasted, then strain it, and put to it Allosuccotrine fine powdred iv 3, Anniseed fine powdred ij 9, take of this vj spoonfulls at once, it purgeth well with Sugar.

391. *Another gentle Purgation that is good against melancholy, and comforts the spirits.*

TAKE the juyces of old Pippins and Borage ana, as much as will make a draught, heat it seething hot, then infuse therein al night Senna iv 3, Manna and syrup of Roses ana j 3, Anniseed bruised iv 3, next morning strain it, and drink it warm.

392. *Pain*

392. Pain or pustulls rising any where.

TAke white Wine, the whay of Buttermilke ana di. pinte, damask Rose leaves dried, and Bean flowers or blossomes j M. boyl them close covered a little while, then take it from the fire, and presently mix di. pinte of oil of Tartar made of white Wine, so let it stand close covered till it be near cold, then strain it, and foment the place very hot with double cloaths a quarter of an hour; this hath cured and eased many.

393. A Plaister of Adders tongue and sweet Maudlin, all green, which cureth green wounds and old sores.

TAke Linseed oil j pinte, Adders tongue and sweet Maudlin both green, in May and June ana iij M. strip forth their stalkes, and bruise them, then boyl them in the oil, adde thereto white wine, viz. let them all boyl, till the hearbs be very soft, then strain them out, and put the liquor to

to the fire again, adde thereto Rosin and Wax small broken viij ℥, boyl them till all be melted, still stirring it, then take it off presently, mix therewith Venice Turpentine vj ℥, liquid Storax j ℥, so it is made up.

394. *Paine in the belly, or any part
to cure.*

BOyl in a quart of Posset-Ale Mayden-haire, j M. Anniseed and Liquorice mundified and bruised ana iv ℥, Ivory shavings one spoonfull, boyl them well, straine it, and drink it warm.

395. *A Pectorall Eleatuary that comforts
Memory, the Sight, and all
griefes.*

TAke red Sage, Carduus Benedictus, and Rosemary dried and powdred ana j ℥, Lavander, Pennyryall, Balmie, Marjoram, Stacados, Sothernwood, and Thyme, ana iv ℥, all dried, powdred and searced, Ginger and Liquorice
mun-

mandified, Cloves, Cinnamon, Mace, Annis, Caroway, Fennell, Coriander-seed, Cardimonium, Cubebs, Calamus Aromaticus, Ireos, Florentine, Galin-gale, Myrrh, lignum Aloes, long Pepper, Zedoria ana $\text{iv} \text{ } \text{ʒ}$ all powdred, shake and stir all these powders in a quart of Spring water, wherein hath been boyled di. lb of Raisins of the Sunne stoned and strained forth, then put in $\text{iiij} \text{ } \text{lb}$ of English honey, put it to fire again, let them boyl a quarter of an houre, still stirring it with a spatula, then take it again from fire, and put in the fourth part of a pinte of Rose water, and Nutmegs viij powdred, when it is cold put it in close pots, the Dose is $\text{j} \text{ } \text{ʒ}$ at once alone, or better with Balme water, or drink a little Balme water with Sugar.

Also boyl with the former simples mirabolans embellick, and Bellerick stoned, powdred, and searced ana $\text{ij} \text{ } \text{ʒ}$, mirabolans Kebule, and Inde stoned, powdred, and searced ana $\text{j} \text{ } \text{ʒ}$ al together.

396. *Tiffick or infections of the Lungs.*

Boyl the leaves and seeds of March Malloves, in Milke or Wine, let the sick drink thereof.

397. *Plague a defensive, and cureth the sick of it.*

BOyl in three pintes of Malmisie, Sage, and Rew ij M. till it be well boyled, then strain it, put to the liquor again; boyl it two walmes with Nutmeg, Ginger, and long Pepper all mixed together j ℥, then take it from the fire, and presently mix to it Mithridate j ℥, Triacle ij ℥, Aqua-vitæ iv ℥; mix them together while it is cold, then put it up in a Viall close stopped; take half a spoonfull every second morning for a Defensive, but if infected, one spoonfull first and last, and sweat three houres.

398. *Purging Lozenges, the Dose is one dram.*

TAke Senna $\text{iv } \text{ʒ}$, Ginger and Liquorice ana $\text{ii } \text{ʒ}$, Turbith and Rubarb ana $\text{i } \text{ʒ}$, Diagridii $\text{ii } \text{ʒ}$, Hermodactills $\text{ii } \text{ʒ}$, Fragrariæ folium $\text{i } \text{ʒ}$, Mace $\text{di. } \text{ʒ}$, white Sugar i lb powdred and serced, Rosewater $\text{viii } \text{ʒ}$, compound them, and so make them.

399. *To keep the small Pox from pitting.*

TAke Spermaceti, and oil of bitter Almondes, and mingle them together, and as soon as the ninth day is past anoint the sick parties face with this very often, so as it may not be dry, as little as you can, and once in the day wash the face with Beaf broth. And this ointment will cause them to scale away so finely, that there will be no kares; This medicine hath been often approved.

400. Dr.

400. Dr. Mathias water for Paly or
Apoplexy.

Rx of Lavender flowers stripped from
their stalkes, put them in a large gallo
glasse, and poure on them of good sp
rit of Wine, or Aqua vitæ well rectified
from flegme.

Then circulate them for four week
close stopped with a bladder so th
nothing may breath out, let them star
in a warm place, then distill them in
Limbeck still, with his cooler; then p
to the said water, of Sage flower
Rosemary flowers, Burrage, and B
glosse flowers, Cowslip, and Lilly of t
vally flowers, of each a handfull; ste
these flowers and hearbs, every one
their season till all may be had, in got
spirit of Wine, or Aqua vitæ: then p
to them being all digested together,
Balme, Mother-worts, Spike flower
Bay leaves, (Orange tree leaves, an
their flowers of each $\frac{1}{2}$ if they may
had) cut very small, put them into t
distilled Wine, and distill them
before, being foure weekes or mo
steeped before; then put to this distill
water

ater, Citron, and Limon pills, with
iony seeds hulled, of each 6 dragmes,
inamon halfe an ounce, of Nutmegs,
ace, Cardamums, Cubebs, yellow San-
ers, ana $\text{ʒ} \text{ss}$. and Lignum aloes $\text{j} \text{ʒ}$, make
these into powder, and put them in
the foresaid distilled water, and put
ere to halfe a pound of good new Jujus,
having their stones taken out, and
it very small; then close your vessell
ith a double bladder, and so let them
gest 6 weeks, then strain them out
rd with a presse, and filter the li-
tor, and then put into this liquor of
epared pearle two dragmes, prepared
aradges a scruple, of Amber-greese,
usk, and Saffron, of each ten graines,
red Roses well dried, red and yellow
nders, of each one ounce, hang these
a sarsenet bag in the water well clo-
d, that nothing breath out.

This water is good against swoond-
g, weaknes of the heart, decaying of
e spirits, Apoplexies, palsies, pilep-
s, paines of Joynts coming of cold,
d bruises outwardly bathed, with
othes dipped in it and laid to. It
engthneth and comforteth the ani-
mall

small vitals, and naturall Spirits, che-
 sheth the externall Sences, strengtheneth
 memory, restoreth appetite and we-
 nesse of the stomack taken inwardly and
 bathed outwardly.

Take of it a quarter of a spoonfull
 and fast an hour after it, it helpeth ge-
 diness of the head, and lost hearing
 causeth a sweet breath; and it helpeth
 both in fits of Palsy and Apoplexy, and
 preventeth them; if you take morning
 and evening, a quarter of a spoonfull
 with crummes of white bread and
 sugar: It helpeth lost speech, and
 cold dispositions of the Liver, and
 Dropsies beginning: Is good against
 diseases of the Mother, as against many
 other diseases.

401. *Another water for the same of less
 price.*

Fill a gallon glasse with Lavender
 flowers, and then fill it up with
 spirit of Wine or good Aqua vitæ, digest
 this about 6 weeks, then distil the water
 and oil, and separate the oil; then digest
 in this water, Sage flowers, Rosemary
 flowers

wers, and sweet Marjoram ana M j.
fop, Motherwort, Piony rootes sliced,
Origanum of each one ounce, Betony
flowers ʒ β. Cinnamon, Piony
seeds hulled, Cardamums, Cubebs,
tron pilles dried, of each two drames
put to them, and digest them, and put in
them halfe a pound of good Jujubes,
having their stones taken out, or raisons
in the Sun without their stones, digest
these about six weeks, then straine it
thoroughly, and drink of this with beer, or
at your need.

402. *Good for Palsy and Numnesse.*

Rx of Oil of Foxes, Populeon, and
Wormes, ana ʒ j, put unto them a little
spirit of Wine, & anoint the benumbed
parts with your warme hand, chafing
well in, at the fire; and then lay a
cloth upon it, and keep it warme
on it.

403. *Powders*

403. *Powders dissolving.*

YOU may dissolve your powder either with juyce of Limons, distilled Vinegar, or spirit of Vitrioll, spirit of Salt, without much observation of the quantity: for the more vitrioll there is the sooner it will dissolve.

404. *Pills.*

INfuse an ounce of Rubarb sliced, in three ounces of Rosemary water, and foure ounces of Carduus water; and steepe it in warme ashes twelve houres; then straine it well; also take three ounces of pure aloes, infuse it in good white Wine Vinegar 24 houres in warme ashes also; then cant it off, and put it to the former liquor, and evaporate the water away till it come to a thick consistence, then make it up into small pills, with oil of sweet Almonds newly drawne, and give 7 of them at night: they may be taken 2 or 3 nights together, if need require.

405. *For*

405. For the Plague.

TAke 3 pintes of good canary,
boyl herein a handfull of Rew
and as much Sage till one pinte
be boyled away, then straine it, and set
it over the fire again, and put thereto
long Pepper beaten, Ginger, and Nut-
megs. of all these in powder ana one
ounce; then let all these boyl together
a little more, then take it off the fire,
and put therein one ounce of the best
Mithridate, and two ounces of the best
Treacle, with a quarter of a pinte of
Aqua vitæ, and so reserve it above all
other medicines, using it as follow-
eth.

If at any time thou thinkest thy selfe
infected of the Plague, take morning
and evening a spoonfull thereof at a
time lukewarme: if not infected, but
to prevent, take but once or twice in a
week at the most halfe a spoonfull at a
time, in the plague time, and next under
God rely on this medicine; for never
man, woman, nor child, which drunk
this medicine was deceived, if the heart

were

were not mortified, and drowned with the poison; so long before this medicine was used.

It is not only good against the common Plague, but against the sweating sicknesse, the small Pox, Measels, and such like, taking Sursets, taking the same upon his falling sick; and at other times as need and occasion requires; and assure your self it is better then Bezar stone to expell from the heart: when the sick party drinketh hereof at the first, he must lie down, and sweat 2 or 3 houres in his bed, and after be well dried and kept warm, drinking nothing but warm drink, and caudles, so shall the sicknesse keep from the heart; this drink will keep good half a year, being well stopped, in a pewter Aqua vitæ bottle: this hath been proved often, and never yet failed, but with Gods blessing helped all that ever used it.

410. Rupture to cure.

TAke the white of an Egge beaten like oil, colour it red with Alkanet, anoynt the back or place where the grieve is by a hot fire; keep it warm with a Lambs skinne, or take Dove-foot or Cranes bill powdred give halfe a spoonfull thereof in Claret Wine red warm for one and twenty dayes together morning and evening, fasting two houres after; if it be for old people, adde to it nine Snailes shells powdred and dried, during the cure wear a Trusse, stir it not much, and abstaine from windy meats; or take Polipody of the Oake, and of the Holm tree, stamp the roots thereof with the white of an Egge, and bind it against the place burst, renewing it every foure and twenty houres for tenne or twelve dayes, all that time drinke nought but small Beere or Ale, and infuse Cumfry roots, and Solomons seale bruised.

411. Ringworme, Tetter, or creeping sore,
the cure.

TAKE of the rustiest yellow fat Bacon, cut it thin, fry the grease out of it, then poure it cleane forth from the salt, make cleane the pan and put in the cleare grease again, fry therein Cup-Mosse, till it be dry like coales, then straine out the cleare grease, and mix it with di. so much Tarre, make an unguent of it, and anoint the grieve every day, or red Dock roots unwashed and thin sliced, steeped all night in strong Vinegar, and with a clout bathe it often.

412. For a Red gum, or Sansfleame face
old or new.

TAKE the juyces of Sorrell, Sniallage, and Plantaine ana, honey alike di. the white of an Egge, adde so much wheat flower as will compound them to a Salve, mix all raw together, and cold without fire, and so apply it, it will cleanse, abate the pain, and heale.

Or

Or Pine-nut kernels, bray them in water (make a Salve of it) let it stand till a fat swim thereof, ana with the fat anoint the grieve.

413. *Rheume, or Tooth-ache, the cure.*

TAke Gum. Armoniack, and Mastick ana j 3 di. boyl them in Aqua vitæ iv 3, Wine Vinegar j 3, till the third part be wasted, then strain it, add thereto honey iv 3, Saffron viij graines powdered, incorporate them together, and with a clout on the top of a sticke, apply it to the grieve.

Or Staves acre, Pepper, Bay salt, and Pellitory ana, all pulverized together, sowe them in a linnen cloath as big as a Nut; steep it in wine Vinegar, one quarter of an houre, then put one of them in your mouth, champ it, and turne it from one side to another, spit out the rheume as it comes.

Or stamp some green Rew with some Bay salt, apply it to the gums grieved in a linnen cloth, it takes away the paine.

414. *To stay and dry the Rheume.*

TAke a piece of white bread, dry, and hard, then soak it in Malm-sie or Muscadine, then strew on it Sugar powdred, Wormwood and Mints powdred, then dry it and eat it.

415. *For Rheume.*

TAke Mustard seed boyled in Vinegar, hold it warm in your mouth where the paine is felt.

416. *Ruptures or Dislocations.*

Boyl Rocket roots in water very tender, then bray them, and plaister them to the grief, it cures.

417. *Sores a drying powder.*

TAke Frankincense, Vernish, Fennegreek Allosiccatrine, the powder of burned bones ana ij $\frac{3}{4}$, strew it thick on the sore.

418. *Sores*

418. Sores fretting or eating.

TAke the hearb Female, Fluellyn,
bruiſe it and apply it to the ſore,
and drinke the iuice of it in wine
and water.

419. Sores running, leprous, and skin
rugged.

TAke two parts of Sope, a third part
of Auripigmentum fine powdred
and mixed, anoynt the Grief.

420. Sores old to dry up, a Lotion.

TAke ſo much dulcified Mercury as
will make twelve ſpoonfulls of
Plantaine water, white as Milke, dip
a feather in it, and dreſſe the ſore, it
cures.

421. For

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421. *For the same Sore a Plaister.*

TAke white Lead ij 3, Camphire dissolved in the white of an egge j 3, Olibanum and Masticke fine powdered ana ij 3, incorporate all these in a Morter with a Pestell, with oil of white Roses and Virgins wax thin scraped, to the stiffnesse of a Plaister, lay it to the sore after the water hath dried it.

422. *Sore, a Corrosive.*

TAke green Copperas small powdered and burned in a Crucible on a great fire for 12 houres, till it be as red as blood, grind it fine on a Painters stone, lay this Powder on the Sore thin, dresse it every 24 houres till the dead flesh be clean out.

423. *Sores great and old, a Plaster.*

TAke oil of Roses j lb, di. lb, oil of Myrtle, Ointment-Populeon ana iv 3, Hensgrease ij 3, Oxell ow j lb, di. lb, Hogs grease vij 3, Letharge

and Chirurgery. 225

Letharge of gold and silver ana iij ℥ di.
℥, white Lead and red Lead ana iv ℥,
Wax vj ℥, boyl them all together suffi-
ciently, then take it from fire, and mix
to it Turpentine.

424. Sores hollow, a Lotion to mundifie.

TAke Barbers lie j lb, honey of
Roses iv ℥, Sarcacole iij ℥,
Smallage leaves, and Horehound
ana di. M, boyl them, strain them and
use it.

425. Sores swelling to assuage.

BOyl in Vinegar and Verjuice sweet
Butter, dip double linnen cloaths
in it, use it hot.

426. Sores or Ulcers mundified.

TAke Egrimony, Saint Johns Wort,
Centory, Wormwood, Scabius
Crassula major and Cumfry roots, ana
j M. stamp all these together, and boyl
them in a gallon of water and a pottle
of white Wine with di. lb Sugar, till
the

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the Liquor be half wasted, then strain it and keep it to your use, seringe this water as hot into your sores as may be: If you would have it more cleansing, adde thereto Mel rosarum; if of greater cleansing and cooling, adde thereto Plantaine or Nightshade water, wherein is boyled a little Allom, this water cleanseth from the deep parts of corrupt and filthy Ulcers, and Humours, makes other Medicines work the better.

427. *Impetigo, or Tetter to cure.*

TAke Sallet oil ij ℥, Camphire iv ℥, flower of Brimstone, and Sugar ana j ℥, grinde all together in a stone mortar, and put it in a glasse, in the day time anoint the grieve, as often as you will with Oil, wherein the golden Sea-coale powdred is boyled, but at night with the former Oil.

428. *Impetigo,*

428. *Impetigo or Tetter, another sure one.*

TAke the rustiest Bacon you can get, only the fat thereof, fry it in a frying pan till you have all the fat forth, then powre it clear out, and wipe the pan clean, put in the Liquor again, and fry therein jM, of Feltory, *alias* Cup-mosse, clean picked and cleansed, fry it in the Liquor till it be hard, and black, then strain it into some vessell, and put to it two spoonfulls of Tarre, and of liquid Scorax iv 3 stirre them well together till it be cold, anoint the Grief therewith, and lay a linnen cleath dipt therein on the sore.

429. *Sores. Allom water that cureth.*

TAke one pinte of unslaked lime, put it in a pipkin, put thereto of the newest Tanners Oose that never had Leather in it, very warm, then scum it over clean, let it settle till the water be cleare, and therewith wash the sore with wet cloaths, four double, and lay them on.

430. *Sores.*

430. Sores old, and Ulcers, an oil to heal
and dry.

TAke oil or gum of Guaiacum ij 3,
incorporate it in oil of Roses ij 3,
Ceruse and Letharge of Tin, Aloficca-
trine and Turpentine, ana ij 3, mix all
these together in a mortar of Lead,
then with Lint lay it on the Sore, this
will dry and draw together the lips of
Sores.

431. Sores inflamed to cool much, and ease
the pain.

TAke oil of Roses and Violets,
Unguentum Rosarum, ana ij 3,
juice of Plantain and Housleeke, ana
j 3, Letharge of Gold and Silver, ana
10 3, Tutia, ij 3, Camphire j 3, all
mixed together, and well ground on
a stone.

432. St one

432. *Stone, an outward application.*

TAke the crums of stale Rye bread, boyl it in a pipkin with so much Verjuice of Crabs, as will boyl it to a thick poultis, spread it on a cloth, and apply it on the grief as hot as you can suffer it; if the pain remove, follow it with your medicine, renew it hot till you be well.

433. *Stone a distilled Water for it.*

TAke Epithimum, Asparagus, Rape, Saxifrage, Parsley, Sea-thistle, Carret, seeds of Creete, Fennell roots, Maidenhaire, Gromill, Parsnips, Pellitory of the wall ana j M. beat your hearbs and slice your Roots, then beat cherry stones in a Morter j M. infuse them all in a quart of red Cows milke a whole night, then distill it, drink with white Wine five spoonfulls of this at one time four mornings together.

434. *Stone*

434. *Stone, a powder.*

TAKE English Liquorice mündified and bruised ij ℥, Parsnip roots, Carrets, seeds of Creete, March Mallows cleansed and bruised, ana j ℥, put them in a pot, pour thereon hot teething water one quart, let it stand close stopped till it be cold, then strain out a good draught, put into it a soft roasted Apple, make it thick as Lambs wool, drinke thereof a good draught first and last, morning and evening, it forceth Urine, and opens the Ureters,

435. *Stone, straight passage of Urine to help.*

TAKE Saxifrage, Ashenkeyes, Broom-seeds, Holly berries, Parsley seed, Hawes, Bramble berries, Alexander seed, dry them and powder them, ana j ℥ the stones of a Boar, j ℥, take of this powder di ℥, in a draught of warm white Wine, use it at need.

436. *Shingles.*

436. Shingles, the cure.

TAKE the juyce of Rue, oil of Roses and Vinegar mixed, with so much Ceruse to an Unguent, therewith anoint the grief.

Or the juyce of Nightshade, with oil of Roses, Ceruse, Letharge of Gold, as before, or Cats bloud, anoint therewith.

437. Sinews and Veins cut to cure.

TAKE three great red Worms knit together, lay them to the grief; or Magistrall oil with Wine and Olibanum, doth the like.

438. Stitch, a present cure.

SWALLOW so much of the powder of Rosin as will lie on a twelve pence, in a draught of Sack or Beer, or the powder of a Bores tusk as much as will lie on a groat, in warm white Wine, doth it; or take Camomile, and Dazies, with the flowers, ana j M. Comin seed, bruised.

bruised one spoonfull, boyl all these either in Malmsey or Sack, thicken it with leaven bread to a Poultis, lay it very hot to the grieve.

438. *Sciatica, the cure.*

MAke a plaister with Caranna or Taccha-mahacca with oil of Roses, lay it on hot, let it lie two or three dayes, then take it off, wipe it and apply it again warm.

439. *Sweat to procure.*

DRink a draught of Sack-posset very hot, with iv Bay-berries husked and powdred therein, cover him warm, and wipe off the sweat.

440. *Squinancy, or any swelling in the Throat.*

TAke Camomill flowers, red Rose leaves, Rosemary tops ana j M. and 12 Cloves, fill two linnen bags therewith, heat them betwixt two platters on a Chafingdish with coals, with

with a pinte of white Wine, apply them to the grief, hard rung out one after another as hot as he can suffer it, as one cooleth put on another hot, so continue it for one halfe hour at every dressing with warm white Wine, wherein is boyled Honey, red Rose leaves, and Rosemary tops ana.

441. Scurvy, the cure.

TAKE Scurvygrasse, Devils Bitt, Watercresses and Brock lime ana j M. Wormwood, di. M. stamp and train them with a quart of white Wine, allayed with a pinte of water, boyl them all together six walmes, add hereto in boyling white Ginger powdered ij 3, Enula-Camp. j 3, a little Saffron powdered, drink thereof first and last, let him infuse Saxafrage in his drink at meales, but let him first purge with this following.

Take Senna Alexandrina iv 3, Ephedrum ij 3, Raisins of the Sun stoned, 3, Fennell seed, Annis and Ginger, na, di 3, infuse them all night in very warm

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warm Whay, in the morning wring it out hard, and give it the patient.

442. *Swelling, or Inflammation, a Poultis.*

TAke Mallowes, Camomill, and Violet leaves, ana j M. boyl them in fresh Hogs greafe till they be tender, then lay on the hearbs hot for Pultis; if you adde the crums of Rye bread, it will cleante any corrupt Ulcer.

443. *Swelling, or any Ach, an ointment.*

TAke the marrow of an Ox and new liquid Hens dung, ana di lb. boyl them together, adde thereto powder of Alkanet, strain it out hard, and fricate the grief warm by a fire with a cloath then anoint it.

444. *Swolne or Scabbed Legs to heal.*

TAke red Dock roots and Plantaine ana, boyl them till they be tender, then bruise them till they be small, boyl them again

in Sheeps sewet, and apply it as a Poultis.

445. *To skin a Sore or heal a Wound.*

TAke oil of red Roses, infuse therein a little Gum Dragant; and a little powder of Alkanet, let it stand till the Gumme be like a Jelly, then strain it and anoint therewith.

447. *Scabs, the cure over all the body.*

TAke Devils Bitt, Scurvy grasse, Water cresses, Brocklime, and Fumitory, ana j M. Rosemary tops, di. M. bruise them and infuse them in clarified Whay, drink no other drink for six days.

448. *Scabs, an Unguent with the former drink.*

TAke the juyce of Scabius j $\frac{3}{4}$, Enula cam. powdred i $\frac{3}{4}$, oil of red Roses $\frac{3}{4}$, boyl them in ij $\frac{3}{4}$ of Vinegar till it be thick, anoint therewith.

449. *Stomach*

449. *Stomach to cleanse.*

TAke Centurry, Scabius, Dev
Bitt and Egrimony, ana di. N
sprigges of Rosemary tops fou
one race of Ginger grated, three larg
Mace, boyl them all in a quart
Caret Wine sweetned with Honey
drink thereof first and last till you k
well.

450. *Scald head, the cure.*

MIx with Hogs grease the juyce o
Alexander, and a little Auripig
mentum fine powdred, to make it loo
yellowish, melt it and put it in the pow
der while it is on the fire, make a
ointment therewith, and anoint th
grief.

Or take Soot, oil Olive, a little Win
Vinegar, Felter grasse, boyl them toge
ther till the Felter be hard and like
coal, then strain it and put thereto on
spoonfull of Tarre, stir it till it be al
most cold.

Or take of the worst Salt butter, jf
th

the juyce of Celendine, fry them together till it become black, strain it and noint.

451. *Swelling or pain between the skin
and the flesh.*

TAke the dung of a Deere, Goat, or Sheep fine powdred, boyl it in Malmsey and Wine Vinegar, ana, adde thereto some powder of Corniseed, boyl them to the thicknesse of plaister, apply it hot, and dresse it every 24 hours.

452. *Speech lost to cure.*

TAke the juyce of Sage and Primrose, boyl it in white Wine and Gargarise the mouth therewith.

453. *Strangury and Stone to cure.*

TAke one quart of white Wine, infuse therein all night the roots of Parsnips and Carrets thin sliced, ana j $\bar{3}$, the next day strain the Wine out, and infuse therein the powder

powder of a Hares hair, the powder of Filberts shell, Licorice cleane and powdred, ana j spoonfull, Cinnamon, Nutmegs, white Ginger, Ivy berries, Parsly seed, Caroway, Coriander and Fennell, all fine powdered halfe a spoonfull, Sugarcane powdered ij 3, shake all these together in the pot with Wine, so let stand, drink a good draught of first and last, fast two houres after morning.

454. Sores running to dry and heal.

TAKE the Moss that grows on the black Thorn, powder it fine, the bark of Guaiacum powdered, powder of old rotten oaken post, powder of the burnt bones of the jawes of a Pig, the powder of calcined Vitriall, and burned Allon ana j 3, compound them with Honey to a plaister.

455. Stitch

455. Stitch to cure.

A Pply to the place grieved crumbs of Rye-bread wet with verjuyce, & a Pultis very hot, if the pain run on follow it with the hot Pultis till it be gone.

456. Stone to break.

Take the shell or thin rinds of Acorns, the hips of the Briar, redHolly-berries and Nutmegs, ana, all dried and Powdred, drink hereof first and last in warm white Wine, di. Spoonfull at once for six days or more; it helps.

457. For all sicknesse, Fevers, Imposthumes, or any other disease in mans body.

Take Hyfop, Betony, Rosemary, Violets, Vervin, Saint Johns Wort, Avens, Mouse-eare, Plantain, Feverfew, ana j M. clean washed and stamped in a Morter, then put them in a new Earthen pot with one gallon of white Wine,

Wine, so let it stand close covered & infuse all night, in the morning boy it close covered to the consumption of half, then strain it through a hair Sieve into a double Viall, then give the sick to drink thereof evening hot, and morning cold, a great draught every time, this powder following to be drunk therewith.

Take Gallingle and Nutmegs aniv 3, Ginger j3, Cloves, Cinnamon Spikenard, Enula Campana, ana ij3 Licorice vj3, Sugar four 3, all finely powdred and searced, then mix one Spoonfull of this powder in one pint of the liquor aforesaid, so morning and evening drink a great draught as is set down. Take first the simple liquor 6 dayes and 6. nights, and then other four days and nights, take it with the powder, this will cure you if ever you be cured.

58. *Stitch, a remedy, in the Spleen, or any part of the Body.*

CUt a thin Turf, having some short Grasse thereon, broyl it on a Grid-iron, still bathing it with Vinegar, put it in a double cloth, and apply it very hot.

Or the leaves of the smoothest Holly dried and powdred fine, drink thereof so much as will lye on a six pence in any warm drink.

59. *A Stone that maketh Water for any sore to bathe it, or heale any Canker in the face.*

TAKE Allom and white Coppas ana j $\frac{3}{4}$, fine powdred, then put them in an earthen dish, make the powder hollow, or a hole in the midst of it, pour on a little white Wine to moisten the powders, to let them boyl till they be almost dry, then put to it white and red Lead powdred ana ij $\frac{3}{4}$, stir and mix them well together till they be dry, then make the hearth very clean where the

M file

fire was, lay the dish and powders with the bottoms upward, thereon, then cover the dish with hot embers, so let it lie till the powders dry, and the dish be cold, then take out the stone made of the powders, and put iv 3 thereof into a pint of Plantain water, or white Wine and water, and bath the sore therewith warm, and lay Lint wet therein all day, and all night lay a Plaister made with some of this stone powdred, mixt with Honey and Camphire, but first bathe it with the water, so use it till you be well.

460. *Sciatica, an approved medicine.*

TAke Malmſie and Neats-foot oil ana di. pint, the youngest tops of Rosemary, the young tops of Bay leaves and Lavender, Spike, ana di. handfull, all cut small, boyled till the Hearbs be tender, then stamped very small, mixed with ten spoonfulls of Aquavita, then mix it to a Salve, and anoint therewith

61. To skin a Sore, and make it perfectly whole.

TAke Lapis Calaminaris powdred and searced, mix therewith fresh Butter out of the Churn, and Linseed oil ana, a little Bole and Ceruse fine powdred, mixe all together, and apply it.

62. Sciatica, Gout or Ach, an excellent Oil to cure it.

TAke Sallet oil one pottle, put it in a broad gallon Glasse, infuse therein Rosemary flowers bruised j lb, let them so stand in the Sun close covered till Midsommer, then take red Rose buds j lb, take out the whites, Dill di. lb, Saint Johns wort i lb, di. lb, Verine di. lb, bruise all these Herbs, then put them into the glasse of oil, stop it close again, and Sun it for ten dayes more, then after a shower of Rain, gather Earth-worms one quart, cleanse them in white Wine, and wipe them hard in a course cloth of linnen, then

M² take

Worms, and Lavander, Spike di ff, and tin youg Swallows out of the nest, beat the so smal till you can discern neither bones, nor feathers, nor guts, then put them also into the glasse of oil, and stir them well, and so let it stand one night or two, pour out all these ingredients into a Pipkin covered, adde thereto one pinte of Malmſie, and di. pinte of Aqua-vitæ, let it simmer softly till the Wine and Aqua vitæ be waſted, then strain it hard, and put it in a double Viall close ſtopped, boyl it in Balneo with ſome powdred Cloves, and Maſtick powdred ana ij 3 for half an hour ſoftly, then Sun it again ten dayes, then put it up, let it be ten weeks old before you use it.

463. *To cleanse and heal a Sore with a fair linnen cloth dry.*

TAKE Plantain water, put thereto Mercury fine powdred, stir them well together, and so let them stand infused all night, then powre the clear water from the powder, then wet a clean linnen cloth therein, take it out, hang

hang it over the pot with Mercury to drain therein, so let it hang till it be dry, let it come neere no Sun, but let it dry in the shadow, then cut it fit for the Sore, apply it thereto till it be whole, renew it as you doe other plaisters.

464. *A drink for the stone that cleanseth the Back.*

Give him to drink Benedictalaxative in a draught of warm white Wine, then cover him warm in his bed, let him sweat well two houres: this is excellent to cleanse the Reins.

465. *To make Diacentauria which purgeth the Steinach, comforts the Liver, Milt, and cools the Body.*

Take the powders of Centaury and Cumin ana jʒ, Fennell, Parsly and Hyssop, Mint seed, all powdred ana ivʒ, boyl all these in white Wine till the wine be wasted, then bray all in a mortar, and compound it all in a pan with clarified Honey, being cleansed

M 3

with

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with the white of an egge, let the Honey be three parts, and the seeds two part by weight, then boyl them one or two walms, till it wax somewhat thick, still stirring it, then stir and mix therewith the powder of Anniseed, Cinamon, Galingale and Liquorice mundified ana $\text{j} \frac{3}{4}$, let them be well mixed, eat thereof at any time.

466. *Excellent powders for the Stone.*

TAke Smallage seeds, Parsly, Lovage, Saxifrage, Roots of Phlapiendula, Cherry stones, Gromil and Brooms seeds, Ashenkeys ana $\text{j} \frac{3}{4}$, powder them fine, take of this one spoonfull at once in any thing, fast three hours after.

467. *Stone, a pretious Water to drink, and may be taken with the foresaid Powdr.*

TAke strong Ale six days old three gallons, Liquorice and Annis bruised ana $\text{iiij} \frac{3}{4}$, Birch leaves burned, Pellitory, Water cresses, Saxi-

Saxifrage, Gromill, Philapendula,
Alexander, Parsly seed, green Penny-
riall, red Bramble leaves ana j M,
Haw berries di. pinte, distill all these
in a Limbeck, and keep the Water,
which drink alone, or with the other
Powder.

468. *A distilled Water to break the
Stone.*

TAke wilde Mirtle like Butch-
ers Broom, Asparagus or Spar-
rage, Eringus, Rapes, Parsly,
Maidenhair, Gromill, wild Carrots,
Endive, Fennell roots ana, cut or bray-
ed grossly, infuse them in Wine on a soft
fire, this breaks the Stone, and causeth
Urine.

499. *Stitching or drawing wide Wound
together, without touching flesh
or skin with a
Needle.*

Take Mastick, Dragons bloud
ana ij 3, Frankincense j 3 Mill-
dust, and Beane meal ana j 3 di.
3, powder these fine, and temper it with
the whites of Egges beaten in a dish,
& some Rosewater unto a thin plaister,
then spread it on two narrow strong
linnen clothes, full as long as the
wound, lay on each side of the wound
one of them, near the lips of the wound,
let them there lie till they be full dry,
then they will stick fast to the flesh, then
with a needle and thread draw them
together as near as you please with-
out any touch or hurt to the
wound, which much easeth the Pa-
tient.

470. *Stitching*

470. *Stinking Mouth to cure.*

TAke brown Nuts, boyl them in Wine Vinegar, wash the Mouth and gummes therewith, and after rub them with dry Mints: this cureth.

Or eat Rosemary fasting.

471. *Stinking breath for the stomach.*

TAke Cumin fine powdred, boyl it in white Wine from a pottle to a quart, drink of it first and last hot, it cures in fifteen dayes: *probatum*, drink a pint every day.

Or the roots of Spearmints boyled in Honey, drunk to bedward, or mixt with the former Medicine.

Or Mountain Thyme, or wild Thyme that grows on Mole hills, wash it, stamp it small, adde therto Cumin powdred di. 3, Pepper di. 3 powdred, boyl all together in a pottle of white Wine to a quart, use to drink this alwayes after meat, at afternoon once, and last at night hot, as you can.

M:5

abide 3

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abide; this likewise cureth in fifteen dayes.

Or sometimes dip a lawrell leaf in Mustard, and hold it under the tongue; it furthers the cure.

472. *Speech used in sleep, to remedy.*

Take the juyce of Sothernwood mixed with white Wine or Vinegar, and give it him to drink when he goes to bed, this helps to sleep quietly.

Or take crops of Rew and Vervine ana, stamp them with Vinegar, strain them, and drink it last to bedward ten dayes together, it cureth.

473. *To help Children to speak quickly.*

Rub the tongue with salt Gem and Honey mixed together, it will profit much.

474. An excellent Cordiall to comfort the stomach, heart, and brain, quickens the memory, and much comforts the spirits.

TAke Calamus Aromaticus, Galin-gale, Cubebs, Spikenard, Cardimomum, grains of Paradise, Myrrhe, Cloves, Ginger, Mace, Nutmegs, Cinnamon, Coriander, Fennell, and Aniseeds ij 3 of each, Liquorice mundified, Conserve of red Roses, syrup of Violets, Rosemary dried, and red Sage dried ana iij 3, Rosewater, Borage water, Balme water ana j 3, or for want of the waters, the hearbs dried and powdered ana j 3, Honey clarified with the white of an Egge j lb, pulverize and searce all those simples, that are to be powdered, then in a broad gally pot mix all these simples, Honey and waters together to a Conserve, let the patient take the quantity of two Hazell nuts in the morning, fasting, two houres after, and last to bedward so much as a Hazell nut.

475. *For foul Scabs.*

TAke Scammony and Vinegar, and apply it, it helps and drieth marvellously.

476. *For Scabs and Tetters.*

TAke the juyce of Limons, and oil of Nuts and Car ana, let them boyl together, then strain them, and mix therewith the fine powder of chimney soot, make an ointment thereof.

Or the juyce of the Dock mixt well, doth the same.

477. *For the Sciatica, an unguent, probatum.*

BOyl a pint of old Malmſie, with di. lb of Butter out of the Churne unsalted, let them boyl till it come to a Salve, therewith anoint the grief warm, use this for any other pain.

478. To keep the body Soluble.

TAke Maidenhaire, wild German-
der, wood Sorrell, and Balme,
of each a quarter of a handfull,
wilde Mercury halfe a handfull, of
damask Roses two good handfulls,
clarified Whey five pints, let it stand
scalding hot for one houre, sometimes
stirring it, after one hour strain it, and
drink twice or thrice a day a draught;
this will not only keep the body So-
luble, but purge the bloud; then wash
your hands in Beef broth, it will take
away all the heat of the hands.

Whether one be with child or not,
they may take it safely.

479. Against the Scurvy.

Rx of choise Rubarb, of Agarich tro-
chiscs, and Gentian, ana ʒj. of Myrrhe
aloës, and cremor of Tartar, of each
two dragmes, of Sena ʒij, of Epithy-
mum ʒij ʒ. and make them up into
powder, and exhibit a dragme for one
dose, in a sufficient quantity of white
Wine.

Wine, and Wormwood water distilled for the space of nine dayes fasting.

R^x of juyce of Scurvy grasse, Water cresses, Rocket, purslane, ana p. æ. clarifie the juyce of the hearbs with the white of an Egge, and in a sufficient draught of Rhenish Wine, mingle about two spoonfulls of the juyce and drink it fasting in the morning some dayes together.

480. *Steele Wine, for the Green-sicknesse.*

R^x 3 pints of white Wine, of prepared Steel 3 ounces, of Curcuma 3 dragmes, of Saffron 2 dragmes and a half, of the species of Aromaticum rosatum 2 dragmes, of Galingale 3 dragmes, of Harts horne burnt, two dragmes, of the species of Dianisum, and of Diarrhodon abbatis of each 2 dragmes, make an infusion thereof for 12 houres, and sweeten it with Sugar, and give 3 dragms in the morning of it using some exercise after it.

481. A good Eleſtuary againſt Surſets, to
cleanſe Bloud, to expell Winde, and againſt
the Peſtilence.

Rx of Wormwood, Centaury, Car-
duus, Angelica, Rue, Scabious, Roſe-
mary, Parſly, and Fennell roots with-
out their pithes, Cowſlips, Violet and
Strawberry leaves, red Roſe leaves
Tamarisk, of each a like quantity; of
Hyſop, Cichory, Fumitory, burrage,
as much of Scurvy graſſe, Water cresses,
Brook lime and Marigold flowers; as
much of great Raiſons without their
ſtones lbj, of Figges ſliced lb β. boyl
theſe in cleare ſpring water, and put
thereto lbj of english Liquorice pow-
dred, of Aniſeeds, and Fennell ſeeds
ana 4 ℥, of Honey 2 lb, boyl theſe till
they be thick, then put thereto 3 lb. of
Canary, j lb of good Sugar, let them
boyl together, then put of cloves, Mace,
Cinnamon and Ginger. ana ℥ j beaten
ſmall, with Rubarb ℥ β. when it is
ready to take from the fire: Keep it
put up in a cloſe pot, and give as much
as a walnut when need is.

482. Tetters,

482. *Tetter, the cure.*

TAke red Rose leaves, Sage, Camomile, and Rosemary ana j M. Pomgranat Pils, and Alom ana iv 3, boyl all these in two quarts of white Wine, to the consumption of a third part, bathe the sore thewith, and apply on it a plaister of Diapalma

Of black Sope, Ginger, and Pepper, make an unguent of it, and use it, it cures.

483. *Timpany or Dropsie, the cure.*

TAke five pintes of Rhenish or white Wine, and three porringers full of the ashes of burned Broom, Cinnamon iij 3, infuse them all night together, next morning runne it through a jelly bag so often till it be clear, adde thereto so much Sugar as will fit your taste; bottle it up close, let it stand one day, then drink it first and last, and one houre before meals, and after walke till you

be warme, at each time take a good draught cold, eate neither Milke, Broth, nor spoon Meat, salt Meats, nor fryed, drinke but little at meales, no Wine at all, except the stomach be weak.

484. *Thorns with splinters, and to draw them out.*

TAke a peece of a Fox tongue, steeped all night in Vinegar, binde it fast on for forty hours without removing, it will draw it out.

Or take Rice meal, Hazell nuts, black sope, Tarre, Goose dung, and Hens lung, mix them, and boyl them in milk o a poultis, plaister it fast on.

Or stamp the roots of a Reed, and lay to the grief.

Or stamp Betony, and use it.

Or take Egrimony, the grease of a hare and Rye meal mixt, and apply it.

Or take Honey, the gall of a beast, and chalk, and use it.

485. *Tooth-ach with Rheume,
the cure.*

B Urne ashen keyes to ashes, and p
them in a fine linnen cloth, bou
hard together, then dip it in wine V
negar, and lay it in the hole behind t
ear, this raiseth a blister, and easeth.

Or take Ginger and Liquorice mu
dified and Powdred ana four 3, f
Peeter j 3 fine powdred and mixed, th
with a quill blow it up in the co
trary nostrill where the pain is: t
works hard, but helps.

486. *Tooth-ach, stinking breath, and lo
teeth to cure.*

D Ip a linnen cloth in Vinegar
Squils, rub your teeth and gum
therewith.

487. *Tooth*

487. *Tooth-ach - of Rheume.*

TAke English Honey, melt it in a dish, then shred off the inner barke of a white Bullas tree, Pepper, and white Ginger, as much as will make two little Pills, so big as a black Cherry, wrap each of them in a thin linnen cloth, dip them in a dish of hot Honey, hold them in your mouth one after another, when one cooleth take another, doe this till your pain be gone.

488. *Ptisick or any disease of the Lungs.*

TAke the roots of Parsly, Fennell, and Succory ana j M. pitched, the fresh tops of Rosemary and Bettony ana j M. Anniseed bruised, Liquorice mundified and thin sliced ana j $\frac{3}{4}$ di. $\frac{3}{4}$, Enula Campana roots powdered iv $\frac{3}{4}$, Raisins of the Sunne stoned iv $\frac{3}{4}$, English Saffron \mathfrak{D} j, boyl all these in three quarts of running water one hour, then strain out the liquor,

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quor, and put it to fire againe, with three spoonfulls of Honey, when boyls, scum it, let it cool, and bottle up for your use, drink morning and evening eight spoonfulls thereof warr sometimes roast a Fig, and eat it dip in the powder of Batony.

Of this make a syrup, whereof eat a spoonfull often in the day and night.

489. *Turnsole to make.*

Dip linnen clothes in Allom water let them dry again, then take Elder berries, and Black berries, wring their juyces out, then dip the Allom clothes therein, let them soake well and keep them when it is well dried in.

90. For the Tooch-ache, a medicine made by Doct^r Butler of Cambridge.

TAKE the rind of Caper roots, of the black berry bramble, the flowers of Pomgranates called Balaustia ana $\text{ij} \text{ } \frac{3}{4}$, Pellitory of Spain, white Henbane seed, the rind of Mandrake and Roche Allom ana $\text{ij} \text{ } \frac{3}{4}$ di. $\frac{3}{4}$ Spurge of the garden ij M. boyl all these together in very hard white Wine, this is rough in taste, herewith gargarize and wash the mouth often.

491. A Triacle, or rather a pretty Mitbridate.

TAKE Gentian, Aristolochia Rotunda, Bay berries husked, elect Myrrhe and Ivory ana $\text{ij} \text{ } \frac{3}{4}$. Ginger, Cinnamon, red Roses, Opium, Spikenard, Castor, Opoponax, Frankincense, Fennell seeds, Parsly, Caroway, Wormwood, Calamus Aromaticus, Enula Campana, Scordium, or water Germanander, ana $\text{ij} \text{ } \frac{3}{4}$. Storax, Hartwort, Sothernwood, Turpentine washed in Rose

Rosewater ana vj 3, powder all that are to be powdred, and searce them fine; incorporate them with honey clarified *quod sufficit*: this is excellent for any strong disease, or other, it expels poison from the heart of any kind; it expels winde and venemous vapours, it breakes the Stone; it giveth quiet rest and sleep, it takes away all pain, it causeth urin, and cures all inward griefes and sicknesse, the Dose is j 3 at a time.

492. *A Stomach drink that cures many diseases: if it be made and drunk in May, they are safe all the year after.*

TAKE Scabius, Mugwort, Smallage, Devils Bitt, ground Ivy, Wormwood, Fumitory, Fetherfew, Spicknell ana ij M, boyl them long in Whay made in May, when they be well boyled, in the last walme put in it the whites of six Egges, some Honey clarified, a little Saffron, the powder of twelve Cloves, then strain it, and drink of it first and last.

493. *Thighes*

493. *Thighes ach, or feet.*

TAke the roots of Walwort, scrape the inmost rinde, stamp the midst, and temper it with Bores ease and plaister it on.

494. *Thornes to draw out any where.*

Tampe j M of Dazies roots tempered with yolkes of Egges and wheat powder, and make a plaister thereof, and apply it, dresse it twice a day.

495. *For Tetters or any creeping eating Sores.*

TAke Honey clarified, mix therewith of Daffadill and the roots thereof, anoint the grieve, or take white Sope j 3, Orpment ij 3, make an ointment therewith, but first wash the place with warm water before you anoint it.

Or mix the powder of Salt Armoniack with Sope; anoint and be whole, *robatur.*

496. *Veine*

496. *Vein broken, or spitting blood.*

TAke Mouse dung powdred as much as will lie on a groat, put it in a little draught of the juice of Plantain warm, with a little Sugar, drink thereof first and last till it be well.

497. *Vein broken.*

TAke wormwood, Hemlock, Houleek, ana di M. Honey and oil of Roses ana j 3, Bole and Sanguis Draconis ana ii 3, beat them together and plaister it to the grief.

498. *Ulcers the cure.*

TAke Roch Allom, powder it, and calcine it till the pot be red hot, and the Allom pure white, then adde thereto wine Vinegar so much as will cover it, then vapour away the Vinegar till the Allom be black, then calcine it again till it be as white as Snow, then mix it with honey of Roses; make a plaister thereof, and apply it.

499. *Ulcers*

449. *Ulcers old to cicatrize and cleanse.*

STrew thin over the Ulcer calcined
Vitriall, then lay on a plaister of
Flos Unguentorum.

500. *Vomit easie with intermission.*

TAKE the syrup of Mints and
Violets ana four $\frac{3}{4}$, boyl them
to the thickeffe of Honey, then
draw away the fire, then mix them with
the seeds of Pempions, Radish and
Nettles dried and powdred, and Rose-
water ana iv $\frac{3}{4}$, the roots of Asarabacca,
dried in the shadow, pure Chalk pow-
dred, Cinamon and Fennell seed, all
powdred, ana j $\frac{3}{4}$, confect them all toge-
ther into an Electuary, the Dose is iij $\frac{3}{4}$,
either in Barly water, Whay or Milk,
or honied water.

N

501. *Vomit*

501. Vomit to stay.

TAke Mints, Shepheards purse,
Plantain, Knot grasse and Cum-
fry ana j M, small chopped, boyl
them in a quart of red or claret Wine,
drink of this Wine, and plaister the
heerbs to the stomach in a double
cloth.

502. Unguent mundifying.

TAke Rosin viij ℥, Colophony
foure ℥, Wax j lb. boyl one lb,
Opoponax j ℥, di. ℥, Virdi-
grease j ℥, melt the Wax and Rosin
together, then strew on the gummess
being dissolved in Vinegar, then boyl
it a little on a soft fire, take it off,
and stirre in your Virdigrease last
in fine powder by little and little, so
plaister it.

503. *Unguentum Neopolitanum*, to cure the
French Pox.

TAke Oil of Spick, Oil of Tartar,
Oil of Bay, Petroleum, and
Swinesgrease, ana $j\text{ } \frac{3}{4}$, Frankin-
cense $iv\text{ } \frac{3}{4}$, Euforbium $j\text{ } \frac{3}{4}$ di. 3, ung.
dialtheæ, and Agrippa, ana $j\text{ } \frac{3}{4}$, Quick-
silver mortified with fasting spittle, $iiij\text{ } \frac{3}{4}$,
mix them well and compound an oint-
ment thereof, anoint therewith but
hands and arms to the elbowes, legs and
feet to the knees.

504, *Unguent* to heale a green wound at first
dressing.

TAke Aloes, Succotrine fine
powdred, the powder of Pero-
fine ana, Mix and grind them
with the white of an Egge, lay it on
with a pledget of Lint.

505. Unguent for Ladies chapped, or
for e Lips.

TAKE Butter out of the Churne,
melt it with so much Wax, Rose
water, and fine scraped Sugar,
compound them together to an oynt-
ment, and anoint therewith upon
the hands.

506 Unguent for deep thrusts or
Wounds.

TAKE Hogs grease di lb, the juyce
of Plantain, Wormwood, Mari-
gold and Dazies, put to your
grease so much Saler oil as grease, melt
and mixe them well together on the
fire, put therein so much fine searced
powder of Alkanet as covers the un-
guent red: this cureth without Tent,
and keep it open

507. Un-

507. Unguent incarnative and healing.

TAke English Honey and Turpentine, melt them on the fire, and scum them with a feather, then take it from the fire, and stir it, and put to it the juyces of Dazies and Plantain ana, the yolks of three Egges, stir them well and mix them to an Unguent.

508. Unguent to heal the Hemroids, and break them.

TAke the finest Sope, bray therewith Garden Snailles without shels, and the fine searced powder of burnt Musclee shels, all mixed and brayed together, anoint therewith, and in three dressings be whole, and then lay on a desiccative powder.

509. *Unguentum defensivum and repercussivum.*

TAke Oil of Roses four ℥, Bole two ℥, Terra sigillata one ℥, Vinegar j ℥, Camphire di. ℥, Night-shade, and S. ngreen, ana j M. pound the herbs, and strain the juyces out, mix all together cold, fiat unguentum.

510. *Unguentum digestive, which brings a wound to fair matter.*

TAke Honey and fresh Butter ana, incorporate them well together, with the flower of Fengreek, Linseed, and Wheat, melt them and mix them on the fire together, make it so up.

511. *Unguent to mundifie.*

TAke Rosin, Wax, and Pitch, ana iij ℥, Deers Suet j ℥, melt them together on a soft fire, strain them purely without pressing, then set it on the fire, and put thereto Verdigrease, vj ℥. Allom. fine powdred, iv ℥, mix them well with
fix

fix great spoonfuls of Sallet oil, and so
it is done.

512. Unguent to cleanse and heal.

TAke white Copperas fine pow-
dred four 3, Allom fine pow-
dred, and Verdigrease ana iij 3,
Honey fine powdred, and Butter ana
ij 3, oil of Roses ij 3, boyl all toge-
ther to a liquid unguent, then mix
thereto Turpentine ij 3, lay it on with
pledgets.

513. Unguent to skin any wound.

TAke Lapis Calaminaris pow-
dred and searced j 3, fresh But-
ter, oil of Linseed ana ij 3,
Bole and Ceruse ana iv 3, powdred
and searced, mixe them all in a
morter to an unguent, anoint there-
with and lay pledgets wet therein
on it.

514. Un-

514. Unguent to force one to pisse in an
sickness.

INfuse and mix ten drops of oil o
Juniper in ij z of Parsley water, drink
it fasting bloud warm, use it till
you be well, which will be at one or
two takings.

515. Wounds and small Cuts.

TAke powder of Storax, mix it with
oil of Hypericon and Alkanet, it
cures quickly.

516. Wounds green, a Balsome to heale
quickly.

TAke the oldest white Wine one
pint, oil three pints, Hypericon,
Cloves, Alheale, and red Rose
buds, ana j M, fresh and small shread,
earthen Wormes cleansed di. ss , boyl
all these in the oil and wine, till the oil
and wine be consumed; then strain it
hard forth, and put it to fire again,
digest therein liquid Storax j z , and
Venice

Venice Turpentine j lb, Wax cut in pieces ij 3, mix them well together, when it is cold put it in Vials, and Sun it ten dayes, this is a good tenting Salve.

517. Wounds green, a Salve to cure.

TAke the oil of Linseed one pint, infuse therein Adders tongue and sweet Maudlin small chopped or cut all night, so much as the Oil will cover, the next day boyl it close covered, till the hearbs have lost their colour, then strain it, put the oil to fire again, put thereto Wax and Rosin, cut in small pieces ana two 3 till it be well melted, then mix and stir therein Venice Turpentine ij 3 being well mixed, take it from fire, put it up to your use.

518. Wounds or Sores, a good Lotion.

TAke white Wine one pinte, infuse therein so much calcined Vitrioll as will make it bloud red, then put thereto the
N. 5 powder

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powder of calcined Allom, so much as
a Walnut,

519. *Wen to cure.*

Rub the Wen on a dead body, a
man on a woman, and a woman
the contrary, prick the Wen with a
a Needle in the dead body to be buried
with him.

520. *Wormes to kill and cure.*

TAke Cockle, and with the flowre
thereof make a plaister, temper it
with the juyce of Wormwood,
lay it on the Navell.

Or. take the powders of Betony, Sa-
vine, Wormwood, and Centory, and
mixed, eat a little thereof in brothes, or
drink it in drink.

521. *Winde*

521. *Winde colick to cure.*

TAke the powder of Setwall roots,
and put it in white Wine, it is
very good.

522. *Winde with pain and swelling in the
stomach.*

TAke Avenge, Liquorice and An-
nis, celansted and bruised, Galin-
gale and Hyssop, with the pow-
der of Mace, and a little Gentian, boyl
all these in white Wine, the dose or
quantity is in discretion, strain it and
drink it warm.

Or oil of Rose, Wax, powders
of Mastick and Mace melted toge-
ther, and apply it in a plaister to the
Stomach.

523. *Wille*

523. *Wilde fire in the flesh to cure.*

TAke the dregs or lees of Red or Claret Wine, or white, and the dregs of Vinegar, the whites and yolks of Egges, bray all these together and apply it.

524. *Water to dry and heale a Sore, and to dry a humour.*

TAke white Copperas calcined and powdred fine, seeth it in fair running water, then let it stand and settle, take none but the cleereſt thereof, or strain it purely, and so use it.

525. *Womens milk hard in breasts to cure.*

TAke Mints, Walwort and Vervine ana Hogs greafe, ſtamp them together, and as a Poultis apply it.

526. *Warts*

526. *Warts or Wens to cure.*

TAke j lb, of the first tap of Sope-makers Lie, put it in a pot and mix therewith so much quick Lime as will make it thick, then put it in a bag, hang it up with a Bason under it, and let the water drayne into the Bason, then put a drop of that water on the top of the Wart or Wen, and let it dry in three or four times till it look white, then it will goe away.

527. *Water to eject or sringe the Secrets of Man or Woman, and good Lotion for old Sores.*

TAke water and white wine ana one quart, Woodbine leaves and flowres, ana ij M. Sage, Rosemary and Water cresses small chopt and well boyled together halfe an hour close covered, then put therein Allom. iv 3, powdred, and Honey two small spoonfulls, then boyl them three walmes, strain it and keep it to use.

528. *Wemens*

528. *Womens Paps swolne, or hard to cure.*

TAke the iuyce of Hearb Benet, bathe the hard breast therewith, and wet a double cloth therein and lay it thereon, bathe it and wet the cloth again, so use it till you be well.

529. *For the Whites.*

TAke a quarter of a handfull of white Archangell, Plantaine, Shepherds purse, and Comfrey of each halfe a handfull, of Horse taile, or Cats taile half a handfull, boyl this in two quarts of Milke, till half be consumed, then straine it, and sweeten it with sugarcandy, and drink it twice a day for 10 or 15 doses together.

530. *To stay the Courses when they come too violently.*

TAke half a dragme, or a dragme of Diaſcordium, dissolve it in a draught of Posset ale, wherein there hath been boyled halfe a handfull
of

of Sheapherds purse, drink a draught of
his morning and evening.

531. To cause a Woman to have her courses.

Take a good quantity of the root
of Gladine, and boyl it in Vine-
gar or Wine till it be tender, and
after set it on the ground in a ves-
sell, that the woman may stand or sit
over it, and let her stand so close over
it, that the heat may strike up into her
body, and this will help her, for it
never faileth; but you must have speci-
all care the woman be not with child:
probatum.

532. To stay the Whites.

R^e of Nutmegs ʒij , of white Amber
six dragmes, of the whites of Egges
reduced into powder two ounces,
mingle these together, and take halfe a
spoonfull of these in new Milke six
days together; you may sweeten it if
you please.

533. An

533. An ointment for Wormes.

TAke of unset Leekes, Worm-wood, Lavender cotton, Rew, Bearsfoot, Savine, Sothernwood, red Sage, red Mint, Featherfew of each a handfull, strip the stalkes from them, and chop them and beat them in a Morter very small, then put thereto a pound of May butter, unwashed or salted and then put them up all into an earthen pot, and set it into a brasle pot of seething water, and let it boyl two hours, then strain it as hot as you can, and anoint the stomach warme, and keep a cloth to it.

This Salve will keep 2 or 3 yeares, and is an approved one.

The



*The Temperature, Nature and
Qualities of Plants and Herbs
for PHYSICK.*

First Medicine temperate, hot in first Degree.

BEans, Water lillies, Barley, Kneeholme, Maiden haire, Hogs greafe, sweet oil, Milk, Wax, white Lead, Lecharge of white Lead, Capillus veneris, or Walferne, Tutty, or Liquorice, Gourds, Cidron, or Orange.

534. Medicines hot in the first Degree.

Round Aristolochia, Hollihocks, sweet Almonds, Chestnuts, Figs, Wormwood, Smallage, and Egrimony, Buglosse, Burage, Mercury, Devils bite, Harts tongue, Walwort, Aloes, Wheat, Fenugreek

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Fenugreek, Linseed, Honey, Butter
Sugar, Whay, Melilots, new Wine
Groundsell, Elder tree, Mushrome, o
Agarick.

535. *Medicines hot in the second degree:*

Guaiacum, Cyprus, Calamus aroma-
ticus, Piony, Nutmegs, bitter Almonds
Enula campana, Comfry, Branckerur-
fine, Sanicle, Lyons tooth, wild Rocket,
Bennet, Lavander, Cardimomum
Horehound, Garden Mints, Stone Parsly,
Scabius, Fennel, Frankincense, Myrrhe,
Mastick, Sarcacoll, Briony, Madder,
Fumitory, Clary, Broom, Hops, Hyssop,
Balme.

536. *Hot in the third degree.*

Gentian, Aristolochia longa, Polypo-
dium, Pellitory of Spain, Hors-radish,
Dogstones, Galingale, Gladin, Ginger,
Ireos, Watercrowfoot, Mugwort, Cher-
vill, Cyprus, Celendine, Origany, Sage,
Raperoot, French Diptany, Annis, O-
poponax, Rosemary, Hyssop, Galba-
num, Juniper, Coliquintida, Costmary,
St. Johns Wort, Privet, Rew, Savine.

537. *Hot*

537. *Hot in the fourth degree.*

Garlick, Onions, Tithimale, Mustard
seed, Euforbinm, Pepper, Petroleum,
Pelitory of Spain, Anacardus, Savory.

538. *Medicines cold in the first degree.*

Chestnuts, Mallows, Pomegrsnats,
Barbaries, Knotgrasse, Lillies, Orach,
Barly, Pears, Apples, Violets, Roses,
Quinces, Cytrons.

539. *Cold in the second degree.*

Peach, Orange, Gourd, Cucumbers,
rimrose, fowre Pomegranants, Lung-
wort, Fleawort, Blossomes of Pome-
granats, Acacia, Plantain, Endive, the
Yellow Flower-DeLuce.

540. *Cold in the third degree.*

Taffell, Housleek, Sorrell, wilde En-
ive, Tormentill, Purslain, the lesser
ousleek, Night-shade, Strawberries,
asps, Camphire.

541. *Cold*

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541. *Cold in the fourth degree.*

Poppy, Opium, Hemlock, Henbane,
Mandrake.

532. *Medicines moist in the first degree.*

Enula Campana, Mallows, Bugloss,
Borage, Butter, Spurge, Almonds, Lin-
seed, Violets, Tarre.

544. *Moist in the second degree.*

Lillies, Lintels of the Fens, Flower
Deluce, Lettice, wilde Bore-brech, Cu-
cumber, Parsly, Primrose, white Mu-
stard seed, Dates, Fleawort, Ammonia-
cum, Arache, Lingwort, Eringus roots,
Gourds.

545. *Moist in the third degree.*

Satyrion, wilde Endive, Strawberries
Courds, Colwort.

- 16. *Moi*

546. Moist in the fourth degree.

Quicksilver.

547. Medicines dry in the first degree.

Fennell, Hollyhocks, Divels bit, Elder, Pomegranats, Barly, Walwort, Chesnuts, Fenugreek, Camomile, Mililot, Saffron, Frankincense, Sarcocole, Beanes, Fumitory, Tormentill, Sorrell.

548. Dry in the second degree.

Aristolochia, Guaiacum, Cyprus, Calamus aromaticus, Cinnamon, Dill, Southernwood, Camphire, Opium, Centaury the lesser, Horehound, Sanicle, Lyons tooth, Hyssop, Broom, Parsly, Scabius, Pimpernell, Cardimomum, bitter Almonds, Millet, the Indian nut, Nutmegs, Myrrhe, Verjuyce, Honey, Aniseed, Cyprus, Juniper tree, Endive, Fennell, Lavander, Hops, Cloves, Balme, Mints, Figs, Pomgranats, Mastick.

549. Dry

549. *Dry in the third Degree.*

Lavander, Hogs bread, Gladin, Rap
root, Pellitory of Spain, Gentian, Ga
lingale, Dragons, Wormwood, Mug
wort, Crow foot, Bettony, Celendine
Hemlock, Hellebore, great Celendine
Privet, Towne Cresses, Aniseed, Origan
Cinkfoyle, Rosemary, Savine, Cockel
Tutsan, Garlick, Cumin, Sanguis Dra
conis, Galls, Sothernwood, S. Johns
Wort, Pennyryal, Rew, Sorrel, Tor
mentill, Gum Arabick, Chalk, Vinegar.
Aloes, Millet.

550. *Dry in the fourth degree.*

Pepper, Spurge, Anacardus, Savory
Oil, Stone Parsly, Mustard, Euphorbi
um, Garlick, tame Cresses.

551. *To cure a green Wound by the Weapon
that gave it, without sight of the party
wounded.*

TAKE of the Masse growing upon a
Scull liij 3, of Ceruse ij 3, May But-

ter clarified two quarts, Deere sewer
ij 3, Bees Wax ij 3, Camphire di. 3, boyl
all these in the Butter, till it come to a
pinte, then Take Venice Turpentine ij 3,
and boyl it a walme with the rest being
a pint, stir it till it be cold, put thereinto
oil of Snails ij 3, while it is lukewarm,
beat them all together with your hand,
till it be made into a Balsome.

552. The use of it.

TEmper the Balsome upon the palme
of your hand, and therewith anoint
the Weapon that gave the wound, so far
as it was in the wound, then take a fine
linnen cloth and bind up the weapon,
so far as it is anointed, tye it very hard,
and put it into a Trunk or other close
place from air for 21. days, the patient
shall be well.

*553. How the Wound shall be used in the
mean time.*

CAuse the wound to be washed twice
every day with the water of the
pew muced, then dip a ragge of
linne

fine Holland, in Spring water filling it therewith as full as it can be filled, and lay it close upon the wound; but if any bone be broken or perished, so that it needeth to be scaled, then let the wound be washed and chafed with the Urine till it bleed at every washing.

554. *His Diet must be temperate.*

WHite bread, Table Beer, fresh Meat, but let him abstain from Beef, Pork, Goose, and all kind of fish.

555. *How to make Oil of Snayles.*

TAKE a quart of black Snayles in May, put them in a bag, with halfe a handfull of Bay salt, bruised, hang them up untill they drop thorow the bag: a quart of Snayls will make ij 3 of Oil.



*A brieft Collection of all Hearbs,
Plants, Seeds, Spices, and Gums
now used in Physick, to purge the
Body of Man, omitting all such
Hearbs and Plants as have any
great Danger to deal withall.*

A Garick purgeth Phlegme and Me-
lancholy, ministred with Spices,
and corrected accordingly.

Allo-Cicotrine in the pap of a roasted
Apple, or any way else purgeth gently,
the Dose is one dragme.

Astrabacca, the leaves purgeth up-
ward and downward, if so gathered and
tripped.

B Riony white, take the young
Sprouts thereof boyled, and eat it,
purgeth by stool, and Urine Phlegmes,
doth the roots in decoction, but
strong and offensive.

O

Buckhorne

Buckhorne berries, powdred and Boyled in the fat broth of flesh, one dram and a half purgeth Phlegme and choler.

Broom, the young tops boyled in Wine, purgeth the Dropfie, or any waterish cause.

Bettony one dragm, of the roots dried in water and Honey powdred, purgeth upward grosse and filthy humours, and helpeth the Sciatica.

Borage flowers made in Conserve, purgeth Melancholy, and comforts the heart.

COloquintida, the weight of ten grains of the pith thereof in decoction or otherwise, with Mastick and Spices fit for it, purgeth phlegme and choler.

Cowcumber wilde 10 or 12 grains of the juyce thereof infused, purgeth phlegme.

Centory in Decoction looseth the belly and cureth the Sciatica.

Cassia Fistula purgeth choler and bloud from Superfluities.

Cich, or wild Tarre, or Orobus seed fine powdred, and taken with Honey, purgeth by Seige and Urine. Dase

D Affodill root with Nettleseed, boyled in white Wine and Honey, purgeth the bloud and spots.

Dodder that grows on Flax, boyled in white Wine, purgeth by Urine, stool, and choler.

Danewort j \mathfrak{z} , of the seed bruised and taken with syrop of Roses, and a little Sack, is a good purgation for Gout or Dropfie, it purgeth waterish humours by stool,

E Pithimum, or mother of Thyme four \mathfrak{z} powdred with Oxymel, and a little salt Gem purgeth choler and phlegm, and cleanseth the bloud, so it will do boyled green in Decoction.

Eline with the broad leaf j \mathfrak{z} , of his inner bark, boyled in Wine, purgeth phlegm.

Enula campana the roots, candied, preserved, or in a loch, \mathfrak{z} to be licked, purgeth clammy humours in brest or lungs.

Eldern the crops, leaves, or inner bark taken in broth, purgeth phlegm, and so doth the seed infused in vinegar, and afterward dried, then take j \mathfrak{z} any way,

O 2

Fumitory

Fumitory the juyce in syrup or decoction purgeth by Urine, and Seige bloud, and hot humours.

Fennell giant j 3 of the juyce of an Electuary, purgeth phlegm and choler.

Flower-deluce, the juyce of his roots drunk with Whay, or otherwise, to allay heat, doth effectually purge choler and waterish humours, and is good for the Dropfie.

Fennell hogs, or hogs fennell, the yellow sap of the root taken with bitter Almonds and Rew, purgeth phlegm and choler.

Fleawort seed boyled, and the decoction made, and taken, purgeth hot cholerick humors.

Foxgloves in decoction boyled with white Wine and Honey, or Sugar, purgeth and ripens tough phlegm in the breast, and opens the stopping of the Liver and intrails.

Fenugreek, the juyce boyled with Honey or the decoction of the seed in Wine, and in a little Vinegar, purgeth by stool, all manner of corrupt humors from stomack and Guts.

Fetherfew powder drunk with Oximel,

mel, purgeth phlegm melancholy, and
and cheereth the Lungs from purfive-
neffe.

Frankincense, Hearbs, Leaves, and
Roots, boyled with white Wine and
Pepper, purgeth Leprosie and Pox.

Casse, Saltwort, a little of the hearb
any way taken inward purgeth by
Urine the Drop sic.

Gladdeu stinking the root infused in
Ale, or any other decoction, purgeth
by Siege, and Urine, but the seeds
purgeth more by Urine then the roots
doth.

Hellebore black, or Bear-foot pow-
dred j 3, with sweet Wine, purgeth
black choler.

Hops, the juyce purgeth blood from
choller, by Stool and Urine.

Hedge Hyssop two 9 bruised and
boyled, purgeth waterish humours.

Isop the juyce taken with Oximel,
purgeth phlegm.

Lillies red, the roots and leaves boyl-
ed in water and honey; purgeth the
bloud.

Lawrell, his leaves green or dry j 9,
purgeth phlegm upward and down-
ward,

ward, ten graines of the seeds doth the same.

MAndrake, the juyce of his roots in small quantity purgeth phlegme.

Mercury, the Decoction purgeth phlegme and waterish humours.

Mechoacan powdered j 3 in Sack, purgeth phlegme and waterish humors.

Night shade or bitter-sweet, the wood hereof in decoction in white Wine di. M. thin sliced, purgeth both Dropſie and Jaundis by ſtoole and urine.

ORgany or wilde Marjoram, in decoction purgeth by Seige and Urine.

S^t PEeters Wort j 3, fine powdred, a decoction of honied Wine purgeth the belly.

Polypody of the Oake in decoction, purgeth phlegm gently, the Dose is j 3.

Prunes damask di. lb, boyled with honey one ſpoonfull, and Senna j 3, make an Electuary thereof, purgeth gently, it may be ſharpened with any the precedent Medicaments.

Palma Chriſti both hearb and ſeed boyled in decoction purgeth phlegm and waterish humours upward and downward.

Penyriall

Penyriall with Honey purgeth the Lungs and Breast, and with one 3 of Aloes purgeth and helpeth the Cramp and Convulsion of Sinews.

Peach flowers or blossomes infused in warm water 24 hours, then strained out and new put in as before, and so used and renewed 6 times, then strained, and the liquor boyled up with Sugar to a syrup, take two spoonfulls thereof at once, it is the gentlest purgation in the world, none better nor easier.

Rubarb two 3 more or lesse to the parties strength infused or other wayes purgeth choler.

Southernwood seed one 3 powdered and boyled in white Wine, purgeth phlegme by Urine.

Scammony ten or twelve grains roasted in a Quince, [the Scammony cast away, then eat the Quince, or make an Electuary with Prunes and some eight grains thereof, purgeth choler and slimy phlegme,

Scabius the decoction purgeth Scabs and Sores of the Bladder by Urine.

Seny ij 3, Mechoacan. iv 3, white Ginger one 3, Anniseed and Liquorice,

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ana iij ℥, Salt gem, iij ℥, all fine powdered and searced, take it fasting one or two spoonfuls in warm white Wine, it is a gentle purgation.

Sowbread root one ℥ di. with honied water, purgeth grosse phlegm and filthy humours.

Steecadosē, or French Lavander, opens all stoppings in body, and expels all corrupt humours, it is an excellent hearb for man.

TUtsane seed iij ℥, small powdered in decoction, purgeth choler, and is good for Dropsie, drink water two dayes after it.

Turnesole one M. boyled in white Wine, purgeth choler and phlegm.

Turbith one ℥ di. in an Electuary with Syrup of Violets and Ginger, purgeth phlegm.

Tithimill seed or Spurge corrected, discreetly purgeth both wayes.

Three-leaved-grasse, the decoction with honey and Salt for a Glyster purgeth the guts and slime and filth.

Violets the syrup iij ℥, purgeth gently, you may sharpen it with any the presedents.

Woad

WOad one penniworth of the seed
boyled with water and honey,
purgeth choler.

Wormwood purgeth by Siege and
Urine a weake stomach, troubled with
choler and phlegm.

These Hearbs purge Head and Brain.

THe powder of the root of stink-
ing Gladwine snuffed or taken
with a pipe.

The powder or fume of Tobacco
taken as aforesaid.

The root of Lacewort chewed in the
mouth, purgeth and easeth the Tooth-
ach.

The root of Primrose stamped and
strained, snuffe the juyce, purges and
helps the Meagrom.

The root Masterwort chewed.

The powder of the root of wild Hel-
libore.

The roots and leaves of Pellitory of
Spain chewed, purgeth phlegm.

The juyce of Betts snuffed.

Dazie roots and leaves stamped and
strained, and the juyce snuffed.

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The roots and leaves of the winde flower.

The juyce of Pimpernel gargarized, helps the Tooth-ach, and purgeth.

The juyce of Ivy snuffed, purges and stayes running eares, and cureth old sores in eares, mixed with a little oyle of Roses.

The spice called Graines chewed.

The juyce of Pilewort or little Celandine mixed with honey and snuffed.

The dry or green leaves of Spurge Lawrell chewed.

The juyce and powder of Betony helps the sight, and purges.

The juyce of young Sprouts of Nettles snuffed.

The powder of Pepper.

The juyce of a white Onion snuffed, purgeth.



*A brief discourse of the colours and
judgments of Urine.*

URine fat and troubled, betokens a
burning Fever of choler, or red and
thick all over with a black circle, shew-
eth sicknesse all over the body.

Urine white and thin little in quan-
tity sheweth cold in the body.

Urine clear with a black circle, shew-
eth the sick hath the Ptsick.

Urine red and thin with a bright cir-
cle, sheweth a bad stomach.

Urine thin and greenish above shews
a cold complexion, if blue in casting 'tis
the Ptsick.

Urine thin if it shew black above be-
tokens great losse of Nature.

Urine thick and troubled horspisse
signified head-ach.

Urine fat in the bottome, white in the
middest, and red above, shews the Fever
quartain.

Urine

Urine fat like flesh with dregs in the bottome like shadowing, shews the Dropfie of Cold, but if it be whay above clear in the midst, and shadowing beneath, sheweth hot dropfie.

Urine with black dregs in the bottome like gobbets of coals sheweth worms.

Urine with black contents like Moths in the midst shewes an Impostume under the side.

Urine with contents like shavings of Parchment, in the bottome, sheweth stopping in the Reins and Pipes of the Liver.

Urine black and green with long white contents signifies the Palsie.

Urine that hath graines under the circle, sheweth the stomach is full of wormes, and also burning of the heart.

Urine foul above, sheweth heat in the Heart, Lungs and Spleen.

Urine with black contents in the bottom, sheweth Costivenesse.

Urine that is long lasting, betokens biting in the body and great Rheume.

Urine thick, little in quantity, and high coloured.

colourrd, sheweth great burning in the body.

Urine frothy, clear and a little red, shews pain under the right side.

Urine frothy, sheweth winde and pain under the left side.

Urine very red sheweth an Impostume on the Liver.

Urine as red as burned gold if it be Hydroptick betokens death.

Urine in a hot Fever, one part red, another black, another green, another blew signifieth death.

Urine in hot axis black and little in quantity and stinking betokens death.

Urine all coloured as lead, sheweth a prolonging of death.

Urine dark and clear beneath signifies death.

Urine that shineth raw and bright, if the scum in the bottom shines not, shews death.

Urine thin in substance fleeting above like a dark skie shews death.

Urine dirty, stinking and a dark skie shews prolonging of death.

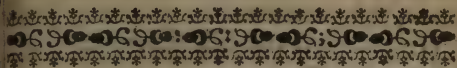
Urine like water with a dark skie in

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a fever sheweth death.

Urine with dregs in the bottome mingled like bloud, sheweth death.

Urine black and thin, if the sick do loath when he goes to the stool, and speaks overthwart, or understands not aright, if his sicknesse goeth not from him, signifieth death.

Womens



Womens Urine, their significations.

URine white, heavy and stinking, shews pain in the Reins, and Mother and Cold.

Urine that fleeteth fat above, shews pain in the Reins of the back.

Urine with black contents in the bottom, shews falling of Flowers.

Urine with white contents in the bottom, shews much falling of flowers.

Urine coloured as Linseed, shews death if she have the Flux.

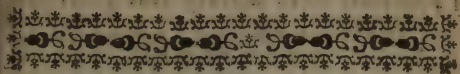
Urine red as gold with a watery circle above, shews she is with child: mark if you see your face in a womens water, if she be without a Fever, she is with Child.

Urine of a woman with child shall have some clear stroaks, the most part is troubled in a reddish maner of a Tawny; this token never fails as soon as the childe hath life, if it be a Girle, the troublesomenesse wil draw downward;
if

if a Boy, the troublesomenesse will be above, this fails not.

Urine bright as gold, shews lust, or desire to marry.

Urine coloured as white Lead, if she be with Child, sheweth the Child, is dead within her, if she be not with Child, and the Urine stink and coloured as Lead, sheweth the Mother is rotten.



*A Rule to know the danger of falling
sick by the Diary judgement of the
Moon.*

Inprimis, He that falleth sick on the
first day of the Moon, shall soon die
if the sicknesse be tedious or fierce.

Although he be sore sick, he shall be
cured.

He may with due regard in Physick be
cured.

He shall be soon restored to health.

He shall be sick but ten days, and then
restored.

He is no danger.

He shall enjoy life but three moneths.

He shall continue sick and languish a
long time.

He shall have health after nine dayes.

He shall amend after ten days.

He shall be long sick, but at last re-
cover.

He shall be sick 12 days and recover.

13 He

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13 He shall have a long and grievous sicknesse.

14 He shall be soon restored.

15 He shall easily escape death.

16 He shall be in great danger if he take the open ayre.

17 He shall not prevaile with any Physick to do him good.

18, 19, 20. Be good days.

21 Sicknesse is mortall and incurable.

22 He shall escape after he hath lain three moneths.

23 He shall die in few days.

24 He shall remain a long time sick.

25, 26, 27, 28, 29. Be all good days.

30 He shall hardly escape with many Medicines.



To know the Humour that causeth the sick-
nesse by the Patients Spittle.

Inprimis, If the Spittle be white vis-
cous, the sicknesse comes of phlegm.

If black and clammy or like Lead, the
sicknesse is of Melancholy.

If Cytron, yellowish or Glassie, it
commeth of choler.

If tawny or reddish mattery colour,
it comes of Bloud.

If the white Spittle be not knotty, it
signifies health.

If fummy or frothy, it signifies winde,
and a raw stomach and cold.

If gleary like horne, it shews a stomach
ack, raw, and slow of digestion.



*A judgement of the state of Mans sicknesse
by the Pulse.*

Lay your four fingers on the Pulse, then mark which finger the Pulse is most strongly under; if the Pulse under the little be feeble and weak, and so under every finger to the heart upward be more weak, it signifieth death.

Contrariwise, if under the little finger it smight strong, and under the Ring finger stronger, the middle finger more strong, and under the fore finger next the heart strongest of all, it is a good sign, and prgnosticateth health.

F I N I S.

That every one may know how to compound these Medicines, without the help of any other man, therefore the notes of all the weights which are used among the Apothecaries, are placed underneath.

Grain

Scruple

Drachme

Ounce

Pound

Quart

A small handfull,

or as much as

you can take up

with three fin-

gers.

A great handfull

Halfe

Of each

Receive

hath this
mark,

gr.

℥. 20 grains

℥. 3. 3 scruples

℥. 8 Drams

℔. 12 oz

qr.

P.

M.

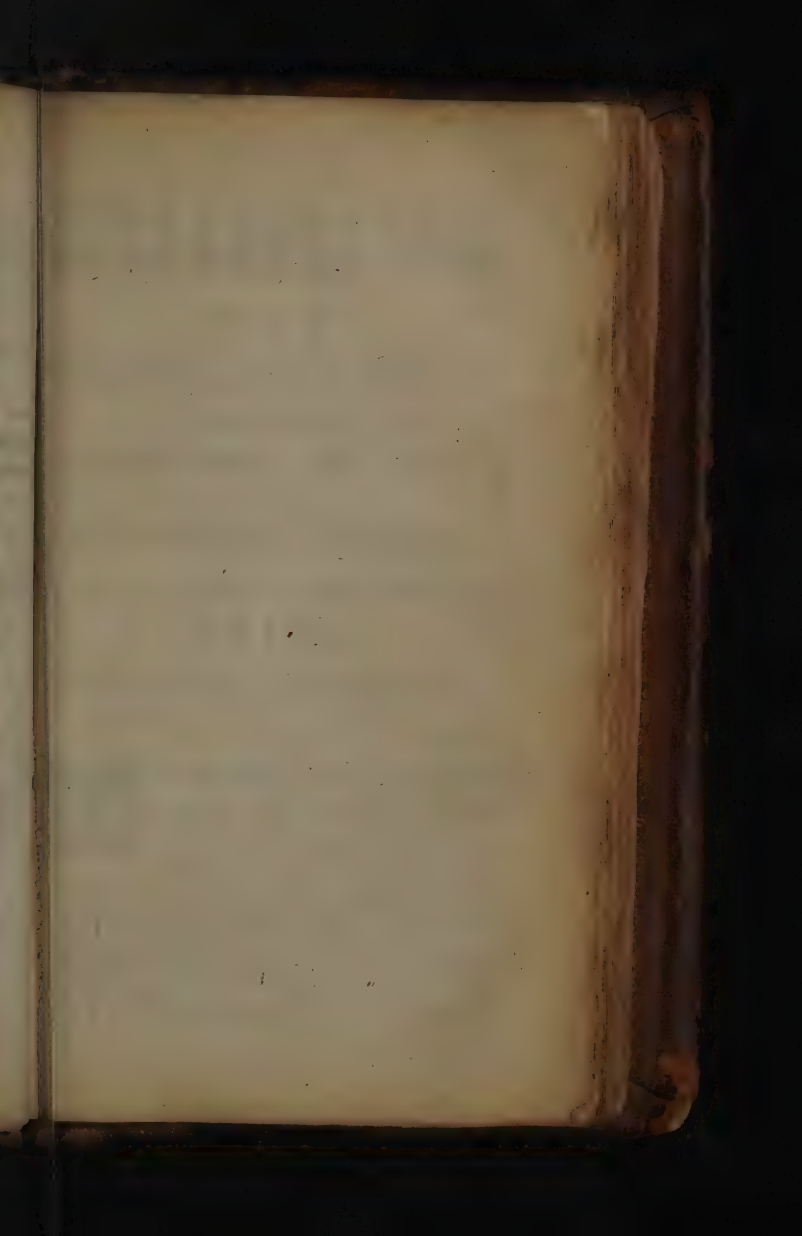
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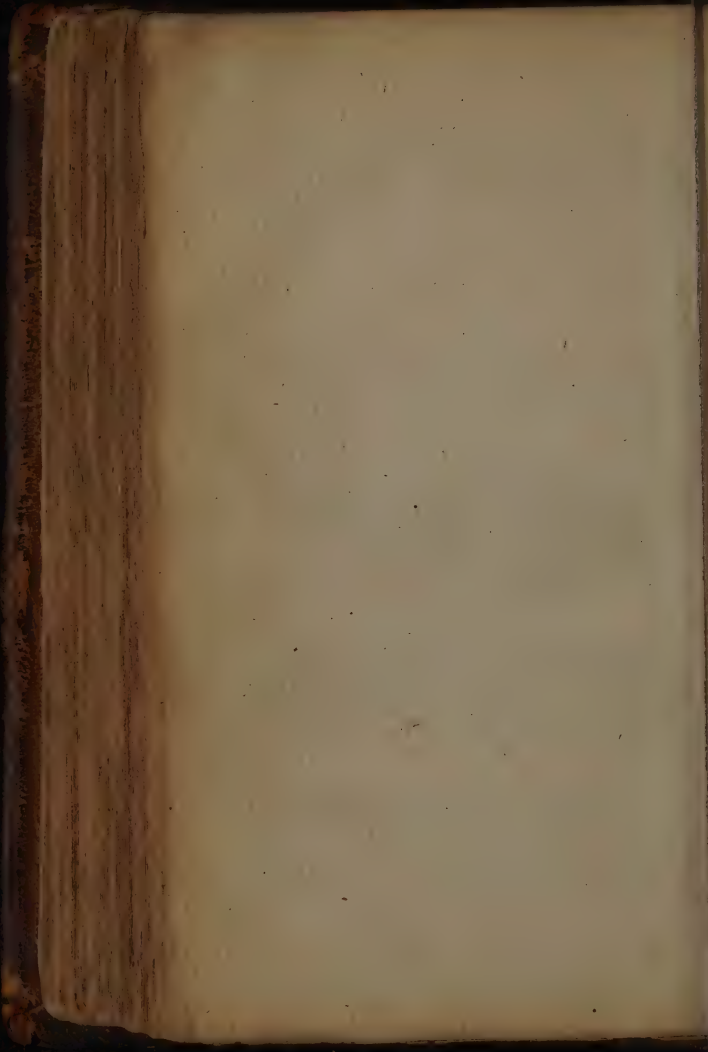
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Dep. William A. Smith





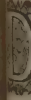
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THE
PHISITIANS HELP
TO THE
CHIRURGEONS SALVATORY,
FOR
SUDDAIN ACCIDENTS.

CHAP. I.

*Prevention of mischief by Poysons eaten or
drunke.*

DIverse Physick Authors have in-
vented various rules to pre-
vent Poysoning, by suspecting
their food and company; But
those are all false lights, and uncertain;
poysoning the minde many times with
causelesse jealousies, till the passions
break out into sore afflictions of ones
own self, and contagious infections of
some

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Some others purer reputations. Therefore (that I may be no abettor of other mens errors) my counsell shall be; First, and principally to rely upon the provident mercy of God to watch over and keep us; And in the second place, to rest upon the use of good Antidotes only. Such as are, *Mithridate*, *Andromachus* or *London-Treacle*, *Confectio Alkermes*, and *Confectio Liberans*. These are alwayes ready in every wel furnished *Apothecaries shop*.

Of any of which, you may take every morning fasting the quantity of a Hael nut: and that either simply by themselves, or else in some Broth, or Posset drinke: or, if your stomach through coldnesse and ill digestion require it, in white Wine sweetned with a little Sugar. Or else use the plain, but anciently applauded Antidote.

Take two *Walnuts*, two *Figs* cut in two, twenty leaves of *Rue*, and a little *Salt*. Beate all together in a Morter to a pulp, and eate it in the morning fasting. In praise of which these Verses were written.

*Armatusq; cibo tali, quasq; veneno
Quilibet insidias sibi tenderet, haud metuebat.*
He that with such a Poyson-prooffe was arm'd,
Fear'd not that day by Poyson to be harm'd. A-

helps for suddain Accidents 3

Avicen makes it thus.

Take of Walnut kernells two parts, dried Figs and Salt, of each 5. parts, & dried of Rue 20. parts. Of which Rhasis saith that it will make one vomit up any unwholsome food received that day after it.

You may also apply this outward Medicine, which is an approved one.

Take half a halspeny leafe newly drawne out of the Oven, make it hollow in the middle of the crummy side, and fill it with Treacle and Vinegar, while it is hot apply and tie it to the Navill. It doth preserve the body, and draweth out the venom (if any be within) be it of what kinde soever. I have an excellent Antidote of mine own, if any will be pleased to come to me for it.

CHAP. II.

A generall way of Curing such as are hurt by inward Poysons.

IF any be Poysoned, *Aetius* (*Tetrab. 4. Sermon. 1. cap. 47.*) saith it will appear by these signes.

Not long after the taking of it, there will come either a sudden coughing, or
P 2 vomiting

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vomiting of bloudy and stinking stuffe, or trouble in making water, or some pain within the body, or vehement heat, or gnawings within the stomach or guts, or else some suddain numbness: also prickings in the flesh, trembling of the limbs, Hicket or Yex, Convulsions or Cramps; breakings out of the skin into blisters, biles or scabs; filthy spots, or foul and unnaturall colour of the skin; swelling either all over, or else of some part of the body; straitnesse of breath, much filthy vomiting, and in those vomits sometimes the very plain appearance of some part of the Poyson. If any of these (saith he) happen to a healthy man suddainly upon his meat, this man is to be judged infected with Poyson.

And then must this course following be observed.

First, you must endeavour to fetch the Poyson out by the same way it was takē in. As, if it were eaten, or drunke, by vomit: If in a Glyster or Suppository; by a Glyster again it must be purged out. If by a Fume, by a cordiall Perfume it must be encountered, and conquered. If by the mouth

helps for suddain Accidents. 5

mouth it were received, whatsoever kind of Poyson it be, before it be digested further than the stomach (if it may be time enough found) give the party a great draught of some fat broth; or Oil and child's urine; or else Sweet Butter and Water, with two or three spoonfuls of the juice of Radish roots in it. Give one of these bloud-warm, to make him vomit. If the first vomit fail, give the second, and so the third if the second fail. And if they work not of themselves quickly, provoke them further by putting the finger into his throat, or a feather dipped in rank Oil, or in Oil of Linseed.

But if it have gotten into the guts (which wil appear by the gnawings and gripings) give him a sharpe Glyster. As

Take *Mallows*, *Violet leaves*, *Mercurie*, *Beets*, of each a handfull; *Aniseeds*, *Fennel-seeds*, *Caraway-seeds*, of each a spoonfull bruised; The flowers of *Violets*, *Bugloss*, *Burage*, *Damask Roses*, and *Camomill*, of each halfe a handfull. Boyl all well in a sufficient quantity of sayre Water. Then strain it; and to three quarters of a pint of the Liquor, put an ounce of *Diacatholicon*, and three drams of

Dia-

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Diacolocynthis. Three ounces of Honey and a knifes poynt-full of Salt. Mix all together, and give it Lukewarme.

And if, while it is yet in the stomach, a vomit or two, or at the most three bring not away the Poyson (which wil appear by the ease the party receiveth) then give him a strong Purgation, such as this;

Take of Mallows, Violet leaves, of each one handfull. The flowers of Violets, Borage, Buglosse, Damask Roses, of each halfe a handfull. Aniseeds, and Fenell seeds bruised, of each halfe a spoonfull. Liquorice scraped and sliced a quarter of an ounce. Boyl altogether in a sufficient quantity of half Water half white Wine. Then having strained it, Take a quarter of a pinte of the liquor; to which put Hiera of Coloquintida and Diacatholicon, of each three drams; Syrup of Roses solutive, and Syrup of Wormwood, of each half an ounce, or a little spoonfull. Mix all well together, and give it as a Purgation.

Those that are of good ability may have this Masse of Pills made by some skilfull Apothecary for them, to keep by them against a time of need.

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Rs. Aloes rosate unc. ij. Myrrhæ extractæ com. aq. vitæ drach. vj. Extracti croci drach. iij. Rhabarbari electi drach. ij. Agarici trochiscati drach. j. ss. Turbith albi & gummosi drach. j. Scammonii resati scrup. ij. ss. Ambre griseæ scrup. ij. Moschi grana x.

Cum syr. ros. soluti. q. s. fiat Massa.

Take at once the weight of six pence or ninepence, as need requireth; being formed and rowled into Pills of a fit bignesse for the Patient to swallow.

If it be a Child, or a weake body, make a quarter of a pint of plain Posset ale, wherein is boyled a few sweet Fennell seeds bruised: adding to it an ounce of the blacke pulp of *Cassia fistula*. Mix all well together, and let the party drink it off.

If there be torments in the guts, this may be given in way of a Glyster also, adding only some course Sugar.

In this case likewise, when the venom appeareth much and violent, you must give a Glyster besides the Purgation; yea Glyster upon Glyster, as soon as one ceaseth to work giving another, (though they be twenty in a day) till all complaints cease. That is, till neither evill

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taste, smell, vomitings, or gripings within the body remain, to shew that any reliques of the venom are yet left.

If the stomach and guts complain of a burning heat; to qualifie the stomach, drinke Posset-Ale boyled with sweet Fenellseeds, and mixed with *Cassia*, as before-said: and for the guts, this *Suppository* following.

Take of *Hiera of Coloquintida* ij. drams: a little Salt, and a sufficient quantity of Honey. Heat them together softly on the fire till the lump come to a sufficient hardnesse; then rowle it up in forme of a *Suppository*, and annoynting it with Sallet oil, or sweet Butter administer it.

Now, when by *Vomits*, *Glysters*, *Suppositories*, and other *Purging Medicines* before described, the venemous matter appeareth drawn away; in that the body feeleth no more of those torments and troubles it was befor afflicted with, then let the party drink a draught of warm milk mixed with Honey. And if sharp *Glysters* have been often used before, let him take also one *Glyster* of milk
and

helps for suddain Accidents. 9

and Honey; or of some fat broth to wash away the reliques of the sharpnesse and biting quality left in the guts and stomach.

In the mean time, to defend the brain, heart, and liver from infection of the venomous vapours that will hasten to those noble parts; Take *Conserve of Burrage flowers, Mithridate, and London Treacle* of each a like quantity: Mix them well together, and spread all thick upon a piece of Leather of a hand breadth every way, and lay it well warmed betwixt the Paps.

Take also, of *Red Roses* three handfulls; *Sage, Betony, Rosemary tops, Rue, Wormwood,* of each a handfull; *Tormentill roots, and Gentian roots,* of each clenfed and sliced thin, half a handfull. Boyl all these in a sufficient quantity of white wine, half water, till a third part be boyled away.

In this liquor dip wollen clouts, then wring out the liquor from them, and apply one cloth reasonable hot to the mould of the head; and another all over the stomach. And when these clouts wax dry, dip them again in the same liquor

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well warmed, wring them, and apply them as before.

Thus, having rid the body of al evil Acidēts, you must root out al the reliques of poyson yet left behind, lest they remaining stil, beget as dangerous, though not so suddain or violent an Issue. Therefore then betake your self to *Antidotes*. Such as are named in the first Chapter; for *Prævention*; but their Dose must be doubled. In way of Cure these also that follow are especially commended against al kinds of Poysons whatsoever. viz.

The Hoofe of an Oxe cut into perings, and boyled with bruised Mustardseed in white Wine and faire Water.

The Bloud of a Malard drunk fresh and warme: or else dried to powder, and so drunke in a draught of white Wine.

The bloud of a Stagge also in the same manner.

The Seeds of Rue, and the leaves of Betony boyled together in white Wine. Or,

Take ij. Scruples (that is, forty graines) of Mithridate; of prepared Crystall one dram (that is, threescore graines) fresh Butter

helps for suddain Accidents. 11

one ounce, Mix all well together: Swallow it down by such quantities as you can swallow at once; and drink presently upon it a quarter of a pint of the decoction of French Barley; or so much six shillings Beer. Of this I have had happy proof.

There is also another excellent course to be taken (besides all these) by those of ability, and that is, Take a sound horse, open his belly alive; take out all his entrailes quickly, and put the poisoned party naked into it, all save his head, while the body of the horse retains his naturall heat: and there let him sweat well.

This may be held a strange course: but the same reason that teacheth to divide live Pullets and Pigeons for Plagues, approveth this way of Sweating as most apt to draw to it self all poysons from the heart and principall parts of the Patients body. But during this time of sweating, he must defend his brain by wearing on his head a Quilt thus made.

Take Cinnamon, Nutmegs, Cloves, alliber Sanders, of each half an ounce.

Roast

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Roots of Angelica, Tormentill, white Dittany, and Valerian, of each one ounce.

Dried Sage, Rosemary, Balme, of each half a handfull; and of Red-Rose leaves dried two handfulls Make all these into a grosse Powder, and quilt them up in Sarsnet or Calico; and let it be so big as to cover all the head like a Cap: Then bind it on fast with a Kerchief.

In all this time the Patients diet is not the least to be thought upon. which must be new milke from the Cow, fresh Butter, Sallet oil, fat Broths of Mutton or Veale, or of fresh Beefe. For fat things stop the vessels, and hinder the course of the poyson to the principall parts. In his Broths also boyl these hearbs; Burnet, Buglosse, Burrage, and wilde Thyme.

He must reside in a clear ayre, or else have the Ayre rectified with perfumes, and those must be temperate and mild, not too full of fume, lest they suffocate his Spirits. I need not set down any; every one knoweth the use of Rosewater, Iuniper, Rosemary, Bayes, and Frankincense: Let him ever be smelling to Rosemary rubbed

helps for suddain Accidents. 13

rubbed in ones hand; to *Iuniper-berries*
a little bruised, *Lemons* stuck with
with *Cloves*, *Myrrh*, *Storax*, or *Lignum*
Aloes.

He must sleep little : for sleep draws
the venom to the center of the body;
but watching drives it to the outward
parts.

As for Thirst, let him bear it as much
as he can : But if it afflict past sufferance,
et him drinke (now and then) new
milke turned with Vinegar into Posset-
drink.

CHAP.

CHAP. III.

*A more Particular way of Cure; wherein is
touched the eating of Musbroms, Muskles,
and Perewinckles.*

THough I intend not to discover
the particular nature of every
Poyson which might be a way
to instruct evill minds in evill purpo-
ses) yet without some distinction, I
shall take much paines to little purpose.
Therefore this generall difference must
be made known; namely, that there are
Poysons both Hot and Cold: and their
Cures are as different as their Com-
plexions.

Therefore if the Poyson taken, be hot
(as will appeare by the Accidents that
will follow; viz. Bitings, Prickings, and
Gnawings within; extreame Heats, Burn-
ings, Inflammations and Hot Swellings Inward
or Outward) Then the Glysters must be
gentle: As thus,

Take Mallows and Violet leaves, of each
two handfulls; French Barley one handfull;
Camomill flowers halfe a handfull. Boyle
them

helps for suddain Accidents. 15

them in a sufficient quantity of faire water, till the third part of the water be boyled away. Then straine it, and to three quarters of a pint of the strayned liquor, put an ounce of *Diacatholicon* (or for the richer sort, an ounce of *Cassia Fistula* newly drawn) and three ounces of Course *Sugar* (or else *Honey of Roses* two ounces) and a little Salt.

Eate fat Broths, with coole hearbs boyled in them, as *Burrage*, *Buglosse*, *Violet leaves*; and likewise *French Barley*; with juyce of *Lemons*, the tartnesse being taken off with *Sugar* or *Honey*; as also *Sorrell* so corrected.

Give the Patient leave to sleep, if he can; but enforce it not.

And for his Antidotes, use *Mithridate* mixed with *Conserve of Roses*. Or else,

Take of *Diamargariton frigidum*, one dram, of *Oxymell simplex* one ounce, and *Carduus* water three vntes. Mix them together, and let him drink it.

In all other points keep him as is taught before.

But if the Poyson be of a Cold nature, which will appear by coldnesse within

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or without, or both, numnesse, fullnesse, dulnesse, and drounesse. Then use Vomits, sharp *Glysters*, and the like, as are appointed in the precedent Chapter.

Keep him from Sleeping.

Make him sneez often with powder of strong Tobacco blown up into his nose with a quill; or if the Tabacco alone will not do it, mix a little powder of *Euphorbium* with it.

Rub his Breasts, Sides, Backe, and Limbs with warm woollen Cloaths.

Speake much to him, and enforce him to stirre his body as much as may be.

Endevour also to make him Sweat: to which purpose you may use this Medicine following.

Take one dram of *Gentian* root in fine Powder, with two or three graines of *Bezoar-stone*. Give it in a little draught of *Catadunus* Posset drink made with white Wine and a little Vinegar. Give it hot, and cover him well with clothes, ordering him so before, in, and after sweating, that he take no cold; neither eate, nor drink in five or six houres after.

Let

helps for suddain Accidents. 17

Let his Antidotes be *Andromachus* or *London Treacle*.

With his meat, Boyl Garlicke, Onions, Balm, and sweet Fenell seeds. And let him endure Thirst as long as he possibly can.

In all other things, order him as occasion shall serve or require, according to the prescriptions in the Chapter before.

Some, out of wantonnesse, and apish imitation of Strangers, have learned to eat Mushrooms, commonly called Toad stools: which is an excrescence of the earths superfluity, not voyd of a venous quality; though some are lesse hurtfull than others, and to some constitutions, little or nothing at all apparently offensive.

I knew a *Mountebanck* in *Devonshire*, that perswaded many to the use of them; whereof two (the one a young man, and the other a woman) to the hazard of their lives were overtaken with his Cookery. To the young man gave this Medicine, two drams of Hens-egg dried and powdered; faire water, white Wine, and Vinegar, of each halfe a quarter of

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a pinte, with half an ounce of Honey. Al
mixed together he drank it, vomited
had also two stools, and so recovered
The woman being his mother, and see-
ing me use the dung, conjured me to
give her some other Medicine that was
more cleanly. Whereupon I made her
go to her well warmed bed: and then
gave her a draught of Posset ale where-
in Penroyall was boyled, to which
put a little *Aqua Vite* and Salt Peter
She hereupon did sweat abundantly
and recovered.

Others there are, that out of an An-
tipathy to their Constitution, are di-
rectly poysoned if they eat Muskles
others againe are in the like case with
Perewinckles. I have seen some with
Muskles swelled, and spotted all over
In which case, after a Vomit, and
Glyster (such as are before described in
the second Chapter) I gave this Anti-
dote following.

I took *Terra Sigillata* (for want of
Terra Lemnia, which I account the bet-
ter) and *Juniper berries*, of each a like
quantity; made them into fine Powder
And of this Powder I took the weigh

helps for suddain Accidents. 15

of halfe a dram, and with a sufficient quantity of fresh Butter, made a *Bolus* lump, which the Patient swallowed: And after the third time (which was one every twelve houres) he recovered. And in five dayes was perfectly well.

CHAP.

CHAP. IIII.

Serpents or Wormes. crept into the Body.

THough it happeneth very rarely; yet sometimes it hath befal-
 lenth, that some lying asleepe
 on the grasse with their mouth open (as
 many do sleep so) have had a Snake
 some an Est, one had a Slowworm crept
 in at his mouth into his Body: Any of
 these will much torment a man; but
 especially the last: Because therefore,
 we have known many take delight to sleepe
 on the grasse in the fields; and since such
 an accident may happen, I thought it
 not amisse to teach a helpe for the
 same.

While it is yet in the Stomach, labour
 by vomiting to cast it out. If that pre-
 vaylen not, Take the juice of Rue mixed with
 your owne Urine: and drinke a draught
 of it: and if need require, drinke diverse
 of these draughts one within an houre
 of another.

Marcus Gatinaria commended the
 smoake of burnt old shooes received in

helps for suddain Accidents. 21

the mouth through a Funnell: Telling
sa man that had in vain tryed many
ther Medicines; and with the use of
his, avoyded a Viper downward.
his *Mizaldus* recordeth in *Centur.*

Num. 94.

Some enforced through great thirst in
the heat of Summer to drink of any
water next to hand, have in their
needinesse swallowed a Horse-Leech,
which being in the throate, and finding
himselſe in a place full of such food as it
loved; fell to sucking of bloud there;
which must needs be a great torture to
the Party. For which Accident, I finde
Authenticall Authors these Remedies
following.

The juice of *Willow leaves* drunk, hath
the property of vexing that creature;
making him let go his hold; and so the
Party, enforcing himselſe to vomit, may
cast him out. *Assa fetida* dissolved in
Vinegar, and the throat therewith
argled (if it be not gone downe into
the stomach) will do the like. But if it
be gone downe so low, drink a draught
of white Wine wherein Garlick is
steyled. Or else, Take half a dram of

Aloes

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Aloes Succotrina powdred in a draught of White Wine, or Worm-wood Beere.

If an *Earewig* or other like creature chance to get into the Eare; blow the smoake of Tobacco through a pipe into the eare. Or, Take the juyces of *Wormwood* and *Southernwood*, of each a like quantity; mix them, warm them, and drop a little into the Eare.

CHAP

CHAP. V.

*oysonous Humours spurting or dropping out of
the wounded bodies of venomous creatures,
and lighting upon a Mans bare skin.*

THUS have some been outwardly
poysoned. My selfe while I was
a Student in Cambridge, was so
urt by the spurting of a venomous
umour from the body of a great Toad
into my face, while I pashed him to
death with a brickbat. Some of the
moisture lighted on my right eye, which
did not a little endanger it, and hath
made it ever since apt to receive any flux
of Rheume or Inflammation. Others I
have known to receive like harme from
Spiders juyce. The skin that it touch-
eth swelleth and groweth red and pain-
full. The mischief of this, may be pre-
vented by presently washing and bath-
ing the place for half an houre or an
houre with the juyce of Rue, and the
distilled water of St. Johns Wort, or with
Mintaine water, mixed with Androma-
us Treacle, and a drop or two of Oil
of

24 *Physicians and Chirurgeons*
of Aniseeds.

Hereunto I may adde the Stinging
and Blistering of Gnats, Ants, and
Nettles.

Though no danger doth follow this
Accident; yet we may avoid the tem-
porary trouble: By fomenting the place
with the juyce of *Lavender Cotton*: or else
annoynting it with *Sallet Oil* and
Wood ashes. Or,

Take *Nettleseeds* and *Aniseeds*, of each a
like quantlty, bruiſe them, and ſteep them in
Sallet Oil in a glaſſe with ſomething a wide
mouth: ſet it in the *Sunne* in *Summer* time
for a month together. Annoynt the place
with it. *Oil of Aniseeds* will doe it alſo.

CHA

CHAP. VI.

*Certaine Genirall Notions for the Help of such
as are Stung or Bitten by venomous Beasts.*

AS there are divers kindes of Creatures that sting or bite venomously; so are the mischiefes different that break forth from their venomous natures. For the Hornet hath a more venomous Sting than the Bee or Waspe. So the biting of the Adder (which is a kind of Viper) or of the Slow worme (which some also call the Blind worme) is more dangerous, than of the Eft, or Shrewmouse.

As for the Snake; I know by experience, that he hath neither sting nor tooth to offend with; though his likeness to the Adder at first sight, hath long deterred people from so neare acquaintance, as to take notice of his innocency.

Likewise the Sting and Teeth of the living Creatures are more pernicious than those of the dead: because native heat, that ministreth spirit to the venomous

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mous substance more thin and subtile, as also more active and piercing.

Furthermore, the Female of every kind is more fierce, and more dangerously venomous, than the Male; the young, than the old: And those that live in rockes, mountaines, and dry places, than they that live in fens, mores, marishes and such moist grounds.

Moreover they that feed upon other venomous Creatures, are more pernicious upon the eating of that food; As the Adder when he hath eaten a Toad. And requires stronger Antidotes and in greater quantity than others.

Also at the time of their ingendering they are more curst, and full of poyson; than at other times.

And in Summer time, all these are more deadly, than in Winter: For the venomous hidden is more deadly, than the manifest quality; the thin, than the thicke matter; and the hot, than the cold temperature. To which we may adde, the more or lesse aptnesse of disposition & constitution of the body by any of these so offended. For these men or women that are of a hot tempera-
ment

helps for suddain Accidents. 27

ment; having many and great veines outwardly apparent, and thereupon their pores more open; are much more apt to receive the venom even speedily to the Liver and Heart: than those, that (being of a cold constitution) have small veines, and strait pores, through which the poyson hath but slow passage.

Lastly, those that are stung or bitten while they are yet fasting, and their stomach empty; are in more danger than they that are full fed. For when the veins and vessels are empty; they doe greedily sucke in any matter that is administred; yea, though nature abhorre the quality, because at that time she mindes only the supply of quantity (as is apparent in those that are extreame thirsty; for they will drink a great draught before they regard or kinde the taste) whereas those that have fed, and filled the veines to the satisfaction of quantity; their vitall spirits are thereby made the more strong, and able to resist and repell the fiercenesse of the venomous quality.

With these few generall Notions, I

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have thought good to acquaint such, whose understandings are able to make use of them; that they may lend their helping hand to those that need them, with the more judgment and dexterity.

CHAP. VII.

The Generall Method of Preventing, and Curing all venomous Stingings and Bittings.

Prevention is only two wayes: By having an eye to all places where they are likely to be abroad: And by driving them from the place of a mans habitation.

All venomous Creatures are driven from the house by these fumes and washings following.

Fume your roomes with the smoake of *Harts horne shavings*, burnt in a chafingdish or fire pan: or the shavings of *sheepes hoofes*, or the parings of old shooes.

Wash the walls with the *Gaule* of any beast boyled a little in water: or the decoction of *Rue*, or *Wormwood*, or *Asa fatida*,

helps for suddain Accidents. 29

fatida, or *Coloquintida* boyled in water.

But in the Cure; The first thing is to pluck out the Sting, if there be any; and presently after, anoint the place with Honey: If with that it affwage not. Mix *Mithridate* with you honey, and anoint it again: or Honey and Treacle of *Andromachus*. If the prick or wound be large enough, wash it with urine, or salted water, or sharp Vinegar, or else with white Wine: in any of which, dissolve *Mithridate* or old Treacle of *Andromachus*; which being mixed together, heat it good and hot, and so wash the place well, rubbing it as hard as the patient may endure it, to draw the venom from running inward.

Some do presently burne the wound with a hot Needle or Bodkin: and it is the best way, both to consume the venomous matter before it go further, and also to keep the orifice open, which must be so kept, till there be no likelihood of venom left in the affected part.

Upon this burning, there will grow a crustie scab, round about which the place must be scarified with the sharp point

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point of a Penknife, that the corrupted bloud may have issue. And when the scab is grown dry, you must anoint it with fresh Butter alone, or fresh Hogs grease mixed with it, and having so loosened it, take it off. All which time, the part must be often washed with such a mixture as I præscribed before: And round about the wound, over all the swelled part lay a Plaister made of Turpentine, Wax, black Pitch, and Pitch of Burgundie: And into the wound put some Lint dipped in *Unguentum Basilicon*, mixed with a little burnt Alum, to keep the wound open.

But if the hurt be in the face, the actuall *Cauterie* or hot iron must not be used for feare of leaving a scarre, or blemish in the face for ever after. Therefore in stead of that way; let some body presently suck the wound with his mouth; which also is very good; but it must be done with these Caveats.

First, the sucker must take heed he have no sore, blister, nor rawnesse in any part of his mouth, tongue, gummes, throat, or lips, for then he endangereth himself, by sucking venomous matter into

helps for suddain Accidents. 31.

into places prepared to entertaine the infection of it.

Secondly, before he sucke, he must wash his mouth first three or four times with white Wine wherein *Mithridate* or old *Andromachus Treacle* is disso'v'd; and after with *fallot Oil*.

Thirdly, he must be carefull, that he presently spit out all that he sucketh into his mouth, & let none of it go down his throat: lest while he phylick another, he poyson himselfe.

Lastly, when he hath sucked out all the venom; let him againe wash his mouth three or foure times with the like washing, as before he sucked. And to conclude, let him drink a little draught of the same, to prevent all evill chances.

But if no man will venture thus to suck: Take a Pullet or Cockerell, bare his rump, and rub his fundament well with Salt; then hold it close to the wound, holding his beake closed with your hand, and give him breath but now and then, onely to keep him alive; and his fundament will draw out the venom. If one die, take another; and so

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continue till one of the creatures outlive the labour. Then may you be sure the venom is cleane drawn out.

Some apply Horieleeches to the wound, if it be very small. But sometimes it is so big, (as when an Adder or slowworme hath entred many teeth, or when a mad dog hath made it) that the fundament of such a creature before named cannot compasse it. Then take a Pullet or a Pigeon, and divide it alive, and apply it (while it is full of lifes heat) upon the wounded and grieved place (which must be scarrified before hand) that the vitall heat of that creature may draw the venom through, the scarifications. Let it be therefore bound on and kept there, till it be even cold; and then apply another, and so another; till (by asswaging of all paines, and swelling without, as also by the quietness and quicknesse of the spirits within) the patient appear free from all poysonous offence. Then apply Garlick fryed with sweet Butter or sallet Oil: to make sure that no remainder of mischief be behinde: for it is an excellent outward Medicine against all both
Stingings

helps for suddain Accidents. 33

Stingings and Bitings that are venomous.

When all this is done, and now it is sure that all the venom is perfectly drawn forth; If the wound be big, it must be healed up with some good Balsam as a green wound. But if it be but a prick, it will soon heal it selfe, so it be but kept from the aire.

But besides these outward Helpes, the Patient must take inward Antidotes also. And of such I have spoken in the first Chapter. This is sufficient for the generall course; Now we must come to a more particular way of Cure.

Q5

CHAP

CHAP. VIII.

Stingings of Hornets, Bees, and Wasps.

Sometimes these creatures leave not their stings in the place, but when they do, the first course is to picke it out: And then if it be a Hornet, as it is the more dangerous, so there must be the more care had of it.

If the Sting will not easily be gotten out, lay to it a poultis made of leaven, wood ashes, and sallet Oil mixed together. Or bath it with childes urine good and hot. And when it is out, wash the wound with a little water and salt mixed with the juyce of Rue. Then burn it, or else sucke it as was said before: and after that, apply to it a little lint dipped in old *Andromachus Treacle* mixed with Honey; and cover it, as also over all the swelling, lay a poultis made of fresh Cow dung mixed with Barrowes grease, or sallet Oil.

Bees, and Wasps, though they seldom endanger life, yet they swell and enflame the part stung by them, and
cause

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cause a great deal of pain, which sometimes is followed by a Feaver; therefore it is necessary to find a Cure for it. And some constitutions receive also deadly mischief by such stinging. As some thirty years ago appeared by the Lady *Walsingham* wife to Sir *Francis Walsingham* Secretary to *Queen Elizabeth*: who (as I have oft n heard it related by my Father who was her Physician) being stung in the hand by a Wasp at dinner time; the venom presently swelled up all her arme to her shoulder, and thence to her throat: that, had not speedy meanes been used, and (as God would) her Physician been there present, it was thought, she would have dyed within lesse than an houre.

First therefore, the Sting is to be taken out, as is said, and presently the place to be annoynted with *Honey*, and covered from the air. If this prevaile not (as with the most it doth) burn it, or sucke it: and apply Treacle of *Andromachus* or *Mithridate* mixed with *Honey*. Or, for the poorer sort, fresh Cow dung or dogs dung mixed with sallet Oil, And, if need be, give the party some
in-

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ward Antidote, such as have been before commended. Or else for present speed, Take Garlick boyled in white Wine, or strong Ale. Or else, the seeds and roots of Lillies boyled in Beere. Or the seeds of Mallowes boyled in water, and white Wine, with a little Vinegar.

Not long agoe I saw a young man stung in the eye-ball with a Bee, while he was too closely looking into the doore of the hive: But the Bee left not her sting there. Upon the place, I applied this Plaister. I took a handfull of *Carduus benedictus* newly gathered, pounded it in a mortar very fine, and mixed it with the white of an Egge, so spreading it upon a pledget of flaxe, I laid it to the eye, and as it waxed dry, renewed it twice. This Plaister of *Carduus* is excellent to recover the eye if any venomous juyce be spurted into it, or if the eye be hurt by a corrupt air, which the common people call blasting: It easeth paines: taketh away bloody spots in the eyes: and is good for all burnings in, or about the eyes.

To this, let me adde the bitings of Spiders, the garden ones are the worst: for they are of the kinde of Phalangie.
The

helps for suddain Accidents. 37

The Inward Antidote for them, is, a draught of *New Milke*, wherein the *inner meste of River Crabs* is boyled. Or, a spoonfull of the *braines of a sheep* boyled in *Water and Vinegar*. Outwardly, apply the *Cobweb of the same Spider*, binding it on with a fine linnen rag.

CHAP.

CHAP. IX.

Bitings of Adders, Slowwormes, Efts, the Shrewmouse, and other such venomous Beasts.

REmembring what I said before in the sixt Chapter, to begin the Cure. The flesh of the same beast that biteth, boyled, or roasted, as they dresse Eeles, and inwardly taken, helpeth much. Or a dram of *Gentian* root powdered and drunk in a little draught of white Wine, or halfe a dram of *Terra Sigillata* in the same kinde of Wine. Or else the same wine with *Opopanax* and *Aristolochia rotunda*.

Outwardly, the best thing to be applied is the flesh of the same beast that did the hurt, pounded in a mortar, and applied in manner of a Poultis. Or a Poultis made of Cocks dung and Vinegar. Or an old Walnut beaten with Salt, an Onion and a little Honey, and applied. Or take Peniryall and Fenell, of each a like quantity, boyl them in Water and white Wine, and bathe the place.

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place with the liquor. Or else drop into the wound the liquor that sweateth out of the green ashen wood while it burneth on the fire. Or oil of Bay and oil of *St. Johns Wort*, of each a like quantity. Or else a little Tarre mixed with a little salt spread on a piece of Leather, and applied plaisterwise, This is for the *Adder*, *Slowworme*, or *Eft*.

Now the *Shrew mouse* is a little kind of mouse with a long sharpe snout, and a short taile; It liveth commonly in old ruinous walls: It biteth also very venomously, and leaveth foure small perforations, made by her four foreteeth; To cure her biting; her flesh roasted and eaten is the best inward Antidote, if it may be had. Otherwise, a dram of the seeds of *Agnus Castus* beaten and steeped in white Wine. Or else some of the other Antidotes described at the beginning of this Booke. And outwardly, apply her warme liver and skin, if it may be had. Otherwise *Rocketseeds* beaten into powder, and mixed with the blood of a Dog. Or else the teeth of a dead man made into fine powder.

CHAP.

CHAP. X.

The Biting of a Madde Dogge.

ALthough in this our country of *England*, I have neither seen nor heard of any such terrible dangers happening to people by a mad dogs biting, as in other Regions: yet I have seen Dogs mad. But the care that hath been used for prevention, hath perhaps hindred the sight of those Accidents which old Authors have so laboriously Commented upon. And besides that, the temperature of our Climate keepeth the Doges of our Country from proving altogether so pernicious as in *Græcia* and *Arabia*. For *Aetius* saith that the mad Dogs are most intemperate Climates, where the Wnters cold and Summers heat are extreame. *Tetr. 2. Sermon. 2. Cap. 24.* Howsoever I will set down a brieft course of helpe, to prevent the incurablenesse of the mischief, as I have it from the best Authors.

This kind of madnes proceedeth from
black

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black Cholerick juyces, wherewith a dog more then other Beasts aboundeth. For he is of temperament hot and drie, as appeareth by many proofes. As first, by his continuall eager appetite (being alwayes hungry) and greedinesse in devouring any filthy offalls; Flesh putrified, stinking, and full of Maggots; whether it be raw, and perhaps buried under ground, or any other way rotten and infectious. Also they will drink of any dirty poudle, or stinking ditch water: which kind of drink wondrously encreaseth black choler. And besides this, at two seasons of the year especially are Dogs most subject to madness: which is the surest of all arguments: namely, in the height of Summer, and in the dept of Winter. By Summers fervencie their blood being overheated, turneth into burnt choller: And through Winters extreame cold, the same blood is per *Antiperistasin*, so nuchenflamed, that it becommeth burnt Melancholy.

You shall know a Dog to be mad, by these signes. He is affraid of Water, and at the sight of it, trembles and bristles

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up his neck; his eyes are fiery and glaring; he runnes to and fro, and reels this way and that way, like one that is drunk: he holds down his head, gapes with his mouth, lils out his tongue (which is blackish, or evill coloured) flavers at the mouth, and his nose runneth: he snaps and bites at every thing in his way, but barkes not at all: he conches his eares, carries his tayle betwixt his legs. Other Dogs (though bigger than he) flie from him at the smell of him. He takes no notice of any friend, neither spareth to bite his owne Master: and being gone out of the house, never repayreth back again to it (unlesse by chance) for he knoweth no place aright.

Whosoever therefore is bitten by such a Dog, must presently be looked to. And if the Dog that hath bitten, have passed by so suddainly, that sufficient notice could not be taken of him: Then dip a little bread in the bloud of the wound, and offer it to some other Dog that is not mad, and if he refuse to eate it, there is cause of suspicion.

Or

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Or take a Wallnut-kernell pilled, beat it in a mortar, then steep it in the bloud of the wound: and give it to some Poultry mixed with their meate. If they die the day after, it is counted a sure signe that that biting was of a mad Dog.

The party so bitten findes no alteration in himselfe for diverse dayes after. For this biting is no more painful than as a wound, nor doth any such swellings or other Symptomes follow presently upon it; as in the bitings of Serpents. But after some time, the bitten party begins to grow melancholy, and to have strange and unwonted fancies in his mind, talkes to himself, and useth foolish gestures: for now the power of the poyson having crept up into the brain, corrupteth the imagination. His sleeps are broken with terrors: and he leaves all company, choosing out solitary walkes. If till this time there could bee no certaine knowledge, Now it is high time to begin a speedy helpe.

For when once he comes to barke like a Dog, to hate the light, and fight
of

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of al shining metalls and looking gasses as also to feare water, and all other kindes of liquors (which Symtomes at last doth follow such bitings hitherto uncured) he is held to be past cure. But so long as he knoweth his own face in a glasse, and is not frightened at it: or may be drawn to drink water; he is (by *Avicen* and others) accounted curable.

As soon therefore as any one upon these signes suspecteth himself bitten by a mad Dog, let him presently repaire to some learned Physician, or at least to some well experienced Chirurgeon (for such extraordinary cases are beyond ordinary skills) if such may be had. Otherwise let some discreet man read carefully this Treatise, and ponder the method very diligently; especially this Chapter, which teacheth thus to begin the cure:

Labour forthwith to draw the contagion out of the wound by cupping glasses; application of Pullets or Pigeons that lay egges, scarifications, Leeches, and drawing medicines, as in 7. Chap. I have discoursed. If the wound

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wound be so small that it bleedeth not: scarse the place, and with a cupping-glasse draw out the blood: or burn it with a hot Iron, or else (if the patient will not endure the hot Iron or actuall cautery) apply a potentiall cautery, or an eating Medicine, as *Sublimate* mixed with some cold thing, that it may be lesse painfull: as for example.

Take of *Sublimate* two drams, of juyce of *Henbane* one ounce, mixe them and drie them together, and make them into a fine powder. Apply some of this, and when the scab by crust (or *escar*) is grown dry upon the place. take it off with a little sweet butter, or with sweet butter, pitch, and the white of an egge mixed together.

When it is come off, fill the orifice with the powder of *Mercury* and *Roche Alum*, or else use *Mercury* mixed with a little *Unguentum Basilicon*. Which *Mercury* is an excellent thing, not onely to keep the wound open, but also to draw the poyson outward. The wound must be kept open forty dayes at least: in which time, the juyce of *Sorrell* is to be applied hot every night and morning;
and

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and the decoction (or broth) of the same hearbe, or at least of meat boyled with the same, must be drunk by the patient every morning fasting. *Actius* saith he knew an old man that cured this disease often, with this medicine only.

Or else you may dissolve a little *Andromachus Treacle* in white Wine or *Aqua vite*, and dipping a little lint or rag in the warmed mixture, rub the orifice as hard as the patient can endure. This also is commended for an excellent Medicine: but then you must apply upon it Honey and Turpentine mixed with an Onion or Garlick beaten into the forme of a Poultis. And *Gal n* appointeth this Plaister following to be applied to the wound. Take of Vinegar a pint and a quarter, *Opoponax* three ounces, *Tarre* one ounce. Boyle away the Vinegar, and make it a Plaister. And this is highly commended by the Author.

In the beginning of this mischief we must neither purge nor let blood, for then we shall draw the venom from the circumference to the center; which is dangerous to life. Yet both these meanes may

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may be used afterward; if by continu-
ance of time, and neglect in the begin-
ning, the venom have spread it self into
all the vessels. In the mean time, we must
set upon it with apt *Antidotes*. As with
Garlick boyled in white Wine, and
drunke fasting, which resisteth the
boysons entrance into the principall
parts. Or,

Let him drink this draught every
morning. Take the powders of *Myrrhe* and
Gentian roote, of each one dram; the powder of
River Crabs (of *Crayfishes*) two drams. Mix
them in a fit quantity of white Wine,
and drink it. Or,

After *Galens* way, thus.

Take nine parts of the powder of burnt
River Crabs, five parts of *Gentian* roots pow-
red, and one of *Frankincense* powdered. Mix
them together, and give a spoonfull of
it in a draught of Spring water. These
Antidotes are thus to be continued forty
days together, and that in the be-
ginning, before he feareth water:
or after that, the quantities must be
doubled.

The powder of *Crabs* is made thus.

Take *River Crabs*, or *Crayfishes*, (for
Sea

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Sea Crabs are naught for this use) in the height of Summer, when the Sunne is in Leo, and the Moon a little past the full. [But Rasis will have it when the Sunne is in Aries. [Others in Cancer; it seemes, a similitudine] I will not dispute the choyse: but the first is the most generally accepted, from Galen] These being gotten must, be put alive into a Copper vessel, and burnt on the fire to ashes. Then beat them in a Morter, searce them, and so reduce them into a fine Powder.

Another Author, called Johannes Stockerus, both in this and in all other kindes of venomous bitings, affirmeth, this course following; never to have deceived him.

Take Gentian rout powdered, and Treacle of Andromachus, of each one dram, every morning fasting for three dayes together; and the Patient must fast five hours after. If he feel himselfe disposed to sweat, let him order himselfe in his bed for it and sweat as much as he can, or is able to bear.

To the wound, in manner of a Plaister, apply Garlick, Rue, and Salt powdered together in a Morter. And si

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much for the way of Cure in the beginning.

When he beginneth to be affraid of water, he hardly admitteth of any Cure.

Now the reason of this *Hydrophobia* or feare of water is generally held to be, That the venom abusing the Phantasie, makes the party affected to have horrid imaginations of water. But some speciall Authors (having found by experience that the drinking of cold water causeth Convulsions in such overdryed and parched stomacks) conclude that it is extreame pain and torture proceeding from that drinking that so terrifieth them from it. And this also is the reason why those that fear water are counted incurable.

Therefore the water that is forced into them ought to be at first very warm, and the party must by degrees be brought to drink it colder and colder; so likewise the Baths that they are to be cast into, ought to be in like temper, to avoid all cramps and Convulsions both inward and outward. Neither must there be any Bath used at all (ac-

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cording

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according to *Oribasius*) till twenty dayes after the biting, at the soonest.

This *Hydrophobia* (or fear of water) beginneth not at any certain time after the Biting. For most commonly it followeth forty dayes after; in some, seaven moneths; in others a whole year after. Again in some it cometh within a fortnight after: According to the strength or weaknesse of the constitution of him that is bitten. For some bodies strength is able to resist the venom far longer, when others weaknesse sinkes under it much sooner. Some have their pores more strait to keep out, others more open to let in the venom. Also some have their blood and humours more pure (and therefore lesse apt to infection) others more impure and corrupt; therefore more easily turned into venom.

The main generall Remedy is by *Celsus* and others held to be, Casting of the Patient into the Water before he be aware of it; and this to be done every day for many dayes together: (For that which he feareth is the only Medicine to cure him). In doing this, if he cannot swim,

swim, after he hath swallowed a good quantity of the water, take him out again. But if he be skilfull in swimming, hold him under water a little while till he have taken in some pretty quantity; For thus both his extream thirst and fear of Water will be soonest cured. But let him not be long deeper than his nostrills, least he be suffocated. If the Cramp or any Convulsion take him; as soon as he is out of the water, bath him him all over with Sallet Oil good and warm, which, as it will take away that Accident, so will it also stop the pores of the skin, and keep the waters cooling quality from going out again too suddenly.

My selfe (upon the sight of a picture of the *Water Torture* in *Amboyna*) have conceived this invention. Let the Patient be bound fast to some post or stake and tie about his necke a linnen cloth doubled and cast into the forme of a hollow Basin (as you would make him look like the signe of *St. Iohn Baptists head in a platter*) the cloth must first be dipped in Oil and Wax well mixed together, that it may hold water like

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a Bason: Then let one with an Ewer or Pitcher powre water gently into the cloth, till the water rise up to his nostrills, where through it may enter into his body (if he will not open his mouth) whether he will or no. Keepe the Water still at that height with continuall soft pouring in, till he hath drunk a good draught: onely sometimes forbear so much as to maintaine his breathing. Thus have I out of a wicked weed sucked Honey for Health; and from an inhumane torture extracted ease in a grievous sicknesse. This is the helpe without which is no help; for this case is held incurable without drinking of water.

Yet this is not all that must be done: For if the party be *Pletherick* (that is, too full of good blood, which will appear by his high colour, and his big and full veines) he must be let blood in the Liver vein, according to the discretion of the Artift. If *Cacochymick* (that is, full of corrupted Humors) he must be purged with *Sena*, *Epithymum*, *Fumoterre*, *Mirabolans*, *Elaterium*, *Blacke Hellebor*, and the like; or with *Hamech*, *Diaca-*
tholicon

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thelicon or *Diacolocynthis*; with white Wine wherein is decocted also rootes of Fenell and Parsley, of Meadow grasse, water Lillies, and of Flower Deluces, and such like diuretick simples: For the provocation of urine is also in this case very behoovefull.

This only I set down to make the cure compleat; but I do not reduce the *Purgatives* into forme; because by this time there is leasure enough to find out a Physician.

Now in the last place the Patients Diet commeth to be observed. And such sick ones must feed something liberally, for hunger is very hurtfull to such as suffer under venomous wounds. In the beginning of this disease, Salt meats, and sharp Sauces are good, as Sorrell, Vinegar, and Verjuice; also Garlick, Onions, and Leeks, for by their help the mad venom is hindred from creeping into the noble parts. Fatty and slimy meats also are to be chosen, because they stop the passages, and mouths of the vessels, that they may not easily let in the poyson. His drink must be stale middle Beere; And of *Wines*, Sherrys, and Graves-Claret

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or *White* are the best. But after eight, or at the farthest fifteen dayes are past, let his sauces be of a more temperate quality, tending rather to moist than drie; and such as are proper to resist melancholy: as pickled *Gelly flowers*, *Broom buds*, *Capars*, *Asparagus*, and such like. In his broth boyl *Beet*, *Violets*, *Succory* and *Endive*, *Parsley* and *Fennell* roots: *Aniseeds* and *Fennell seeds*, and such other simples that provoke urine; (which as I said before are very profitable in this case) Also *Sweet Wines*, as *Muscadine*, *Canary*, and *High Country white Wine*. Sometimes also (to please the palat, let him licke of *Oxymel simplex*, *Syrup of Citrons*, or *Syrup of Lemons*. He may also eat *River Crabs* or *Crayfishes* either raw or buttered. But from the beginning the flesh that he eateth must be of *Mutton*, *Veale*, *Lambe*, *Kid*, *Rabbit*, *Pullet*, *Chicken*, *Partridge* or *Pheasant*. Some counsell to mince some roasted *Veale*; and the *Liver* of the mad Dog roasted, together, and so let him eat it with a little *Butter*, *Water*, and *Vinegar*.

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To conc'lude, his Belly must be kept
soluble (if need require) by gentle
Glysters and Suppositories: And his Sleep
must in the beginning be but little; but
when he beginneth to rage, and is of
himself overwakefull, it is good by some
safe outward meanes (such as the Ar-
tist shall see cause to appoint) to cause
Sleep.

R 4 CHAP.

CHAP. XI.

*Bitings of Creatures not venomous, yet
in some Constitutions apt to turne into
venom.*

Some are bitten by Dogs that are not mad: or by Apes, Monkeys, Squirills, by Horses, by Mankind, or any other creature not venomous: yet sometimes these wounds in some kinde of flesh are hard to heal.

The reason is either in the Creature biting, or in the party bitten. In the Creature biting, though in its own nature it be not venomous: yet there is at that time a malignant quality in the moisture of the mouth, begotten by the disturbance of the brain, through immoderate anger.

In the party bitten: Some men are made up of a kind of Flesh alwayes (by what accident soever wounded) hard to be cured. These either are very melancholick of Constitution (and Melancholy is the most offensive humor in the Body, and therefore apt through any
ex-

helps for suddain Accidents. 57

extraordinary passion to become corrupted and in a sort venomous) or they are very fearefull; and fear corrupts the juyces of the brain (through the force of imagination) and makes them fall downe and disperse themselves into all the parts of the body filled with a sickly quality, and so contrary to nature. This is the reason why fearefull men are apt to die of a slight Wound: whereas a valiant Spirit hath alwayes flesh apt to be healed.

Now for such hard healing Flesh (from which of the two causes soever it commeth) I counsaile, that besides the ordinary course of curing wounds artificially according to the Rules of Chirurgery, there be also given some temperate Cordiall (as it were an Antidote against this venomous Accident) to call up the Spirits, and to comfort the Faculties. For I know it by experience, that the Cure is thereby made much the more easie.

Such an Antidote is this following; which (because it cannot be rightly made but by an Artist) I will set down in Latine for the Apothecaries understanding

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ing only, lest the ignorant tempering beyond their skill, discredit the Medicine.

Re. fol. Melissæ, summitatum Rosmarini, florum Primulæ veris, florum Cheyri, florum Calendulæ, ana m. iij. florum Angelicæ, m. ij. Rad. Angelicæ, ʒj ss. Gariophyllorum, ʒtj Rad. Enulæ Campanæ, ʒvj.

Infundantur omnia in Aqua Vitæ. lxxiiij. horis 24. Tum in alembico distillentur. s.a.

In Aqua elicitâ infunde etiam Glycyrrhizæ parum, sic gustui arridebit.

This Cordiall Water my Father called *Nepenthes*. If the *Angelica* be good indeed, it will have both a pleasant taste and smell.

A sponfull or two of this Water recalls, rectifies, and confirms the *Spirits Animall, Vitall, and Naturall*: And is therefore very good against Faintings and Swoundings.

CHAP. XII.

Inward or outward Bruises by a fall from an high place.

Sometimes it happeneth unfortunately, that a Man falleth from an high place, as from a house top, a high tree, a scaffold, or a ladder; and is taken up for dead: yet in a little time, may by good meanes be recovered to life; and the bruise (whether it be inward or outward) may be cured.

In this case, the maine things to be looked to, are: First, to recover the party to life and sense: which may be done by the use of my Cordiall Water, called *Nepenthes*, described in the Chapter immediately going before; or else with some other comfortable drink of like nature.

Secondly, if the Bruise be inward: there will be either ejection of Bloud at the Mouth, Nose, Fundament, or passage of Urine, or else congealing of Bloud within, wherewith will be inward pain, and difficulty of Breathing.

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If the party avoid bloud, it is not amisse, so it go not too far to the expence of his spirits: But if so, then give him half a dram of *Terra Sigillata* in a draught of *Posset* drinke, wherein the flowers of *St. Johns Wort* are boyled. Or The tops of *St. Johns Wort* boyled in *Posset ale*. Or, Take red *Corall*, white *Corall*, white *Amber*, *Bole Armoniack*, *Terra sigillata*, of each *j. dram*. *Camphor* *iiij. graines*. Make all into fine powder, and divide it into foure equall quantities or Doses. Take every dose in two ounces of *Plantaine water*; and as much red wine mixed together, once in six houres, as need shall require. Or else, Take the quantity of a Walnut of old *Conserve* of red *Roses* mixed with a scruple of the powder of *Mastick*; or rather with five or six drops of the Oil of *Mastick*: Repeat the taking according to need.

But if there be no evacuation but suspicion of the Bloud congealed within; Then

Take *Nep* stamped and strained, with a little Ale or Beer, and drink a draught of it once in six houres. After three times

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times taking it so; stamp it new and strain it with Muscadine, and drink a little draught in the morning fasting, and at night when you go to bed. Or,

Take the quantity of a Bean of quick Brimstone in powder, in a little white Wine warmed. Or else, Twenty graines of Irish Slate in powder in a draught of Posset ale made with white Wine.

Some give two drams of Rheubarb, with one of Madder, made into powder, in a draught of white Wine: repeating it as need requireth. Or, two drams of Rheubarb alone, in neate white Wine. Or, Take of Rheubarb one dram, Madder and Mummy, of each two scruples. Make them into fine powder and drink it in a draught of some ordinary Pectorall Decoction.

Outwardly annoint the Brest, or Back, (as causeleth) with two ounces of Oil of St. Johns Wort, and half an ounce of Sperma ceti mixed together, and warmed. Do this morning and evening. Or else, use this Ointment.

Take of new churned butter unsalted ij. pound, Madder one ounce powdered, Tormen-
till

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till roots powdered vj. drams, Mummy halfe an ounce powdered, Sugar Candy powdered iiij. ounces, Spermaceti ij. ounces. Boyl them together in a sufficient quantity of good white Wine, till all the wine be boyled away. Then with a little Wax boyle it again to an Unguent.

Thirdly, if the Bruise be Outward only; you must consider whether it be a Simple or mæter Bruise, or a Bruise with a wound. If it be a simple Bruise. You may make a Plaister with Branne, Honey or a little Salt (or rather Niter, if you can get it) and apply to it. Or, Take the powder, and the Oil of Myrtles, of each anounce, and the white of an egge well beaten. Make a mixture of them, and dip Clouts in it, and apply them to the place. If the constitution or Bruise be very larg, you must make your quantity accordingly.

But if there be a wound withall; Stop not the blood too soon (if it bleed well) for many times the noxious humours that are mixed with the blood, are very happily evacuated that way. But if on the other side it bleed too much: Take the white of an Egge well bea-

ten,

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ten, and mixed with Bole Armoniack made into fine powder, and dipping a piece of flax therein, lay it to the wound. Or, the white of an egge beaten, brown paper ashes, and fine powder of Chalke mixed together. A Cobweb also of a fit bignes for the wound, doth many times serve the turne. Or else have this Powder alwayes ready Take *Sanguis Draconis*, *Olibanum*, *Aloes hepatica*, and *Sarcocolla*, of each ij. ounces; root of the *Flower de Luce* one ounce. Make all into fine powder, and mix them together. Apply a sufficient quantity to the wound, and lay upon it some flax wet with the white of an egge on that side to be laid next the wound; and binde it on gently for straining the wound. This is very effectuall.

As for the Cure of a Green Wound, there are so many Balsams abroad, that I need not teach any. Yet to shew, I am no niggard of my Medicines, accept of this Balsam of mine.

Take of the best Sallet Oil two pints, put it in a jarre glasse with a bread mouth; put to it an handfull of flowers of the greater Comfery. Then cover it with a trencher, and set it in the Sunne a week. Then put in

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in the leaves of six red Roses not too much blown; a handfull of Mullen flowers, and as much of the flowers of St. Johns Wort. Set it in the Sunne still all the Summer. And if you adde two or three leaves of greene Tobacco, it will bee the better.

This have I often proved to be excellent, both for green wounds and Bruises anointing the place with it warm: and lapping the part up close from the outward air.

The last main poynt in this Accident to be considered is Pain in the Head, which is for the most part a companion of such falls; and if it bee much, must be mitigated by some means, lest it bring the patient into a Feaver.

For this therefore, Anoint the aking part of the head with oil of Roses and oil of Lillies mixed together. Or foment and bathe it with this Fomentation. Take of the yong and tender leaves of Myrtles one handfull, Myrrhe in powder three drams. Boyle them in Muscadine.

Or else, Take a Quince or two, pare them and coare them, and boyle them in Muscadine till

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till they be soft: Then beat them in a Morter
to a Poultis, and apply them very warme to the
aking place.

If one application serve not, repeat it
often.

But, if in such a fall, any bone be put
out of joynt, or broken; they must get
help of such as are skilfull in Bone-set-
ting, which Art is learned by sight, and
not by writing.

CHAP.

CHAP. XIII.

For those that are almost Strangled by a Halter, Garter or such like meanes.

SOME have been strangled in jest. As I knew a Player that one time acting a part wherein he was to be hanged; and having not fastned his halter sufficiently to his trusse, it slipped, and almost choaked him in earnest. I knew another man that was robbed at *Tiburn*, and because he asked the thieves how they could be so bold to tempt their fate in the face of the gallows, they hanged him up there; but presently upon sight of company tooke them to their heeles, and by the same company the man was saved from a finall execution. Some also through desperation have hanged themselves, as we have too often examples.

If any of these may be cut down while there is life in him; he may by Gods blessing and skilfull endeavour be recovered.

A learned Doctor of *Physicke*, being asked

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asked how one might be recovered in this case; answered both briefly and wittily: *Cut a throat to save a life.* His meaning was, That way must be made by incision, through the skin in the place where the Halter was; that so the constrained blood might be set at liberty, the coagulated blood let out, and way given for the windpipe and other internall vessells to open themselves again. But this is not to be attempted by any but some skilfull Chirurgion indeed, that knoweth perfectly the situation of the parts; for if any nerve or tendon should be touched, great mischiefs would follow; and if the Jugular veins be cut, it is the present death of the Patient. Therefore other and safer meanes are to be attempted.

As soon then as the Halter is loosed from his neck, presently thrust your finger as far as you can down his throat forcing open his mouth with some fit instrument) and presently plucke it out again; that you may open the passage within, but not stop his breath more. Then straightway powre down his throat some warm Vinegar with beaten Pepper

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Pepper in it, or Peniroyall beaten and boyled in Vinegar, or Nettleseeds beaten and boyled in Vinegar. Provoke him also to vomit by tickling his throat with a feather dipped in ranck Oil. About the place of the Halter also (to mollifie and open the skin, and dissolve the bruised bloud) wrap linnen clouts dipped in *Sperma ceti*, (or sallet Oil) and Oil of *Lillies* mixed together, and apply them good and hot: and as they wax cold, renew them continually.

Hippocrates in his 43. *Aphorisme* of his second Book, sayes that those that are any way strangled and not yet dead, if about their mouths there appear a foame, will never be recovered. But *Galen* in his Comment upon that place seems to be of another minde. And *Christopherus a Vega* in his *Tract. de Arte Medendi* li. 3. *Sectio*. 5. cap. 8. affirmeth that he saw three recovered that foamed at the mouth. One of which had hanged him self, but his friends did quickly cut the rope, and he was preserved by drinking Vinegar and Pepper: for that mixture restoreth the almost extinct heat.

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eat. Being come to himselfe, let the Patient abstain from much talke, for the space of four and twenty hours; and let him have some Ptisan or Pectorall Decoction for his drink.

And when he is grown strong again, if he yet feel some encumbrance, and swelling in his throat; it is good to open the *Cephalica*, or head-veine of his arme, and let him bleed nine or ten ounces, or according to his age and strength. But this must be done by due judgement of the Artist who may by this time be brought to him.

CHAP.

CHAP. XIII.

*For such as are almost Drowned and stifled in
Water.*

MAny take great delight in swimming and bathing themselves in Ponds and Rivers in the Summer time; some to cleanse and coole their bodies, some for pleasure of their skill in swimming, others either for company or meer wantonnesse. And many of these adventure into places past their depth; where I have known some taken with the Cramp on the suddaine, that if there had not been many helpers at hand, they had speedily perished. Some happen into Whirlepools, where in they have been violently drawn, and immediately drowned, while their companions might look on with sorrow, but could lend no help to save them. Others in a great River have been carried away by the strength of the stream in spite of their skill in swimming, whereupon before they had so much presumed. Others floating a-

mong

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Among flags and weeds, have had their feet so entangled by them, that neither the strength of nature, nor the sleights of Art could keep them from being cast away.

And here, by the way let me insert a counsell to such as are Fathers and Mothers, or Masters and Tutors to young Boyes. Some use to keep their children in so strictly, that the unfortunate poore fooles longing after such forbidden pleasure; and fearing to make others privie to their purpose, steal out by themselves, and run into some river or pond, without discretion of election; where (having neither guide or helper, but such as themselves) some of them sometimes prove by the losse of their lives, that while they beguiled their governors too much, they deceived themselves most of all. To prevent this therefore, it were good (in my judgement) to give way to these desires of children, at fit times of the year, and in waters whose bottoms are even and sandy, with clear and gentle streames for their strength and stature; and free from flags, weeds, holes and whirlpools:

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pooles : having also with them some discreet man skilfull in swimming, that (if any danger should happen) may speedily succour them. And the times of the year fit for such bathes, I hold to be in the beginning of *July* and in the end of *August* : That is, before, and in the end of the dog dayes; The best time of the day likewise, is an hour before *Sunne* set.

And now to return to the point, although by the accidents aforesaid, as also by violent stormes, and the darknesse of night, too too many following their affaires have been woefully wasted to the shore of suddain death : yet some have been taken up for dead that with carefull and skilfull usage have recovered both *Life* the true love of nature, and *Health* the happinesse of *Life*. Therefore when any one is so found, the first thing to be done is to turne his feet upward, his head and mouth downward, and so to hold or hang him up by the heels, that the water may come out of him again. If this alone cause him not to cast out the water, and the party be without sense or motion ;

that

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then also let someone of the standers by, that is of good discretion, put his finger into the parties throat, or take a feather dipped in *Linseed oil*, and thrust it into his throat, turning it round therein, to make him vomit. And in the mean time, let others help forth the water by stroaking, crushing, and driving his belly and stomach reasonable hard, from the bottom of his belly toward his throat. If it be cold weather, let all this be done in a warm roome before a good fire. After the water is come away, it is good to hold strong sweet smelling things to his nose (as *Muske*, *Lignum Aloes*, or such like) to warme the Brain, and comfort the Spirits. Also if he remain senselesse or fainting, his Spirits are to be recalled and awaked with *Ros solis*, *Aqua Celestis*, or some such comfortable water: and he is to be handled in all points as those use to be that fall in a S wound.

If by these meanes he recover life, sense, and speech; let him (some two houres after) eat some meat of a hen or chick (if he be able) or else suck the juyce of them; and let them be roasted

S

or

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or broyled, rather than any other way dressed (for so doth *Alexander Benedi-
Aus* counsell, li. 7. cap. 3. *De Curandis
morbis*. And with his meate, let him eat
Pepper and Sugar, or Pepper and Honey,
as he liketh best. He may also eat a roa-
sted Egge with Pepper in it. But let him
not drink in 24. houres at the least, and
then let it be middle Beer and white
Wine mixed together; of which let him
drink but two smal draughts at a meal,
and betwixt meals not at all. This Diet
let him observe for a week together,
keeping himselfe warme and mo-
derately stirring his body imme-
diately before, and an houre after his
meate.

Also if the Physitian see it requisite,
other meanes may be used to prevent
the comming of a Feavor, or to miti-
gate, and take it away if it be already
come; as also to prevent a Dropsie,
which is a likely effect of such a watery
cause. Therefore by good advise Bloud-
letting in the Liver-vein; Glysters,
and other Medicines may be admi-
nistrated.

Lastly,

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Lastly, if any water be gotten into his Eares; Take Goojegrease, and the juyce of an Onion, mixe them well together, and drop a little of it bloud warme into his Eares.

Sometime such a sorrowfull misfortune may befall a man in the Winter time; or it may happen to an old body, as once it did in the North part of *Devonshire* to a worthy old Gentlewoman, who stepping on a bridge over a gutter, her feet slipping, she fell in; and through her great weaknesse (being above fourscore yeares of age) because she was not able to help up herselfe again; she lay so long till with crying she had no voyce left. It pleased God that the water was not so high as to drown her; but the coldnesse of it had like to have killed her before help came: for she was not heard into the house, though she strained her voyce exceedingly, and though the house was hard by. Only her sonne comming forth that way by meere chance, found and saved her.

In this case, let some cordiall water (as my *Nepenthes*, *Aqua Cælestis*, or the like)

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like) be given first inwardly, to help naturall heat forth into the outward parts again. Then lay the patient in his naked bed well warmed; And if it be a man, let a young man (in whom naturall heat hath his full force) strip himselfe naked and presently goe to bed to him, and there embrace him closely, keeping in the clothes about him on all sides, till he have brought heat into him again. If it be a woman, let some young maiden of a sanguin complexion doe the like.

The patients diet must be of good nourishing and warming things, using some cordiall medicine morning and night, first and last for ten dayes together.

Once I knew an Infant of two yeares old, or thereabout; that was drowned in a tub of Soap suds. And because it is a chance that may happen to more, I will shew how *Skenchius* saith that he recovered such an one: (*Observ. li 2. Observ. 18.*) It was a little Girle betwixt two and three yeares of age, which fell into a vessell of Soap-suds, with which soapie water her stomach was much filled,

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led, & the child thereupon seemed ready to give up the ghost, lay in a dead sleep, rattled in the throat, hardly drew breath, made a groaning noise, as one suffocated, and lay gasping and gaping like a dying body: the winepipe being so over-full and oppressed, that it could hardly receive air in, or returne breath out.

Skenckius being sent for, prescribed a Decoction of unhulled Barley with Liquorice and Figges, adding a little Butter and Sugar. This he causeth presently to be powred downe her throat lukewarm; whereby she was prevoked to vomit out all the soapy water, and so was recovered. And I beleeve (though *Skenckius* make no mention of it, he gave her also afterward some Antidotes or Cordiall Medicine (as was meet) to resist the venomous quality of the Soap, whereof of it must needs leave some reliques behind it, too strong for the weak nature of such an Infant to overcome. Therefore in this case I would give ten graines of *Harts horne finely powdered*, with one grain of *Bezoar stone*, or else with three or four graines of *Ambergreise* in a little

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distilled water of *Cardus*, *Scabius*, or *Dragons*. And this should be repeated every six hours, till it have been given three times. Or else a little *Mithridate* dissolved in *Red Rose water*, sweetned with a little *Sugar*.

Forestus (in li. 55. of his *Observations*, the 26. *Observation*) tells of a maide about 19. yeares of age, that having fallen into a filthy Water (some stinking ditch or sewer it should seeme) being not suffocated, but having drunk in much of that water, and sufficiently vomited, using the help of no Physician; within a fortnight after she fell into a pain of her loins, and a continuall Feaver. For which she was faine to be let bloud and purged; and *Forestus* administred other remedies also, having much labour to save her life This I thought good to note as a warning to those that are apt to make slight account of the Physician, when they finde not present danger of death.

CHAP. XV.

*For those that are choaked with Smoak of newly
kindled Coales in a close Room.*

IT is dangerous to be in a little room
with the doors and windows shut,
where there is a pan or furnace with
fire in the midst of the room: especially
while the Coales are kindling, or
the Furnace but newly made is anneal-
ing. For the vapour and smoak stifeth
suddainly before it be suspected or per-
ceived. Diverse have been found dead in
this manner.

*Christopherus a Vega, Tract. de Arte Me-
dendi. li. 3. Sect. 5. cap. 8. tells of divers
that having supped together in a close
room, the fire (as it should seem) being
renewed after supper, and the dore shut
to keep the cold air out; suddainly
cast up their supper again, with great
perturbation of their Spirits and
swounding: No man considering the
cause and therefore not labouring for
the remedy. Some of them died before
they could complain that they ayled*

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any thing. Others were by this Physician found vomiting. But when he had set open the dore and casements, they were soon refreshed and recovered with the meer ingresse of the fresh aire.

By which you may perceiue, that the venting of the ill air out, and the receiving of the fresh aire in, is both the Prevention and cure of this Accident. But commonly there remaineth an head ach for a while after, which with some cold perfume, as *Rose water* poured on a hot fire shovell, or *Campher* held to the parties nose; and the applying of a *Rose cake* dipped in Vinegar and *Rose water* (or in Vinegar alone) to the forehead and temples. After their recovery, it is good also to gargle with warm water, and Oil of Violets, or Oil of sweet Almonds; and to drink some fat broths; or swallow some warm fat morsells of Mutton or Lambe; or else some fresh butter. Such things doth *Haly Abbas* in the 6. Book and 4. Chapter of his *Practise* appoint. And the reason I take to be, that Fatty and Oily things will best heal that harshnesse that the smock
and

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and ill vapours have begotten in the throat and stomach. If a Feaver succeed, and the constitution require it, *Forestus* counselleth to open a vein. *Li. 15. Scholio ad Obser. 26.*

Ambroise Parey (in his treatise de *Remediationibus*) finding two servants in this case, in light dead, and their teeth set in their head; took this course. First, with a silver quill (which one may better doe with a Syringe) he put into their mouths some *Aqua vite* well rectified (that is, twice or thrice distilled) with *Hiera*. and *Treacle* dissolved in it. With often doing thus, they began to stir, and soon after voyded much filth at the Nose and Mouth. Upon this he gave them *Oxymell* very often, with which (together with much rubbing and clapping on the backe) a great deale of flegme and slimy stufte, with bloody yellow frothy matter came out of their mouths. Then did he blow up into their nostrills the powder of *Euphorbium* to purge the brain better (but I would rather advise the powder of good Tobacco, with a little *Euphorbium*, if need be, because *Euphorbium* of it self is

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dangerously violent) and so with oil of *Mints* rubbing the palats of their mouthes, and their jawes within, much more filthy matter came forth. Then a sharpe *Glyster* drew the remnant downward. After which with *Cordialls* hereshed their spirits, and rectified their depraved humors.

CHAP.

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CHAP. XVI.

For such as are Suffocated with Stinking Smells.

ONe may be choaked also with stinking Scents, such as privies and filthy ditches send forth. As in Saint Laurence Lane in London a young man fell into a privy vault, about fourteen yeares agoe (as I remember) who with the stinking stufte was for the time suffocated; but being mis-
sed, and by chance, was with much ado gotten to life again. Never thelesse, using such only as wanted skill to encounter such a strange Accident, he died within two or three dayes after.

Christopherus a Vega, in the place before quoted, tells of two men that being employed among others in cleansing certain sinks, and stinking sewers, were so overcome of the evill savours, that by their fellowes they were taken up and carried out for dead. Yet he recovered them both. The one by giving him Vinegar and Pepper to drink. And the other by pouring into him Vinegar and
the

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the powder of Peniroyall. It is good for him also to hold to his nose strong sweet perfumes, as of Muske, Amber Greise, Civet, Lignum Aloes, and such like. But where such rich Simples are not to be had, Sweet Marjoram, Thym, Peniroyall, Rosemary, and Lavender (rubbed together betwixt ones hands) may be held to the nose. And if any of that filthy water be gone down into his stomach, it must be brought forth by vomiting. Likewise, if in at the nostrills, the patient must be provoked to neezing, with powder of Tobacco, long Pepper, or such like.

CHAP.

CHAP. XVII.

For things Sticking in the Throat.

OF things that endanger stopping of the breath in swallowing, some are Sharp, and some Blunt.

Of the Sharp sort are Fishbones, Pinnes, Thornes, and such like, for sometimes a Fishbone in swallowing sticketh crosse the throat, and is very offensive. And the like hath happened by a Pinne with such as foolishly use to carry Pinnes in their mouths.

Of the blount sort, it happeneth sometimes through over-greedy eating, that a gobbet of meat, or a piece of a bonetwo big for the swallow, sticketh in the throat likely to stop the breath. Sometimes through wanton rowling of a ptece of money, a ring, a bullet, a pease, a plumstone, or some such like thing; it slippeth into the throat and sticketh there. Some again whose gullet is very narrow, in swallowing a Pill have been much endangered. I have heard

of

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of a Child in *Woodstreet* strangled with a Grape: and we read that *Anacreon* the Greek Poet was choaked with a *Grapestone*.

Now of those things that are Blunt; they that are of the bigger size cannot fall into the windepipe, because the passage is too little to entertaine them: But they offend with their over-bigness sticking in the meate-pipe, and so compressing or thrusting together the neck of the windepipe, which joyneth to the meat pipe, that the breath (for that cause) cannot passe freely. On the other side, very Small things, as a Crumme, a drop of liquor, or the like, cannot stick in the meat pipe; but their offence is by reason that when we swallow and breath at once, the *Epiglottis* (which is a little piece of flesh that covereth the mouth of the winde pipe to keepe the things that we swallow from falling into it) lifting it self up (as it alwayes doth either to take in air, or to let out breath) some little thing may in that point of time slip into the winde pipe, whose passage is so straight, that the breath is presently stopped.

The

helps for suddain Accidents. 87.

The Sharp things may light into either passage, and if they turn crosse, their offence is painfull pricking and wounding of the part; whereupon may follow inflammation, and swelling; which swelling will stop the breath also, as in the Squinancie the swelling of the neighbour parts straitens the Breath pipe.

If those of the bigger Blunt sort stick in the mouth of the meat pipe, let the party drink as great a draught of drink as he can to carry it down. If that will not stirre it, but the party waxeth black in the face, and cannot fetch his breath; clap him often on the neck betwixt the shoulders, holding down his head; and give him a draught of sallet Oil to make it slip away. But if it be so low in the throat, and fixed, that it cannot be gotton up nor down; let some discreet body thrust it down with their finger, or with a smooth stick.

If a Pinne or Fishbone stick in the throat, and it be so high that (opening the mouth wide) you may see some part of it: plucke it out (if you can come at it) with your fingers; or with a hooked
wiar,

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wiar, or else with two smooth sticks in manner of a pair of tongs: a small curling iron is very apt for the purpose. If it be low and out of sight, thrust in a small Candle of Virgin wax warmed sufficiently, that the Pin or Bone may sticke to it when it toucheth it, and so you may draw it out. Or if you have no such Candle, take a small limber willow stick, make it crooked like a bow, and anoint it at one end with Turpentine, and assay in the same manner to fetch it out. Or let him swallow down a piece of Spronge fastned to the end of a brown thred, and anointed with Turpentine, and when it is gone so low as to touch that which sticketh in the way; with the thread pluck out the Sponge again. If it will not come forth; Swallow a piece of fat meet upon it to drive it downe; or a fig opened and turned the inside outward; or a crummy piece of new bread dipped in sallet Oil.

But if a crumme of Bread, a small Fish bone, a Pin or such like, suddainly slip into the windpipe; it will make him cough, and let some other make him
neez

helps for suddain Accidents. 89

neez likewise by tickling his nostrills with straws or rushes. If he cough not enough to bring it out, let him swallow (by suddain gulps) some Vinegar or Verjuyce: so with much coughing it will be driven out; for the breath will not suffer it to sinck very low.

But sometime a drop of Vinegar, or some such sharp sauce slipping of it self into the same passage, causeth much trouble. The party must then drink leasurely, and by gulps a draught or two of water and honey; or else of small Ale and Sugar.

CHAP. XVIII.

For Scaldings with Water, Oil, Lie, Milke, or any other Liquor.

As also for Burnings with Fire, Gunpowder, Lime or such like.

FOR Scaldings. Take the *White* of an egge or two or more of them, according to the largeness of the hurt: Beat it with a sufficient quantity of

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of oil of Roses, or else of sallet oil. Dip fine rags in it, and apply them to the place, and take them off no more till it be well. Only three or foure times in a day wet the place through them with the said mixture.

Against Fire or Gunpowder; Take two pounds of Butter that was never salted, melt it and powre it into Spring water; there beat it and wash it well. Then take twelve ounces of the fine powder of Brimstone, the seeds of Cucumbers made into fine powder, and Camphor also into fine powder, of each half an ounce. Mix all together with the Butter, and keep it as an Ointment; in which dip a feather, anoint the part burned, and lay a fine soft linen cloth upon it. Repeat the anointing often.

Sometimes Burning Lime may be spurted in the Eye, or some scalding drop, or a sparke of Fire may leap into it. For this, the white of an Egge beaten with Eyebright water, or Cardum water, is very good; if you drop now and then a drop of it into the eye. But the Plaister of Carduus described in the 8. Chapter is most soverain.

helps for suddain Accidents. 91

I was in a place about seaven yeares since, where some Gentlemen were taking Tobacco; and as one had knocked out the snuffe or coal of it on the Table; another in jest blew it toward him, he also blew it at him again. This began to be pursued from one to the other, til a litle Girle looing on (whose height was little above the Table) received the evill of their jesting: for some of the burning coal of Tobacco was blown into her eye. It tormēted her extreemly (as nothing burneth more terribly) I ran into the garden, where I found some ground Ivie, whereof I gathered some, which I stamped, and strained, and putting a little fine powdered Sugar to the Juice, I dropped some of it into her eye; upon which she received suddain ease, and had it not applyed above twice more, before she was perfectly well: But in the mean time, her eye was muffled up from the outward air.

Here observe that the eye must never be dressed with any Oil or Ointment; because oily and greasie things diminish the sight.

But

92 *Physicians and Chirurgeons*

But for all the parts of the Head and body beside, make use of two these Ointments following, which are approved excellent for *All kindes of Scaldings and Burnings whatsoever.*

*The first is my Grand-fathers,
Master John Banisters.*

TAKE of sweet Butter newly churned, and never salted what quantity you will; boyl in it a fit quantity of Goose dung; strain it into cleare and sweet Spring water. Doe this seaven times: and the eight time strain it into Rose water; where let it remain for the space of twelve houres; Ever now and then crushing it, and working it together with very clean hands. After that, take it out, and put it up in a Gally pot; keeping it as a precious ointment for that use. It taketh away the pain presently, and healeth with as little blemish as may be.

*The second hath been often proved
by the Right Right Honourable,
the Lady Hastings, late
deceased.*

Take the leaves of the Thorney Apple of Peru, English Tobacco, and Groundvie, of each a like quantity. Chop them small, and rub them in a stone mortar as you do Green sauce. Then in a fit quantity of Hogs grease boyle them very easurely on a gentle fire, till it begin to look green. Then strain it, cool it, and reserve it. When it is cold, while it standeth to settle, you shall see a thin part above seperate it selfe from the thicker part underneath: every day therefore, as it setleth, pour gently off that thin part (as of no use) and keep only that which is thicke.

This healeth grievous *Burnings* and *Scaldings* without scarre. But the part when it is dressed must be left bare, that no linnen or woollen touch it.

Thus

*Thus have I endeavoured
a common good. And I
beseech our Lord Jesus
Christ so to blesse all his
servants, that either by
his Providence they fall
not into any of these Ac-
cidents, or else by his
blessing upon these or the
like meanes they may
safely escape them.*

An

A Discourse of the Natures and Applications of those *Herbes* which are most usually known by Countrey-people.

Wormwood.

THis herb is good for severall maladies; for it comforts the heart, and cleanseth the stomack; and if it be tempered with honey, it is good to assuage the swelling in a mans mouth: It is also very helpful for the sight, if it be powned with the gall of a Bull, and after put in to the eye, it helpeth all impediments in the sight.

Mugwort.

This herb is hot and drie in the second degree: If it be powned with tallow, it healeth the soreness of mens feet, and also the aking; and if it be stamped and tempered with running water, it helpeth the aking of mens guts.

Egrimony.

This herbe tempered with Aysell is good to heal a wound that is made with an Iron-weapon; it is likewise for the soreness of the milt if it be used in meats.

T *Horfe-*

Herse-Mint, which is commonly called
Water-Mint, or *Brook-Mint*.

This herb is hot and dry: the juice or
pouder of this herb drunk with red wine
hot, causeth women in travail soon and
easily to be delivered; it is also good to
comfort the stomach, and helpeth di-
gestion; also the juice, and clarified ho-
ney, and red wine boyled together, will
expell wind and cold in a mans stomach.

Borage.

This herb is hot and moist: it cheereth
and maketh merry the heart if it be
drunk with wine; it is good to destroy
cardicle and pothumes that be gathered
of black choller.

Cammopil.

This herb is hot and dry, and is good;
it is excellent good, drunk with white-
wine for the stone, it helpeth the pain in
the liver, it is good for the Megrym, and
Head ache.

Coleworts.

The herb is hot and dry: it is good to
heale sore eyes, and the canker, and to
cleanse fresh wounds; if it be tempered
with Allum and Aysel: it encreaseth wo-
mans milke.

Colum-

Columbyne.

It is good for the Quinsy, but it must be gathered in *August*.

Endyve.

This herb is cold and moyst : it is good to assuage the violent heat of the liver ; it is good for hot posthumes, and if it be drunk mingled with hot water it helpeth the milt and liver.

Fenell.

This herb is hot and dry : The seed of this herb if it be dryed is good for the stomach, it openeth the stopping of the reins and of the bladder ; also the juice is good for the webbe in the eyes ; it is good to expell all manner of venome, if it be drunk with wine and water ; it will likewise if it be drunk with wine, break the Dropsie and all manner of swelling ; and if it be drunk with wine and water, it maketh a womans milk encrease ; and if it be mingled with oyle, it is good to help mans yard that is swell'd.

Gromwell.

It is hot and dry. It is good for the one, and all evils in the bladder.

Galingale.

It comforteth the stomach, helpeth digestion, and expelleth windes. *Hys-*

This herb is hot and dry. The juice of this herb will heal all manner of sores in the mouth, it also killeth worms; also if it be drank green, or in powder, it causes a fresh colour in the face.

Lilly.

This herb is hot and dry. And the virtue of it is, that if it be stamped with tallow and oyle, and a plaster made thereof and layd to the place where any imposthume is a growing, it will ripen and break it; also take a great quantity of the roots and seed of the Dock, and the more of Lovache, and put all these in wine and oyle the space of nine daies, and make thereof an ointment after it is seethed & cleansed, and it is good to heal the sore and hardnesse of the milt; also the juice thereof is good to heale the venome of Adders; also lay the juice thereof to a wound that is bitten, and it will heal it: also take the roots and rost them, and temper them with oyle of Olives, and lay it to any place that is burnt, and it will help it: This herb is good for many other diseases, if it be drunk with ale, wine, or water; it also comforteth the sinewes.

Prime

[5]
Primerose.

The juice of this herb put into a mans nose is of an excellent virtue against the Megrim.

Lupine.

This herb is hot and dry. The virtue of it is to destroy worms in the belly; also if the seed be taken and stamped to meale, and mingled with the juice of wormwood and honey, and make a cake thereof and eat, and it will unbinde the stopping of the liver and milt; it is also good against the Dropfie: also take the meal and the juice of Arsmert and make thereof paste, and lay it to the eares and it will kill the worms within them: also if you take the juice of Leeks, and temper it with the meale, and put it to the eares, it will cleanse them from all ill humours and stinking: Also take the same meal and temper it with oyle, and it will break and ripen all manner of mposthumes.

Sowthistle.

This herb is hot and dry. Take the juice of this herb and temper it with hot water, and let him drink it that is in a hot fever, and it will cure him. Also dry it

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and make powder thereof, and put it into good wine, and it will help him that hath taken any venemous thing.

Letice.

This herb is cold and somewhat moist. If it be eaten raw or sodden it ingendreth good blood. Also this herb sodden with a little Aysell and Saffron and then drunk, it helpeth the stoppage of the liver and in the milt. Also take the seed of this herb and stamp it to powder and temper it with womans milke, and make a plaster thereof on lint, and lay it to the temples of the head, and it will cause the party that cannot sleep to take good rest; or, if you please, you may drinke the powder thereof with milke. Also take the seed and temper it with oyle of roses and make a plaster and lay it to the stomach and it will destroy the hot imposthume; but they that use it overmuch, it will destroy their sight.

Lavender.

It is hot and dry. If it be sodden in water give it to him that is troubled with the Palsie, and it will cure him.

Cockle.

This herb is hot and dry. If it be drunk

drunk with Raddish and a little salt, it will help the canker. It is also good to comfort the stomach and the liver. It is good to provoke urine, and cure sore eyes. Also fumigations thereof will cause a woman in travaile to be speedily delivered.

Red Dock.

This herb is hot and dry. If a man take the juice thereof and hold it in his mouth it will assuage the Toothache. Also see the this herb in wine, and strain it, and give it the party that hath the Kings Evil to drink often and it will help him. It likewise cureth the Itch.

Lawrell.

It is hot and dry. It is good to purge egme and choller.

Lycorish.

It is cold and moist. It is good for a cough. If it be sodden in water it is good to quench thirst.

F I N I S.



A CATALOGUE
O F

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which are to be sold at his House
at the sign of the George at Fleet-
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